Rifat Atun, “Transitioning health systems for multimorbidity”
Daniel Prinz
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- people are living longer, but with more diseases and disability
- unprecedented transition from world with communicable diseases to a world with chronic disease and disability
- health systems and economies are not prepared
- the Global Burden of Disease Study 2013 (GBD 2013) shows that ageing and population increase account for a large increase in the number of years lived with disability (YLDs)
- mortality is declining faster than diseases prevalence due to treatment and faster than disability which is also increasing due to ageing
- this combination is driving the increase in absolute numbers of YLDs and in relative terms as a proportion of total burden
- access to care might be a crucial driver of trends in health
- the results of GBD 2013 show the rise in the number of people with multimorbidity and sequelae, driven by longevity
- we need a transition to person-centered health systems