This dataset compiles annual state-level resident population estimates from the US Census Bureau from 1990-2016. Includes District of Columbia. Each estimate is for the state population on 1 July of the given year except for 1970 and 1980, where the estimates date to 1 April (the date of that year’s decennial census). Estimates are for the total resident population of the state. See source files for given year for further information about estimation methodologies; these may vary across years.

**General Notes**
- Population estimates are given in thousands of people. The Census Bureau reports estimates prior to 1970 only to the nearest thousand. Results beginning in 1970 are report to exact number of individuals; these are rounded to the nearest thousand

**Years 1900 – 1909**

**Title:** Intercensal Estimates of the Total Resident Population of States: 1900 to 1909  
**URL:** https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st0009ts.txt

**Technical Note**

Source: Population Distribution Branch  
US Bureau of the Census  
Release date: Feb. 1996

The 1900-09 estimates are consistent with those published in Current Population Reports Series P25-139 issued June 1956. P25-139 also describes the methodology used to derive the estimates.

The figures are July 1, estimates for each year.

**Years 1910 – 1919**
Title: Intercensal Estimates of the Total Resident Population of States: 1910 to 1919
URL: https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st1019ts.txt

Technical Note
In thousands. Includes Armed Forces residing in each State

Source: Population Distribution Branch
US Bureau of the Census
Release date: Feb. 1996

The 1910-19 estimates are consistent with those published in Current Population Reports Series P25-139 issued June 1956. P25-139 also describes the methodology used to derive the estimates.

The figures are July 1, estimates for each year.

Year 1920 – 1929
Title: Intercensal Estimates of the Total Resident Population of States: 1920 to 1929
URL: https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st2029ts.txt

Technical Note
In thousands. Includes Armed Forces residing in each State

Source: Population Distribution Branch
US Bureau of the Census
Release date: Feb. 1996

The 1920-29 estimates are consistent with those published in Current Population Reports Series P25-139 issued June 1956. P25-139 also describes the methodology used to derive the estimates.

The figures are July 1, estimates for each year.

Years 1930-1939
Title: Intercensal Estimates of the Total Resident Population of States: 1930 to 1939
URL: https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st3039ts.txt

Technical Note
(In thousands. Includes Armed Forces residing in each State)

Source: Population Distribution Branch
US Bureau of the Census
Release date: Feb. 1996

The 1930-39 estimates are consistent with those published in Current Population Reports Series P25-139 issued June 1956. P25-139 also describes the methodology used to derive the
estimates.

The figures are July 1, estimates for each year.

**Years 1940 – 1949**

**Title:** Intercensal Estimates of the Total Resident Population of States: 1940 to 1949  
**URL:** https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st4049ts.txt

**Technical Note**

Source: Population Distribution Branch  
US Bureau of the Census  
Release date: Feb. 1996

The 1940-49 estimates are consistent with those published in Current Population Reports Series P25-139. P25-139 also describes the methodology used to derive the estimates.

The figures are July 1, estimates for each year.

**Years 1950 – 1959**

**Title:** Intercensal Estimates of the Total Resident Population of States: 1950 to 1960  
**URL:** https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st5060ts.txt

**Technical Note**

Source: Population Distribution Branch  
US Bureau of the Census  
Release date: Apr. 1995

The 1950-60 estimates are consistent with those published in Current Population Reports Series P25-304 issued 4/65. P25-304 also describes the methodology used to derive the estimates.

**Compiler Note**

• Populations for 1 April 1950 (1950 Census) and 1 April 1960 (1960 Census) not included

**Years 1960 – 1969**

**Title:** Intercensal Estimates of the Total Resident Population of States: 1960 to 1970  
**URL:** https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st6070ts.txt

**Technical Note**

Source: Population Distribution Branch  
US Bureau of the Census  
Release date: Aug. 1996  
The 1960-70 estimates are consistent with those published in Current Population Reports Series P-25, No. 460. P-25 No. 460 also describes the methodology used to derive the estimates. To obtain a copy call (301)457-2422.
Compiler Note
• Population estimates for 1 April 1960 (1960 Census) and 1 April 1970 (1970 Census) not included.

Years 1970 – 1979
Title: Intercensal Estimates of the Total Resident Population of States: 1970 to 1980
URL: https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st7080ts.txt

Technical Note
Source: Population Distribution and Population Estimates Branch
U.S. Bureau of the Census
Release date: Feb. 1995

Consistent with Current Population Reports, Series P-25, No. 957, issued October 1984. Data for 4/1/70 and 4/1/80 are census counts. Population data for remaining years are intercensal estimates as of each July 1.

Compiler Note
• Estimates for 1970 are for 1 April (1970 Census) rather than 1 July.
• The Census Bureau reported estimates to exact levels. These are rounded to the nearest thousand.

Year 1980 – 1989
Title: Intercensal Estimates of the Total Resident Population of States: 1980 to 1990
URL: https://www2.census.gov/programs-surveys/popest/tables/1980-1990/state/asrh/st8090ts.txt

Technical Note
Source: Population Estimates Branch, U.S. Bureau of the Census
Release date: Aug. 1996

All data are consistent with the intercensal estimates shown in Table 2 of CURRENT POPULATION REPORTS Series, P25-1106, issued 11/93

Compiler Notes
• Estimates for 1980 are for 1 April (1980 Census) rather than 1 July.
• The reported estimate for 1 April 1990 is not included.
• The Census Bureau reported estimates to exact levels. These are rounded to the nearest thousand.

Years 1990 – 1999
Title: State and County Intercensal Tables: 1990-2000
URL: https://www2.census.gov/programs-surveys/popest/tables/1990-2000/intercensal/st-co/coest2001-12-00.pdf
• Further information, including county level tables, see “State and County Intercensal Tables: 1990-2000” (https://www.census.gov/data/tables/time-series/demo/popest/intercensal-1990-2000/stcoest2001-12-00.pdf)
2000-state-and-county-totals.html)

• Data copied from: “U.S. and 50 States Intercensal Population Estimates: April 1, 1990 to April 1, 2000” (http://www.stats.indiana.edu/population/PopTotals/intercensal90s_states.asp)
  – This is identical data, except in a form that was easier to manipulate.

**Years 2000 – 2009**

**Title:** Intercensal Estimates of the Resident Population by Single Year of Age and Sex for States and the United States: April 1, 2000 to July 1, 2010

**URL:** https://www2.census.gov/programs-surveys/popest/datasets/2000-2010/intercensal/state/st-est00int-agesex.csv

• Further information can be found on the page “State Intercensal Datasets: 2000-2010” (https://www2.census.gov/programs-surveys/popest/technical-documentation/file-layouts/2000-2010/intercensal/state/st-est00int-agesex.pdf)

**Compiler Notes**

• Original table breaks down population by age and sex. Reported estimates are for all ages and sexes (AGE = 0, SEX = 999).
• Numbers reported are POPESTIMATE variables, which correspond to July 1 estimates
• Further information about the dataset layout can be found at:

**Years 2010 – 2010**

**Title:** National, State, and Puerto Rico Commonwealth Totals Datasets: Population, population change, and estimated components of population change: April 1, 2010 to July 1, 2016

**URL:** https://www2.census.gov/programs-surveys/popest/datasets/2010-2016/national/totals/nst-est2016-alldata.csv

• Further information can be found on the page “State Population Totals Datasets: 2010-2016” (https://www2.census.gov/programs-surveys/popest/datasets/2010-2016/national/totals/nst-est2016-alldata.csv).

**Compiler Notes**

• Reported estimate is the POPESTIMATE variable for each year.