

**Drug Abuse Screening Test (DAST-10)**  
(Skinner, 1982)

**Instructions:**

"Drug use" refers to (1) the use of prescribed or over-the-counter drugs in excess of the directions, and (2) any nonmedical use of drugs. The various classes of drugs may include cannabis (marijuana, hashish), solvents (e.g., paint thinner), tranquilizers (e.g., Valium), barbiturates, cocaine, stimulants (e.g., speed), hallucinogens (e.g., LSD) or narcotics (e.g., heroin). The questions do not include alcoholic beverages. Please answer every question. If you have difficulty with a statement, then choose the response that is mostly right.

These questions refer to drug use in the past 12 months. Please answer No or Yes.

1. Have you used drugs other than those required for medical reasons?
2. Do you use more than one drug at a time?
3. Are you always able to stop using drugs when you want to?
4. Have you had "blackouts" or "flashbacks" as a result of drug use?
5. Do you ever feel bad or guilty about your drug use?
6. Does your spouse (or parents) ever complain about your involvement with drugs?
7. Have you neglected your family because of your use of drugs?
8. Have you engaged in illegal activities in order to obtain drugs?
9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?
10. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)?

**Scoring Instructions:**

Total score is determined by giving 1 point for each question answered "Yes," except for question 3, for which a "No" receives 1 point. Summing all points will provide total score. See below for score interpretation.

- 0: No problems reported
- 1 -2: Low level
- 3-5: Moderate level
- 6-8: Substantial level
- 9-10: Severe level

**Citation:**

Skinner, H.A. (1982). The Drug Abuse Screening Test. *Addictive Behavior*, 7(4), 363-371.