

# Robelyn Garcia

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## EDUCATION

Harvard University

**Master of Liberal Arts Candidate**, Extension Studies: Digital Media

Harvard Extension School

**Professional Graduate Certificate**, May 2020, Web Technologies

Arizona State University

**Doctor of Behavioral Health**, May 2022 (*exp*); Management  
**Graduate Certificate**, May 2019; Law Enforcement Administration  
**Master of Arts**, May 2014; Criminal Justice & Criminology  
**Master of Science**, May 2011; Aging and Lifespan Development  
**Graduate Certificate**, May 2009; Gerontology - Health

University of Metaphysics

**Bachelor of Metaphysical Science**, Dec 2018; Metaphysician Studies

LaSalle University

**Doctor of Philosophy & Master's in Passing**, September 1994  
Major Concentration: Education Administration/Teaching

Central Missouri State University

**Master of Science**, July 1992  
Major Concentration: Exercise Science/Kinesiology

Wichita State University

**Bachelor of General Studies**, May 1990  
Major Concentration: Physical Education/Health-Social Sciences

Dodge City Community College

**Associate of Arts and Sciences**, May 1985  
Major Concentration: Broadcasting/Communications

## EXPERIENCE

2018 – Current

**Faculty Affiliate** – Arizona State University Biomimicry Center

2009 – Current

**American Red Cross Master Instructor** – Senior University

2014 – 2020

**Personal Professor** – Personal Professors Online Academy

2001 – 2015

**President** – Jr. NBA- Jr. WNBA Charter

2012 – 2015

**Graduate Online Faculty TA** – ASU Criminology and Criminal Justice

2001 – 2007

**Director of Midnight Basketball Crime Prevention** – SW Basketball

2003 – 2005 **Kinesiology Professor /Adjunct Faculty Division Representative and Fitness Center Director – Cy-Fair College – Lone Star College**

2000 – 2002 **Post-Doc Teaching Assistant Professor - University of Houston**

2000 - 2002 **Marketing Coordinator - Sugarland Sharks, Professional Basketball**

1993 - 2000 **Regional Director/Coach - Women’s Academy/Christian BB/YWCA**

1998 - 2000 **Adjunct Professor- Butler County Comm. College P.E. Department**

1997 - 2000 **Therapeutic Recreation Special Olympics Coach- Disability Supports**

1994 - 1998 **Faculty Advisor & ESL Professor - LaSalle University**

1997 -1998 **Coach/Teacher - Wichita Collegiate: Basketball, Track, Volleyball**

1993 - 1996 **Professional Player, Promotion Manager, Account Executive, Coach Kansas City Mustangs & Kansas Crusaders Pro Basketball Team-WBA**

1985 - 1995 **Financial Aid Advisor - Private Contract & Dodge City CommCollege**

1992 - 1993 **Teacher/Department Head - Douglas County Christian School**

1991 - 1993 **Women's Basketball Coach - Haskell Indian Nations University**

1990 - 1991 **Instructor - Central Missouri State University P.E. Department**

1988 - 1991 **Program Director - Bidy Basketball/Wichita YMCA**

Summers 90-96 **Professional Staff Supervisor - NCAA Youth Sports Program (KU)**

1987 – 1989 **Personal Trainer/Sales Counselor – Wichita Nautilus Health Club**

1987 – 1989 **Assistant Activities Director – Salvation Army Senior Center**

**PUBLISHED** **Yoga and Meditation: Integrating Mind-Body Medicine into a Police Agency Workplace Wellness Program.** International Journal of Complementary and Alternative Medicine, 12(2): 92-95. DOI: 10.15406/ijcam.2019.12.00455. 4/16/2019.

**Socrates As A LifeLong Learner In A Digital Age.** eLearning Industry Portal: eLearning Concepts. 3/8/2019.

**Consumer Health Awareness: A Guide to Intelligent Decisions for Selecting Integrative Holistic Medicine.** Adding Complementary and Alternative Medicine to Science Based Healthcare. Amazon Kindle Direct Publishing. 5/28/2018.

**By questioning and examining life.** In Baker, A., Dombrowski, R., & Osher Lifelong Learning Institute at Arizona State University (Eds.). *Our community: A collection of writing and art, the OLLI at ASU anthology* 2018. (pp. 4-5). Tempe, AZ: Osher Lifelong Learning Institute at Arizona State University. 10/30/2018.

**2018 WNBA Draft: Vegas Aces Bet on A'ja Wilson.** United States Sports Academy: Sports Digest. 4/13/2018.

**Intrapersonal Variation in Goal Setting and Achievement in Health Coaching: Cross-Sectional Retrospective Analysis. Article Review.** *International Journal of Complementary & Alternative Medicine*, 11(1): 00348. DOI: 10.15406/ijcam.2018.11.00348. 02/09/2018.

**Integrated Adolescent Medicine: Care Path for Pediatric Patients Diagnosed with Comorbid Obesity-Depression.** *International Journal of Complementary & Alternative Medicine*, 9(6): 00315. DOI: 10.15406/ijcam.2017.09.00315. 12/7/2017.

**Population Health Management Telehealth Intervention; Medical Research Treating Comorbid Clinical Obesity and Depression in Geriatric Patients Part One: Review of Tele-Medicine Scientific Research.** *Research in Medical & Engineering Sciences*, 1(5). 000525. DOI: 10.31031/RMES.2017.01.000525. 10/27/2017.

**Women's NBA- On The Path Of Scoring Big.** *Sports History Weekly Magazine*. 4/13/2017.

**Utilizing Evidence Based Abdominal Exercise Programs for Improving Core Strength and Endurance: A Critical Review Comparing the Analysis of the Effects of Two Abdominal Exercise Programs.** MedCrave eBooks. 11/16/2016.

**Transtheoretical Model Key Constructs Applied to the Intervention & Treatment of Weight Cycling & Yoyo Dieting: Cognitive-Affective Bases of Health for Weight Management.** *International Journal of Complementary & Alternative Medicine*, 3(3): 00071. DOI: 10.15406/ijcam.2016.03.00071. 02/22/2016.

**Integrative Mind-Body Medicine as a Treatment for Psychophysiologic Disorders Utilizing the 7 Keys to Treating Stress Illness.** *International Journal of Complementary & Alternative Medicine*, 1(3): 00017. DOI: 10.15406/ijcam.2015.01.00017. 8/4/2015.

**Analysis of Injuries, Overtraining and Dehydration in the Elite Female Athlete.** *European Handball Federation Periodical, Web periodical online*, 3/27/2014, 1-6: 00017.

**Does Online "Working Out Work" as a Treatment and Prevention for Depression in Older Adults? An Analysis of a Prescribed and Monitored Exercise Program Administered via the Internet for Senior Adults with Depression.** Arizona State University Master's Applied Project. Arizona State University Library Repository. DOI: 10.13140/RG.2.2.21359.33442. 5/2/2011.

**Biddy Basketball Basics: A Guide to Coaching Youth Basketball.** (1994). Precision Printing, Kansas City, Ks.

**A Comparative Analysis of the Effects of Two Abdominal Training Programs on Abdominal Strength and Endurance.** (1993). University Microfilms International, University Microfilms, Volume 31, Issue 2.

**Masters Abstracts: RA Garcia. University Microfilms Dissertations International.** Masters Abstracts, Volume 31 (2), 88. 1992.

## **MEMBERSHIPS & CERTIFICATIONS**

Doctor of Behavioral Health International Association Charter Member  
ASU Epsilon Sigma Alpha Founding Officer  
Harvard Extension School Alumni Official Member  
American Red Cross CPR, First Aid, Water Safety & Aquatics Instructor  
American Red Cross Wilderness & Professional Rescue Instructor  
Tour De Paradise Committee: Beatitudes Senior Adult Center  
Yale University Medical School, CME Certified Health Coach  
International Mountain Bike Patrol  
WebCt Certified Online Instructor  
AFSA Certified Fit Spin Cycle Instructor  
NESTA certified Weight Room Specialist  
Certified College Academic Advisor  
Certified Lifetime Arizona College Instructor (Physical Education)  
Community College EDU 250 Certified  
ACEP Level 2 Certified Coach, Sport First Aid, and Drugs in Sport  
National Federation of Interscholastic Coaches and Officials Member  
IFA Certified Personal Fitness Trainer and Group Fitness Instructor  
Ordained Member of the Clergy - Metaphysics & Spiritual Humanism  
World Association of Online Education Faculty Member  
Vital Web School Member for Free Education  
Association for Professional BB Research Member & Contributor  
National HomeSchool Registry - Registered Teacher  
American Association of Hispanics in Higher Education  
Phi Kappa Phi Honor Society

## **ACHIEVEMENTS & HONORS**

Black Archives Women's Professional Basketball Hall of Fame  
Athletic Hall of Fame (Dodge City Community College)  
NJCAA Nation's Leading Scorer (Dodge City Community College)  
Collegiate Basketball All-American (Dodge City Community College)  
Dean's Honor Roll (Dodge City Community College)  
B.C.'s Top Rated Guard in the Nation (University of Nebraska)

KCAC All Conference, All District, Region Teams (Friends University)  
KCAC Conference Assist Leader (Friends University)  
Athletic Director's Honor Roll (Friends University)  
Dean's Honor Roll (Wichita State University)  
USAA All-American Graduate Scholar (Central Miss. State University)  
Missouri Valley AAU Women's Basketball Player of the Year  
Missouri Valley AAU Women's Basketball Champion  
Missouri Valley AAU Women's Basketball 4 Time All-Star  
WBA Women's Professional Basketball 4 Time All-Star  
WBA Women's Professional Basketball National Champion  
Collegiate Cross Country National Meet Qualifier  
Collegiate Track & Field Conference Finisher (Bronze Medal)  
Collegiate Soccer Champion - 2 years  
NFL Women's Football Champion  
Civilian Basketball Champion - United States Air Force  
NBA Hoop-it-up Basketball Champion  
Pro-AM Basketball All-Star  
Phi Kappa Phi Honor Society – ASU  
Women's Professional Basketball Trailblazer Award - WBCBL  
World Senior Games Gold Medal

**TEACHING  
EXPERIENCE**

**Arizona State University**

1. CRJ 308: Advanced Criminological Theory
2. CRJ 100: Introduction to Criminal Justice
3. CRJ 303: Statistical Analysis
4. CRJ 494: Homeland Security
5. CRJ 201: Crime Control Policies
6. CRJ 321: Imperatives of Proof
7. SOC 101: Introductory Sociology
8. ASU 101: Core Fitness
9. PAC 101: Weight Training
10. ARC 305: USA Swim Coach Certification
11. COM 100: Introduction to Human Communication

**Scottsdale Community College**

1. Fitness After 50
2. Walking Biomechanics & Benefits
3. Hiking the Arizona Desert
4. Senior Adult Health

**Senior University**

1. Exercise Prescription via the Internet
2. Elder Law: Crime and Abuse Prevention
3. American Red Cross CPR/First Aid
4. Senior Physical & Behavioral Health
5. Senior Games and Sports Instruction
6. Keeping Seniors Safe. Topic: Health Literacy

**Lone Star College System**

1. Lifetime Fitness
2. Weight Training
3. Country Western Dance
4. Fitness Walking
5. Basketball
6. Aerobic Conditioning

**University of Houston**

1. Teaching Methods
2. Exercise Prescription
3. Aerobics
4. Abdominal Fitness
5. Weight Training
6. Kinesiology
7. Basketball
8. Elementary Physical Education

**Butler County Community College**

Kinesiology Department

1. Lifetime Fitness
2. Weight Training

**Wichita Collegiate Prep School**

1. Early Childhood Education
2. Physical Education Classes
3. Basketball
4. Track and Field

**Dream Team Academy**

1. Exercise Science: Strength and Conditioning
2. Therapeutic Recreation

**Douglas County Christian School**

1. Physical Education
2. Algebra
3. Life-Science
4. Spanish

**Haskell Indian Nations University**

1. Basketball
2. Weight Training
3. Study Skills

**Central Missouri State University**

1. Introduction to Kinesiology
2. Weight Training, Badminton, Bowling & Volleyball