

Fatima Cody Stanford, MD, MPH, MPA, FAAP, FACP, FTOS

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Place of Birth: Atlanta, Georgia, USA

Education

08/96-05/00	Bachelor of Science (BS)	Anthropology & Human Biology (major); Dance (minor)	Emory University- College Atlanta, GA
08/00-08/01	Master of Public Health (MPH)	Health Policy and Management	Emory University- Rollins School of Public Health Atlanta, GA
08/03-05/07	Doctor of Medicine (MD)	General Medicine	Medical College of Georgia School of Medicine Augusta, GA
07/14-05/15	Master of Public Administration (MPA)	Mid-Career Program- Leadership, Policy, and US Politics	Harvard University- Kennedy School of Government Cambridge, MA

Postdoctoral Training

07/07-06/08	Clinical & Research Fellow	Orthopaedic Surgery Sports Medicine	Staten Island Orthopaedics & Sports Medicine Staten Island, NY
07/07-06/08	Research Fellow	Orthopaedic Surgery Sports Medicine	Hospital for Special Surgery New York, NY
07/08-06/12	Resident Physician	Internal Medicine/ Pediatrics	Palmetto Health/ University of South Carolina School of Medicine Columbia, SC

07/12-06/15	Clinical & Research Fellow	Obesity Medicine & Nutrition	Massachusetts General Hospital
07/12-06/15	Research Fellow	Obesity Medicine & Nutrition	Harvard Medical School

Faculty Academic Appointments

07/15-Present	Instructor	Medicine	Harvard Medical School
02/16-Present	Instructor	Pediatrics	Harvard Medical School

Appointments at Hospitals/Affiliated Institutions

07/15-05/18	Assistant in Medicine	Medicine; Gastroenterology	Massachusetts General Hospital
02/16-Present	Assistant in Pediatrics	Pediatrics	Massachusetts General Hospital
07/18-Present	Assistant in Medicine	Medicine; Endocrinology-Neuroendocrine	Massachusetts General Hospital

Other Professional Positions

06/94-08/94	Research Apprentice	Emory University/ National Institutes of Health
05/98-08/98	Biological Anthropology Researcher	Emory University SURE Research Program
05/00-08/00	Behavioral Research Intern	American Cancer Society
10/00-06/01	“Go Girls” Fitness Coordinator/ “Healthy Body, Healthy Spirit” and WIC Project Assistant	Emory University School of Public Health
05/01-08/01	Health Communications Intern	Centers for Disease Control & Prevention
12/01-05/03	Prevention Coordinator	Dekalb Rape Crisis Center
05/04-08/04	Academic Medicine Fellow	Bristol Myers-Squibb
05/04-08/04	Dean’s Summer Research Fellow	Medical College of Georgia School of Medicine
07/07-06/09	Resident Physician Advisory Board Member	Elsevier

03/08-08/13	Medical Journalist	LiveStrong.com/ Demand Studios
08/09	“Medicine & Media” Intern	Discovery Channel
10/13- Present	Speaker’s Bureau	Academy of Nutrition and Dietetics
10/14- Present	Article Contributor/ Independent Contractor	Medscape
07/14- Present	Associate	Disparities Solutions Center/ Massachusetts General Hospital
07/15- Present	Affiliated Faculty	Mongan Institute for Health Policy/ Massachusetts General Hospital
07/15- Present	Associate	Boston Nutrition Obesity Research Center (BNORC)
05/18- Present	Executive Committee	Nutrition Obesity Research Center at Harvard (NORCH)
06/15- Present	Advisory Council Member	MOVE (Making Opportunities Visualizing Empowerment, Inc.)
09/15- Present	Speaker’s Bureau	American Dairy Association and Dairy Council, Inc.
07/16- 12/16	Advisory Board	Novo Nordisk
08/18- Present	Social Media Editorial Advisory Board	MedPage Today

Major Administrative Leadership Positions

Local

2003-2004	Student Course Coordinator	Medical College of Georgia School of Medicine, Students for Community Involvement
2016-Present	Obesity Medicine Subspecialty Clerkship Director (Internal Medicine)	Massachusetts General Hospital

International

2015-2016	Conference Organizer	Euro Obesity 2016-Manchester, UK
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Committee Service

Local

1996-1998	Emory University College Council	Freshman & Sophomore Representative
1997-1999	Emory MLK Scholar Selection Committee	Student Committee Representative
1998-1999	Emory University College Council	Vice-President
1998-1999	Emory President's Commission on the Status of Women	Undergraduate Representative
1999-2000	Emory Scholars Selection Committee	Student Committee Representative
1999-2000	Emory Intersorority Council	President
1999-2000	Emory Dance Company	Student Choreographer
1999-2000	Emory Women's Center	Advisory Board Member
2003-2004	Class President	Medical College of Georgia School of Medicine Class of 2007
2004-2005	Admissions Committee	Medical College of Georgia School of Medicine
2008-2012	Ethics Committee	Palmetto Health/ University of South Carolina School of Medicine
2012-2014	Course Development Committee	Harvard Blackburn Obesity Medicine Course
2013-Present	Joint Committee on the Status of Women	Harvard Medical School/Harvard Dental School
2013-Present	Disparities Solution Center (DSC) Associate Member	Massachusetts General Hospital
2014-2015	Black Student Union/Black Policy Conference Member	Harvard Kennedy School of Government
2014-2015	Health Policy Professional Interest Council	Harvard Kennedy School of Government
2014-2015	Electoral Politics Professional Interest Council	Harvard Kennedy School of Government

2014-2015	African Diaspora Women Interest Group	Harvard Kennedy School of Government
2014-2015	Student Ambassador	Harvard Kennedy School of Government
2014-2015	Zuckerman & Gleitsman Fellow Field Experience- Obesity Section Lead	Harvard Kennedy School of Government Center for Public Leadership
2015-Present	Partners eCare Pediatric Population Health Committee	Partners Health Care
2015-Present	Department of Medicine Diversity and Inclusion Board- Underrepresented Minority Working Group	Massachusetts General Hospital
2015-Present	Department of Medicine Morton N. Swartz, MD Initiative- support of healthcare through continuum of career	Massachusetts General Hospital
2015-Present	Women's Mid-Career Admissions Initiative	Harvard Kennedy School of Government
2017-Present	Executive Committee on Research (ECOR) Subcommittee on Review of Research Proposals (SRRP)	Massachusetts General Hospital
2018-Present	Visiting Clerkship Program (VCP) Advisor	Harvard Medical School
2018-Present	Health Decisions Sciences Center Weight Based Decision Aid Reviewer	Massachusetts General Hospital
2018-Present	Data Safety Monitoring Board (DSMB) Zoledronic Acid to Prevent High-turnover Bone Loss after Roux-en-Y Gastric Bypass Surgery	Massachusetts General Hospital
2018-Present	Executive Committee	Nutrition Obesity Research Center at Harvard (NORCH)
2018-Present	Midlife Women's Health Center Leadership Team	Massachusetts General Hospital
2018-Present	Diversity and Equity Committee Member	Massachusetts General Hospital for Children

Regional

2001-2003	Local Public Health Assessment	Dekalb County Board of Public Health
2002-2003	Program Committee	Georgia Network to End Sexual Assault

National and International

2002-2003	Sexual Assault Advisor	National Center for Victims of Crime
2013-2016	Health Workforce Diversity, Expansion, and Training Group Member (Title III of Health Equity and Accountability Act)	Health Equity and Accountability Community Working Group (Patient Protection and Affordable Care Act (ACA), Washington, DC)
	High Impact Minority Disease Group Member (Title VII of the Health Equity and Accountability Act)	
2017- Present	Undergraduate College Interviewer	Emory University
2018- Present	Accredited Health Professional Training/Education (Childhood/Adolescent Obesity) Technical Expert Panel	US Department of Health and Human Services Office of Women's Health
2018- Present	Top 40 Under 40 Reviewer	Emory University
2018- Present	Ambassador	National Institutes of Health Loan Repayment Program
2019- Present	Diabetes and Cardiovascular Disease Advisory Group	National Minority Quality Forum and Sustainable Communities

Professional Societies

1998- Present	Delta Sigma Theta Sorority, Inc.	Diamond Life Member
1998-2000	Phi Delta Epsilon (PhiDE) Medical Fraternity	Emory Chapter Philanthropy Chair
2000-2001	American College of Health Care Executives (ACHE)	Emory Chapter Secretary
2000-2001	Association of Teachers of Preventive Medicine (ATPM)	Health Communications Intern

2000-2001	Georgia Public Health Association	Emory Chapter Public Relations Chair
2000-2001	Association of Black Public Health Students	Emory Chapter Member
2003-2007 2018- Present	American Medical Women's Association	Member Affiliate Member
2003-2008	American College of Surgeons (ACS) 2005-2007	Committee on Women's Issues
2003-2008	Association of Women Surgeons (AWS) 2004	Georgia Chapter Founder
	2004-2005	Medical Student Section Vice Chair and Chair Elect
	2004-2007	Chapter Development & Liaison Committee Representative
	2005-2006	Medical Student Section Chair
2003- Present	American Medical Association (AMA) 2008-2010	Resident & Fellow Section Public Health Committee Chair
	2010-2012	Resident Outreach Liaison
	2016-Present	Minority Affairs Section At-Large Delegate
	2016-Present	Women's Physician Section
	2017-Present	Academic Physicians Section
	2017-Present	Physicians of Tomorrow Judge
	2017-Present	Research Symposium Judge
	2017-Present	Ambassador
	2018-Present	Physician Education Panel
2004-2007	Student National Medical Association (SNMA) 2004-2005	Local Chapter Parliamentarian
2004-2008	Christian Medical & Dental Association	Member
2005-2007	Medical Association of Georgia (MAG)	Member
2008- Present	American Academy of Pediatrics (AAP) 2010-2011	Interim Delegate to the American Medical Association Resident & Fellow Section

	2019- Present	Section of Obesity (SOOb) Executive Committee
2008- Present	American College of Physicians (ACP) 2013-Present	Massachusetts Governor's Council
	2014- 2017	Massachusetts Health and Public Policy Committee Co-Chair
	2015-Present	Obesity Special Interest Group (SIG) Facilitator
	2015	Centennial Meeting African-American Reception Host
	2015-Present	Massachusetts Medical Student Poster Competition Judge
	2016- Present	ACP Academic Advisory Board
	2017- Present	ACP Representative- Obesity Medicine Education Collaborative Steering Committee (OMEC) for ACGME competencies in obesity medicine
	2018-Present	ACP Education and Publication Committee
	2018-Present	ACP National Poster Judge
	2018-Present	ACP Speaker's Bureau
2008- 2012	South Carolina Medical Association (SCMA) 2009-2010	Resident & Fellow Section At-Large Member / Delegate
	2010-2011	Resident & Fellow Section Chair & Resident & Fellow Section Board of Trustees Representative
	2011-2012	Resident Fellow Section Immediate Past Chair
2008- 2014	American Association of Public Health Physicians (AAPHP)	Member

2010- 2012	Southern Medical Association	Member
2011- 2014	Society of General Internal Medicine	Member
2011-2013	Pediatric Academic Societies	Member
2011- Present	World Medical Association 2012-2013	Junior Doctors Network Socio-Medical Affairs Executive Board Member Co-author of WMA Statement on Physician Well Being: http://www.wma.net/en/30publications/10policies/p9/index.html
2012- Present	National Medical Association	Member
2012- Present	Association of Multicultural Members of Partners	Member
2012- Present	Massachusetts Medical Society 2013	Resident & Fellow Section Delegate to AMA
	2013- 2014 2013- Present 2014- Present	Committee on Diversity in Medicine Suffolk District Delegate Committee on Nutrition and Physical Activity Co-Author of: 1) Preventing Weight Stigma and Discrimination toward Persons with Obesity and 2) Updates to MMS Policies on Obesity and Physical Activity
	2015- 2017 2017- 2018 2015- 2016 2015- Present 2016- 2018	Committee on Young Physicians Committee on Young Physicians Vice Chair Committee on Member Services Research Symposium Judge Task Force on Ensuring Representative Diversity in MMS Leadership Pathways
	2019-Present	Women's Physician Section Taskforce
2012- Present	The Obesity Society	Member
	2015- Present 2016- Present 2017- Present 2017- 2020 2018- Present 2017	Fellow Advocacy Committee Co-Chair Scientific Meeting Abstract Scorer Annual Program Committee- Policy Annual Program Committee- Policy Chair TOS Annual Meeting Spokesperson

2012- Present	World Obesity Federation	Member
2013- Present	Obesity Action Coalition 2013- Present	Advocacy Committee
2014- Present	Cambridge Fellows	Harvard Fellow Member
2015- Present	NIH NIDDK Network of Minority Health Research Investigators (NMRI)	Member
2015- Present	American Board of Obesity Medicine (ABOM) 2018-Present	Diplomate Outreach and Awareness Committee
2016- Present	Cochrane 2017-Present	Reviewer International Member
2017- Present	National Medical Association	Member
2017- Present	Obesity Medicine Association 2017- Present 2018- Present 2018- 2019	Member Obesity Treatment Foundation (OTF) Committee to create practical handbook/ toolkit for Health Care Practitioners American Medical Association (AMA) Alternate Delegate MA State Advocacy Representative (STAR)
2018- Present	Time's Up Healthcare	Founding Member
2019- Present	Academy at Harvard Medical School	Member

Grant Review Activities

2011- Present	Foreign Research Evaluation 2011- Present Pilot & Feasibility Grant	Romanian Government National Council for Scientific Research Expert Foreign Research Evaluator
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2015-
Present 2018- Present

Nutrition Obesity Research Center at
Harvard (NORCH)
Peer Reviewer

Editorial Activities <https://publons.com/a/493833/>

Ad-Hoc Reviewer

Acta Paediatrica
American Association of Clinical Endocrinologists (AACE) Journals
American Heart Journal (AHJ)
American Journal of Preventive Medicine (AJPM)
American Journal of Public Health (AJPH)
AMA (American Medical Association) Journal of Ethics
Annals of Internal Medicine
Applied Physiology, Nutrition, and Metabolism
BMC Medicine
BMC Pediatrics
BMJ Best Practice
BMJ Case Reports
BMJ Open
Bulletin of the World Health Organization
Cardiovascular Diabetology
Childhood Obesity
Cochrane Systematic Reviews- Cochrane Heart
Eastern Mediterranean Health Journal
Expert Opinion on Pharmacotherapy
Frontiers in Pediatrics
Global Health Research Review
Health Equity
International Journal of Obesity (IJO)
Journal di Pediatria
Journal of Clinical Psychiatry
Journal of Health Care for the Poor and Underserved
Journal of Medical Systems
Journal of the National Medical Association (JNMA)
Journal of Physical Activity and Health (JPAH)
Journal of Racial and Ethnic Health Disparities (REHD)
Journal of Sport and Health Science
Lancet Diabetes and Endocrinology
Medical Education
Medical Research Archives
Minerva Pediatrica
Nutrition
Obesity
Open Access Journal of Sports Medicine
Pediatrics
Physician and Sportsmedicine
PLoS One
Postgraduate Medical Journal (PMJ)

Preventing Chronic Disease (PCD)
 Preventive Medicine (PM)
 Preventive Medicine Reports
 Psychosomatics
 Revue d'Epidémiologie et de Santé Publique
 Stigma and Health

Other Editorial Roles

2004-2009	Medical Text Reviewer	Lippincott, Williams, and Wilkins
2004-2009	Medical Text Reviewer	McGraw Hill
2004-2010	Copy Editor/ Journalist	Journal of the National Medical Association
2005-2006	Executive Editor	Journal of the Student National Medical Association
2009-2010	Theme Issue Editor (Obesity)	American Medical Association Journal of Ethics
2012-2014	Peer Reviewer	American Journal Experts
2013-Present	General Editor- Internal Medicine, Pediatrics, and Obesity	EBSCO/ Dynamed
2016-Present	Associate Editor of Pediatric Gastroenterology and Hepatology	Frontiers in Pediatrics
2017-Present	Topic Editor: Childhood Obesity Treatment	Frontiers in Pediatrics
2017-Present	Healthy Weight Website Reviewer	US Department of Health and Human Services (HHS) Office of Women's Health
2017-Present	Editorial Board	International Journal of Obesity (IJO)
2017-Present	Editorial Board	Health Equity
2017-Present	Peer Reviewer	Research Square

Honors and Prizes

1996-2000	Emory MLK Scholarship	Emory University	Selected for full undergraduate merit/academic scholarship to attend Emory University
1996-2000	Governor's Scholarship	State of Georgia	Chosen for undergraduate scholarship for being selected as high school valedictorian

1996-2000	Georgia Pacific Scholar	Georgia Pacific Corporation	1 of 3 community scholars selected from region for undergraduate scholarship
1997	Herman L. Reese Community Service Award	Emory Caucus of Emory Black Alumni (CEBA)	Community service rendered to Emory and greater Atlanta
1999	Precious Petal Award	Delta Sigma Theta Sorority, Inc.	Most outstanding collegiate sorority woman in the Southern Region
1999	Multicultural Award of Excellence	Emory Office of Multicultural Programs & Services	Received for Leadership/Service to the Emory community
2000	Emory College Hall of Fame	Emory University	1 of 4 students for highest honor in Emory College for scholarship, leadership, and service to Emory community
2000	Outstanding Contribution to the Greek Community	Emory Office of Greek Life	Sorority woman who has contributed most to betterment of the Greek community
2000	Greek Woman of the Year	Emory Office of Greek Life	Service and Leadership to the Greek community
2000	Multicultural Award of Overall Excellence	Emory Office of Multicultural Programs & Services	Received for Academic Excellence and Leadership/Service to Emory
2000	Black Student Alliance Outstanding Leadership	Emory University	Selected as the undergraduate with the greatest leadership contribution to the Emory community
2000	Order of Omega Honor Society	Emory Office of Greek Life	Academic Achievement and Contribution to Emory
2000	Class Marshal	Emory University Dean's Office	Chosen to lead graduating class at Commencement Services
2001	Gold Congressional Medal	United States Congress	Highest honor Congress bestows upon youth for volunteerism, physical fitness, personal development, and expedition

2003-2007	George Stoney Medical Scholar	Stoney Medical Foundation	Recipient of full tuition scholarship to Medical College of Georgia School of Medicine
2003-2004	National Minority Leadership Award	United States Achievement Academy	Selected for outstanding leadership at the Medical College of Georgia School of Medicine
2005	Wilbert C. Jordan Best Overall Clinical Research Presentation	Student National Medical Association	Best Clinical Research presentation at 21 st annual research competition
2005	Best Overall Clinical Science Presentation	Eastern Atlantic Student Research Forum	Best Overall Clinical Science Presentation at 31 st Annual ESRF competition
2005	Best Orthopaedic Surgery Poster	National Student Research Forum	Best Poster Presentation at 46 th Annual NSRF competition
2005	Foundation Leadership Award Recipient	American Medical Association	1 of 20 medical students selected in the nation for outstanding non-clinical leadership in advocacy, community service, and education
2006	Medical Student Scholarship	Ruth Jackson Orthopaedic Society	1 of 2 female medical students selected to attend American Academy of Orthopaedic Surgery annual meeting
2006	Timothy J. Stephens Jr., MD Award	National Medical Association	3 rd Place Recipient of the Orthopaedic Section Research Competition
2006	Visiting Clerkship Program Participant	Harvard Medical School Office for Diversity and Community Partnership	Selected to participate in Harvard Medical School Exchange Clerkship Program
2007	General Scholarship	Medical College of Georgia School of Medicine	Monetary award for academic qualifications
2007	National Dean's List	Medical College of Georgia School of Medicine	Selected for academic excellence demonstrated by G.P.A.
2008	Intern of the Month	Palmetto Health/ University of South Carolina School of	Selected by internal medicine chief residents for superior performance on clinical rotation

		Medicine Department of Internal Medicine	
2009	Resident Physician Teacher of the Rotation	Palmetto Health/ University of South Carolina School of Medicine Department of Pediatrics	3 rd year medical students select the best resident teacher for their 8 week clinical rotation
2009	Paul Ambrose Award	American Medical Association	Selected as the resident physician who has contributed the most to the field of public health
2010	1 st Place Oral Research Competition	American College of Physicians- South Carolina Chapter	Best Oral Research Presentation
2010	1 st Place Health Policy Poster	American Medical Association	Best Health Policy Poster
2011	<i>Be Our Voice</i> Legislative Conference Scholar	American Academy of Pediatrics	1 of 20 pediatric residents chosen for advocacy training on children's rights on Capitol Hill
2011	1 st Place Poster Competition	South Carolina Medical Association	1 st place recipient of the Residents & Students Scientific poster competition
2012	Regional Candidate	White House Fellows	Selected as a regional candidate for the White House Fellows. 90 candidates selected from 1000+ applications in the US
2012	Excellence in Ambulatory General Medicine	Palmetto Health/ University of South Carolina School of Medicine	Presented to the resident who best demonstrates the competencies of an ambulatory general internist through participation in the Ambulatory IM block and continuity clinic experience
2012	Top 40 Health Professional Under 40	National Medical Association	Awarded to individuals under the age of 40, in the Health Professional Community, who are working to change the face, practice, and future of medicine for the better.

2013	Johnson Leadership Award	American College of Physicians	The award recognizes an Associate member of the College who has demonstrated qualities that exemplify the College's mission "to enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine."
2013	Certificate in Applied Biostatistics	Harvard Catalyst	Selected for 35-week course in Applied Biostatistics
2013	Loan Repayment Program Grantee	National Institutes of Health Health Disparities	Selected by National Institute on Minority Health and Health Disparities (NIMHD) to complete research in obesity health disparities research while receiving funding to pay for qualified student loan debt.
2014	Certificate of Excellence in Tutoring	Harvard Medical School	Awarded to HMS faculty who serve as tutors in the required New Pathway courses in Years I and II and receive a score of 1.25 or above based on evaluation of students in their tutorial group with a minimum of 6 evaluations received, 6 minimum teaching sessions in the Health Policy course.
2014	Zuckerman Fellow	Harvard University	Selected by the Harvard Committee on General Scholarships for full tuition and co-curricular program for fellowship which equips people from the fields of medicine, law, and business to provide leadership for the common good.
2015	Fellow	The Obesity Society	Fellowship is one of the highest honors The Obesity Society bestows, and this prestigious mark of distinction highlights contributions to the field of obesity research, treatment and prevention.

2015	Inspirational Physician Honoree	American Medical Association- Women Physicians Section	The Inspirational Physician program is designed to recognize physicians who have contributed to the achievements of women in the medical profession.
2015	Young Leadership Award	American College of Physicians- MA Chapter	Recognition for dedication and volunteerism to the MA Chapter of the American College of Physicians.
2016	Top 40 under 40 Leaders in Health	National Minority Quality Forum	The award recognizes all of your accomplishments in the healthcare field and our potential to continue positively impacting minority communities.
2016	Fellow	American Academy of Pediatrics	Fellowship is based upon board certification in pediatrics and an ongoing commitment to lifelong learning and advocacy for children.
2016	Fellow	National Institutes of Health/ National Medical Association	Fellowship for physicians preparing for careers in research or academic medicine and especially those who are interested in research in disease areas that disproportionately impact the health of minorities and underserved communities.
2016	Nominee	Harvard Medical School	Nominee for the Donald O'Hara Faculty Prize for Excellence in Teaching (Years I & II)
2016	Nominee	Massachusetts General Hospital	Nathaniel Bowditch Prize recognizes significant contributions to enhance the delivery of quality patient care while also reducing the cost of that care.
2017	Young Achiever	American College of Physicians	Members in training or early career who have been selected for an ACP award or who have

			been successful in a ACP competition.
2017	Harold Amos Faculty Diversity Award	Harvard Medical School	The Harold Amos Diversity Award has been established to recognize HMS/HSDM faculty (clinical, pre-clinical, research, administrative) who have made significant achievements in moving HMS/HSDM toward being a diverse and inclusive community.
2017	Women's Health Award	Massachusetts Medical Society	The Women's Health Award recognizes a physician for outstanding contributions advancing Women's Health in Massachusetts.
2017	Top 40 under 40 Inaugural Class	Emory University	The Top 40 under 40 are selected based upon whose professional success represents the significant reach and impact of Emory Alumni.
2017	Honorable Mention	National Compassionate Caregiver of the Year Award	The Schwartz Center for Compassionate Healthcare selects health providers and care teams who demonstrate empathy for patients and families.
2018	Fellow	American College of Physicians (ACP)	Invited Fellowship is an honor achieved by physicians who are recognized by ACP leaders for their personal integrity, superior competence in internal medicine, professional accomplishment, and demonstrated scholarship.
2018	Newsworthy Abstract and Presidential Poster Competition	Endocrine Society (ENDO)	Abstract selected for being particularly newsworthy singled out for special media attention in annual Research Summaries Book (RSB). It was also selected for Presidential Poster Competition for a top-scoring abstract.

2018	NIH R13 Early Career Investigator Award	National Medical Association (NMA)	Selected by the NMA Internal Medicine Section to deliver a podium presentation on obesity and body image in the Black community.
2018	Loan Repayment Program Grantee	National Institutes of Health (NIH) Clinical Research	Selected by National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) to complete clinical research in obesity while receiving funding to pay for qualified student loan debt.
2019	Suffolk Community Clinician of the Year Award (CCYA)	Massachusetts Medical Society (MMS)	Selected as a physician in the community who has provided service “above and beyond the call” to his or her own patients.
2019	Reducing Health Disparities Award	Massachusetts Medical Society (MMS)	The Committee on Diversity in Medicine recognizes an individual who has made outstanding contributions to reducing health disparities due to race, ethnicity, socioeconomic status, age, education, disability, geographic location, sexual orientation, and other determinants.

Report of Funded and Unfunded Projects

Funding Information

Past

- 1994 **The expression of recombinant flavodoxin in *Escherichia coli***
Emory/NIH Minority Research Apprentice Program Grant
Co-Investigator; PI: Dale Edmondson, PhD
The major goal of the study was to determine the quantity of recombinant flavodoxin that could be obtained through column chromatography. Flavodoxin is capable of converting nitrogen in the air into nitrogenous compounds that can be used in the soil.
- 1998 **The prevalence of tetracycline labeling in a Nubian X-Group (24-I-3) Population 350-550 CE**
Emory Summer Undergraduate Research Program (SURE) Grant
Co-Investigator, PI: George Armelagos, PhD
The major goal of this study was to determine the prevalence of tetracycline in ancient Nubian femurs.

- 2003 **Remodeling of transplanted fascia in developmental joint reconstruction**
 Bristol Myers Squibb National Medical Fellowship/ Medical College of Georgia Dean’s
 Research Program
 Principal Investigator; Total funds: \$7000
 The major goal of this study was to determine if a New Zealand white rabbit autologous
 lumbar fascia graft that was placed in a transmetaphyseal fashion would cause varus or
 valgus deformities or cause leg length discrepancy when compared with the contralateral
 non-operative limb.
- 2009 **Determining the level of physical activity in attending physicians, resident and fellow
 physicians, and medical students in the United States**
 Richland Memorial Hospital Research & Education Fund
 Principal Investigator, Total Funds: \$3500
 The major goal of this study was to determine the level of physical activity in a
 representative sample in the physician population. Studies indicate that physicians that are
 more active are more likely to encourage such behavior in their patient population.
- 2011 **“Moving and Losing: A pilot study incorporating physical activity to decrease
 obesity in the pediatric population.**
 Richland Memorial Hospital Research & Education Fund, University of SC IRB Study #
 Pro00008206
 Principal Investigator, Total Funds: \$5875
 The major goal of this study was to determine if the incorporation of pedometers and age
 appropriate fitness DVDs had an impact on physical activity and obesity parameters in a
 cohort of overweight and obese children and adolescents.
- 2014- 2015 **Patient Race and the Likelihood of Undergoing Bariatric Surgery Among Patients
 Seeking Surgery**
 National Institutes of Health (R01DK073302)
 Co-Investigator, PI: Christina Wee, MD, MPH
 The major goal of this study was to determine whether ethnic minority adults who seek
 bariatric surgery are less likely to proceed with surgery than Caucasians.
- 2015 **Bariatric Surgery and the influence of an individual’s weight perception on its
 acceptance in the US**
 ConscienHealth, PI: Caroline Apovian, MD
 Co-Investigator
 The major goal of this study was to assess the proportion of U.S. adults with excess
 weight and obesity who consider bariatric surgery to be appropriate for themselves and
 how their own weight perception influences this consideration.
- 2014-2015 **Employer Wellness Programs, Weight Outcome Hurdles, and Obesity Treatment
 Access**
 ConscienHealth, PI: Ted Kyle, RPh
 Co-Investigator
 The major goal of this study was to assess whether US employers (1) requires participation
 in a wellness program to receive full health benefits; (2) sets goals for weight and other

health indicators; and (3) includes coverage for evidence-based obesity treatment in their health plan.

- 2015-2016 **Demonstrating the use of combination therapy (bariatric surgery and anti-obesity medication) the treatment of moderate to severe obesity**
Principal Investigator \$50,000
Department of Medicine, Division of Gastroenterology, Massachusetts General Hospital
The major goal of this study was to demonstrate that multiple modalities are often needed to achieve a healthy weight in patients with moderate ($BMI \geq 35-39.9$) to severe obesity ($BMI \geq 40$) in conjunction with bariatric surgery. Bariatric surgery patients often have inadequate weight loss or weight regain after bariatric surgery. We sought to demonstrate that anti-obesity medications are an important tool to use as an adjunct for weight loss in this patient population.
- 2015-2018 **Bone Metabolism in Adolescents Undergoing Bariatric Surgery**
National Institutes of Health (R01 DK103946-01A1) - Diversity Supplement
Massachusetts General Hospital Department of Medicine Sanchez and Ferguson Research Faculty Award
Co-Investigator, PIs: Madhusmita Misra, MD, MPH and Miriam Bredella, MD
The major goal of this study is to investigate effects on Roux-en Y gastric bypass (RYGB) and vertical sleeve gastrectomy (VSG) on bone in adolescents (14-21 years old) with severe obesity compared to adolescents without severe obesity followed without surgery.
- Current**
- 2017-2021 **Exploring Referral Patterns and Shared Decision Making Regarding Weight Loss Surgery Adolescents and Young Adults with Moderate to Severe Obesity**
Massachusetts General Hospital Physician Scientist Development Award (PSDA)
Principal Investigator \$138,000
This proposal seeks to understand predictors of referrals to tertiary weight management and subsequent weight loss surgery in adolescents and young adults. We will assess shared decision making surrounding weight loss surgery and develop a decision aid (DA) to help adolescents and young adults with moderate to severe obesity decide if weight loss surgery might be a useful tool to treat their obesity.
- 2018-2022 **A randomized, double-blind, placebo-controlled study to evaluate the effects of repeat doses of intranasal oxytocin in adults with obesity**
National Institutes of Health (R01 DK 109932-01A1)
Co-Investigator, PI: Elizabeth Lawson, MD, MMSc
This study is a randomized placebo-controlled investigation to study the effects and underlying mechanism of intranasal oxytocin, a hypothalamic hormone that regulates appetite and energy metabolism, for eight weeks in adults with obesity.
- 2018-2022 **Oxytocin Deficiency in Hypopituitary Men**
Massachusetts General Hospital (MGH) Department of Medicine
Co-Investigator, PI: Elizabeth Lawson, MD, MMSc
Our goal is to identify and begin to clinically characterize an oxytocin-deficient state in hypopituitary patients. We will focus on patients who are at highest risk for oxytocin deficiency, those with diabetes insipidus, and compare them to two control groups, patients

with anterior pituitary deficiency but no diabetes insipidus, and healthy controls of similar age and weight.

- 2018-2020 **Determining Imaging Biomarkers of Metabolic Syndrome in Abdominal CT Scans**
Massachusetts General Hospital (MGH) Department of Radiology
Co-Investigator, PI: Avinash Kambadakone, MD
Our goal is to identify imaging biomarkers of metabolic syndrome in patients with this condition undergoing abdominal CT for various indications. Recognition of an imaging biomarker for metabolic syndrome on abdominal CT scan will allow it to be used as a screening method for identifying potential patients of metabolic syndrome or those at risk for this condition which undergoing abdominal CT scans for unrelated reasons such as abdominal pain. This will potentially allow early intervention so that appropriate treatment can be instituted.
- 2019-2020 **Legal protection against weight discrimination: A potential macro-environmental lever to prevent eating disorders**
Harvard Catalyst
Principal Investigator \$50,000
This research-to-policy study focuses on anti-weight discrimination law, and it employs mixed methods (interviews and surveys) to explore this legislative effort. To explore these hypotheses, we examine with key stakeholders the evolution of anti-weight discrimination legislation in Michigan and Massachusetts; apply the anti-stigma principle to ascertain perceptions and knowledge amongst legislators in Massachusetts of the experiences of people living in larger bodies; and through these activities support generation of a coalition to facilitate legislative efforts in Massachusetts.

Report of Local Teaching and Training

Teaching of Students in Courses

1997	General Chemistry Review Emory Chemistry Students	Emory University Taught 30 hours to undergraduate students tools to help them excel in general chemistry 141
2000	Undergraduate Health Freshman- Senior Undergraduate Students	Emory University Taught 50 hours to undergraduate students for fall semester
2001-2003	MCAT General Chemistry Pre-medical students	Princeton Review (Buckhead, Emory, GA Tech) Taught 80 hours per semester for undergraduates preparing for the Medical College Admissions Test
2001-2003	GMAT Pre-business students	Princeton Review (Buckhead) Taught 40 hours per semester for students preparing for the Graduate Medical Admissions Test

2001-2003	SAT Pre-college students	Princeton Review (Buckhead) Taught 15 hours per semester for students preparing for the SAT
2012- Present	Introduction to Clinical Nutrition 2 nd year medical students	Harvard Medical School 10 hours per year
2012	Respiratory Course 2 nd year medical students	Harvard Medical School 6 hours per year
2013- Present	Health Policy Course 1 st year medical students	Harvard Medical School 40 hours per year
2016- Present	Obesity Medicine- Core I Clerkship 2 nd and 3 rd year medical students	Harvard Medical School 240 hours per year
2016- Present	Independent Study- Research 4 th year medical students	Harvard Medical School 60 hours per year

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2010	Diabetes Mellitus Overview Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2010	Acute Pancreatitis Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2010	Aspiration Pneumonia Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2010	Approach to Pediatric Obesity Pediatric Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2010	Mycobacterium Avium Intracellulare Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2011	Pediatric Obesity Co-morbidities Pediatric Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1 hour lecture
2013	Hunter-Gather Energetics and Human Obesity	

	Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5 hour journal club
2013	Poverty and Obesity Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5 hour journal club
2013	Identifying/ Addressing Disparities in Obesity Care Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5 hour journal club
2014	Fried Food Consumption, Genetic Risk, and Body Mass Index: Gene- Diet Interaction Analysis in 3 US Cohort Studies Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5 hour journal club
2014	Obesity: The Epidemic, Its Consequences, and Treatments	Massachusetts General Hospital Internal Medicine Residents Noon Conference 1 hour lecture
2016	Obesity in Childhood: Navigating Current Research Insights and Clinical Practice	Massachusetts General Hospital Pediatric Endocrinology Didactic Conference 1 hour lecture
2017	Obesity in Adolescents and Young Adults: Role of Pharmacotherapy	Massachusetts General Hospital Pediatric Endocrinology Didactic Conference 1 hour lecture
2018	Pharmacotherapy for the Treatment of Obesity	St. John's Hospital, Ascension Health Internal Medicine Didactic Conference 1 hour lecture
2018	Weight Bias and Stigma in Pediatrics	Boston Children's Hospital Pediatrics Didactic Conference 1 hour lecture
2019	Medications for the Treatment of Obesity	West Virginia University Internal Medicine Didactic Conference 1 hour lecture

Clinical Supervisory and Training Responsibilities

2008-2011	University of South Carolina School of Medicine 1 st and 2 nd year medical student preceptor	3 hours per week during 2 nd semester of academic year
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2012- Present MGH Weight Center- Medical Students, Residents, Fellows, Dietician Students 4 hours every other week

Formally Supervised Trainees and Faculty

2011-2012 Louisa Houston Vann, MPH, University of South Carolina Arnold School of Public Health
Supervised one project and publication accepted in the *Journal of the South Carolina Medical Association*.

2011- 2016 Mechelle Claridy, MPH, Morehouse School of Medicine Public Health Program
Supervised publications accepted to *Obesity, International Journal of Family Medicine, and American Journal of Managed Care*. Provided career advice, preparation for MCAT.

2013- Present Gricelda Gomez, MD, MPH, Harvard Medical School/ School of Public Health graduate
Urology Resident, Brigham and Women's Hospital/ Harvard Medical School
Guided through USMLE exams, scholarship applications, and provided career mentoring. Under my guidance, she was selected as AMA-MAS medical student representative and accepted at Harvard School of Public Health. Supervised research endeavors for research abstract for the MGHfC Research Day. Supervised manuscript on weight loss medications after bariatric surgery. Supervised work on weight loss medication tiering in the US. Supervised work on review article on obesity in women.

2013- 2016 Parsa Shahbodaghi, BS, Tufts University graduate
Guided through MCAT preparation, medical school applications

2015- Present Zujaja Taqueer, MD, DPhil, MSc, Harvard Medical School graduate
Provided career mentoring. Guided selection as student editor for the American Medical Association Journal of Ethics. Supervised work on review article on obesity in women. Supervised work on role of media in the obesity epidemic.

2015- Present Carl Palad, BS, Northeastern University graduate, NYMC medical student
Supervised shadowing experience in the MGH Weight Center (adult and pediatric patients). Provided guidance on MCAT exam, medical school admissions, and career in obesity medicine. Supervised work on chapter on obesity co-morbidities in obesity text. Supervised work on Letter to the Editors on People First Language in Peer Reviewed Journals. Co-authored Weight Bias in Pediatrics Review.

2015- 2016 Nasreen Alfaris, MD, MPH, Obesity Medicine and Nutrition Fellow, Massachusetts General Hospital and Harvard Medical School
Supervised work on manuscript on weight loss pharmacotherapy after weight loss surgery, letter to the editor accepted in the NEJM, and editorial on weight bias in weight loss medication prescribing in the *International Journal of Obesity*.

2016- 2017 Elizabeth Ruth Wilson, PhD, MPP, Harvard Kennedy School of Government
Supervised work on manuscript on obesity coverage in the United States.

- 2016- Present Igor Lucas Gomes dos Santos, PhD, Post-Doctoral Fellow, Massachusetts General Hospital and Harvard Medical School
Served as research mentor and clinical collaborator on the beneficial role of exercise in obesity-associated breast cancer (tumor perfusion and oxygenation, inflammatory tumor microenvironment, and immunotherapy efficacy).
- 2016- Present Alexander T. Toth, BA, Clinical Research Coordinator, Massachusetts General Hospital
Supervised work in clinical study of bone health in adolescents with overweight and obesity. Supervised work on weight loss pharmacotherapy in young adults and elderly who have undergone weight loss surgery. Supervised work on review on racial and ethnic disparities in obesity.
- 2017- Present Angel Byrd, MD, PhD, Post-Doctoral Fellow, Johns Hopkins University Hospital
Supervised work on review on racial and ethnic disparities in obesity. Supervised work on the role of obesity in hidradenitis supparativa.
- 2017- Present Sonali Malhotra, MD, Obesity Medicine and Nutrition Fellow, Massachusetts General Hospital and Harvard Medical School
Supervised work on comparison of outcomes of weight loss surgery in adolescent and adult patients. Supervised book chapter on obesity.
- 2017- Present Michael Raspuzzi, BA and Julie Loiland, Harvard Graduate School of Design
Supervised work on design and implementation of a population project to address overweight and obesity in mothers and children in Boston.
- 2017- Present Olivia Umoren, BS, Clinical Research Coordinator, Massachusetts General Hospital
Supervised work on weight promoting drugs in the Women’s Health Initiative (WHI) cohort. Supervised work on Letter to the Editors on People First Language in Peer Reviewed Journals.
- 2017- Present Karen Joanie Campoverde Reyes, MD, Research Assistant, Massachusetts General Hospital
Supervised work on project assessing referral patterns and shared decision making in adolescents and young adults who might be considered for weight loss surgery. Supervised work on comparison of outcomes of weight loss surgery in adolescent and adult patients.
- 2017- Present Faizah Shareef, BS, Boston University Medical Degree Candidate
Supervised work on project and manuscript on telemedicine utilization in obesity medicine.
- 2018- Present Rebekah Rogers, BS, Charles Drew Program/ UCLA Medical Degree Candidate
Provided guidance on MPH candidacy, CV preparation, and research opportunities.
- 2018- Present Siddharth Yarlalagadda, AB, Harvard College
Supervised shadowing experience in the MGH Weight Center (adult and pediatric patients). Supervised work on Letter to the Editors on People First Language in Peer Reviewed Journals. Co-authored Weight Bias in Pediatrics Review.

- 2017- Present Alister Martin, MD, MPP, Massachusetts General Hospital ER Resident Physician
Guided through grant process on “Nudging Evidence Based Treatment of Opioid Addiction in the Emergency Department” for the Arnold Foundation. Provide career guidance.
- 2017- Present Marissa Mastrocola, MD candidate, University of Massachusetts School of Medicine
Provide career mentorship. Guided systematic project on obesity education throughout the world.
- 2018- Present Priscilla Cortez, University of Arizona, BS Candidate
Guided project on comparing long term outcomes of weight loss surgery on adolescents and adults at a single site.
- 2018- Present Tasnim Mushannen, Cornell University in Qatar, MD candidate
Guided project on comparing long term outcomes of weight loss surgery on adolescents and adults at a single site.
- 2018- Present Deanna Palenzuela, BS, Harvard Medical School, MD Candidate
Provided career guidance in medicine.
- 2018- Present Lauren Benning, BA, Campbell University, DO Candidate
Guided systematic project on obesity education throughout the world. Serve as career mentor on obesity medicine.
- 2018- Present Takara Stanley, MD, Assistant Professor of Pediatrics, Massachusetts General Hospital and Harvard Medical School
Serve on dissertation committee for Epidemiology PhD at Boston University on project entitled: “: Clinical Effectiveness of Obesity-Related Screening in the Primary Care Setting”
- 2018- Present Yasmin Hernandez-Barco, MD, Gastroenterology Fellow, Massachusetts General Hospital and Harvard Medical School
Provided career mentorship and guidance.
- 2018- Present Sebastian Roque, MD candidate, Tufts University School of Medicine.
Guided systematic project on obesity education throughout the world.

Formal Teaching of Peers

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| 2012 | Obesity Pharmacotherapy
Obesity Medicine Attending Physicians and
Fellows | Lecture
Massachusetts General Hospital/Harvard
Medical School |
| 2012 | Obesity Economics
Obesity Medicine Attending Physicians and
Fellows | Lecture
Massachusetts General Hospital/Harvard
Medical School |

2013	Systematic Review of the Benefits and Risks of Metformin in Treating Obesity in Children MGH Weight Center Physicians, Psychologists, Dietitians, and Staff	Lecture Massachusetts General Hospital/ Harvard Medical School
2013	Obesity Epidemiology/ Health Economics Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review	Lecture Cambridge, MA
2013	Racial Disparities and Obesity Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review	Lecture Cambridge, MA
2014	Practical Use of Weight Loss Medications- Phentermine/ Topiramate Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2014	Workshop (6 hours) Cambridge, MA
2015	Obesity and Sleep Harvard CME Course- Lifestyle Medicine	Lecture Boston, MA
2015	Obesity Clinical Management MGH Primary Care Team Lead Forum	Lecture Boston, MA
2016	Practical Use of Weight Loss Medications- Phentermine/ Topiramate Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2017	Workshop (6 hours) Cambridge, MA
2017	Practical Use of Weight Loss Medications- Phentermine/ Topiramate Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2017	Workshop (6 hours) Cambridge, MA
2018	Healthcare Disparities in Obesity Treatment Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2018	Plenary Lecture Cambridge, MA
2018	Harvard/ Massachusetts General Hospital 58 th Annual Internal Medicine Review Course	Endocrinology Panel Cambridge, MA
2019	Healthcare Disparities in Obesity Treatment Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2019	Plenary Lecture Cambridge, MA

2019 Navigating the Treatment of Obesity in Children and Adolescents Lecture
Massachusetts General Hospital for Children Pediatrics Primary Care CME Course Boston, MA

Local Invited Presentations

- 2010 Obesity and Barriers to Bariatric Surgery Referral/ Grand Rounds
Department of Medicine, Palmetto Health/ University of South Carolina School of Medicine
- 2010 Pediatric Journal Club
Department of Pediatrics, Palmetto Health/ University of South Carolina School of Medicine
- 2011 The effect of human chorionic gonadotropin (HCG) in the treatment of obesity/ Journal Club
Department of Medicine, Palmetto Health/ University of South Carolina School of Medicine
- 2011 Medical Ethics Confronts Obesity/ Ethics Noon Conference
Departments of Medicine, Pediatrics, and Psychiatry, Palmetto Health/ University of South Carolina School of Medicine
- 2011 Benefits of Pursuing a Medical Career in Internal Medicine/ Pediatrics
University of South Carolina School of Medicine, Pre-clinical (1st and 2nd year medical students)
- 2012 HIV/ AIDS Care and Ethics/ Ethics Noon Conference
Departments of Medicine, Pediatrics, and Psychiatry, Palmetto Health/ University of South Carolina School of Medicine
- 2013 Obesity Rounds: A Case-Based Approach to Patients Who Struggle with Their Weight
Internal Medicine/ Pediatric Physicians, Massachusetts General Hospital/ Harvard Medical School
- 2013 Obesity Medicine Inter-Hospital Rounds- Beta Blocker Induced Weight Gain
Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review
- 2014 Obesity Medicine Inter-Hospital Rounds- Use of Weight Loss Medications after Bariatric Surgery
Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2014
- 2014 The Impact of Obesity & Global Policy Implications
Harvard Kennedy School of Government Mid-Career Seminar
- 2015 Grand Rounds: Obesity: Understanding the Disease, Navigating Treatment Strategies

Department of Medicine, Cambridge Health Alliance/ Harvard Medical School

- 2016 Grand Rounds: Obesity: Understanding the Disease to Inform Treatment
Department of Endocrinology, Beth Israel Deaconess Medical Center/ Harvard Medical School
- 2016 Faculty Lecture: Obesity: Understanding the Disease to Target Solutions
Mongan Institute- Health Policy Unity, Massachusetts General Hospital/ Harvard Medical School
- 2016 Faculty Lecture: Obesity: Gaining Insight on the Disease to Inform Research and Target Treatment
Edwin L. Steele Laboratories, Massachusetts General Hospital/ Harvard Medical School
- 2016 Grand Rounds: Obesity: Understanding the Disease and the Importance of Obstetricians/Gynecologists in Prevention and Treatment
Department of Obstetrics and Gynecology, Massachusetts General Hospital/ Harvard Medical School
- 2016 Alumni Crucible Moments with Bacon, Emirates, and Zuckerman Fellows
Harvard Kennedy School Center for Public Leadership
- 2017 Keeping Current Seminar: Racial and Ethnic Disparities in Obesity
Disparities Solutions Center, Massachusetts General Hospital
- 2017 Medical and Surgical Treatment Options for the Management of Obesity
Department of Internal Medicine/ Bulfinch Medical Group
Massachusetts General Hospital
- 2017 Grand Rounds: Weighing in on the Medical Management of Obesity
Department of Internal Medicine/ Division of Gastroenterology
Massachusetts General Hospital/ Harvard Medical School
- 2017 Options for the Management of Obesity
Massachusetts General Hospital Midlife Women 2017: A Multidisciplinary Approach to Care
- 2017 Racial/Ethnic Disparities and Access to Surgical Treatments for Obesity
18th Annual Postgraduate Nutrition Symposium, Harvard Medical School Division of Nutrition
<https://hms.mediasite.video.harvard.edu/Mediasite/Play/ee5acff7487541e98ab666d6d9c322721d>
- 2017 New England Journal of Medicine: Clinicopathologic Conference (CPC)
Management of Patient's Vitamins and Nutrients after Bariatric Surgery
Massachusetts General Hospital/ Harvard Medical School
- 2018 How to Navigate and Approach Care in Your Patients with Obesity

- Obesity and Asthma: Approaches to Care
Harvard T.H. Chan School of Public Health
- 2018 Obesity: It is more complex than you think
Science Lecture Series on Epidemics
Radcliffe Institute for Advanced Study at Harvard, Cambridge, MA
- 2018 Grand Rounds: Weight Bias and Stigma and Impact on Care in Pediatrics
Department of Pediatrics
Massachusetts General Hospital for Children/ Harvard Medical School
- 2018 Women & Weight- A Midlife Challenge
Massachusetts General Hospital Midlife Women 2017: A Multidisciplinary Approach to Care
- 2018 Obesity and Nutrition
Mini-Medical School
Harvard Medical School Longwood Seminar Series
- 2018 Shaping the Future of Healthcare
Boston Alumni Event
Emory University
- 2018 The Experience of Irrational White Fear #Living While Black Panel
Race, Racism, and Mental Health Conference
Harvard Law School
- 2019 Healthcare and Healthcare Disparities
4th Annual Conference on Poverty and Inequality
Harvard Kennedy School
- 2019 Human Models of Extremes of Lifespan
Longevity and Aging: Nutritional and Metabolic Mechanisms
20th Annual Harvard Nutrition and Obesity Symposium

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

No presentations below were sponsored by outside entities.

Regional

- 2004 How Minority Medical School Applicants May Attain Success on the Medical College Admissions Test/ Speaker
American Association of Medical Colleges/ Emory University, Atlanta, Georgia
- 2008 General Anesthesia: A Safe Effective Method for Arthroscopic Shoulder Surgery in the Beach Chair Position. (abstract)
New York University/ Hospital for Joint Diseases Scientific Program, New York, NY

- 2008 MRI Coronal Plane Anatomy of the Native Anterior Cruciate Ligament. (abstract)
16th Annual Fellows' Sports Medicine Conference at West Point, West Point, NY
- 2012 Comparison of Physical Activity Levels in Physicians and Medical Students in to the
General Adult Population in the US (abstract)
Southern Society of General Internal Medicine Annual Meeting, New Orleans, LA
- 2014 Obesity: The Epidemic, Its Consequences, and Cures
Lawrence Memorial Hospital of Medford Grand Rounds/ Visiting Clinician Program,
Medford, MA
- 2014 Obesity: Strategies to Tackle the Epidemic
American College of Physicians, Massachusetts Chapter, Annual Meeting, Waltham, MA
- 2014 Obesity: Disease Prevalence, Pathophysiology, Novel Concepts, and Treatment Strategies
Cooley Dickinson Grand Rounds, Northampton, MA
- 2015 NEJM Career Center Conversations: Extracting the Benefits of Mentorship
Featured Expert
New England Journal of Medicine and Medstro, Boston, MA
- 2015 Keynote Address: Why is Weight loss so challenging for so many?
Massachusetts Medical Society Alliance Annual Meeting, Boston, MA
- 2015 NEJM Career Center Conversations: A Controlled Trial of Liraglutide for Weight
Management- Featured Expert
New England Journal of Medicine and Medstro Boston, MA
- 2015 Childhood Obesity: Navigating Current Research Insights and Clinical Practice
Grand Rounds Speaker
Golisano Children's Hospital at SUNY Upstate Medical Center, Syracuse, NY
- 2017 Obesity: Understand the Disease and Treat Appropriately
Grand Rounds Speaker
Lemuel Shattuck Hospital, Boston, MA
- 2017 NEJM Career Center Conversations: Healthcare Inequality- Featured Expert
New England Journal of Medicine and Medstro Boston, MA
- 2017 Racial and Ethnic Disparities in Obesity
Grand Rounds Speaker
Lemuel Shattuck Hospital, Boston, MA
- 2017 NEJM Resident 360: Standing on the Shoulders of Giants: Establishing and Fostering
Successful Mentorship: Featured Expert
New England Journal of Medicine and Medstro Boston, MA

- 2018 Weight Bias and Stigma and Its Impact on the Lives of Persons with Overweight and Obesity
Massachusetts Medical Society (MMS) CME Program:
Gender and Bias in Medicine- Effect on Physicians, Impact on Patients, Waltham, MA
- 2019 Obesity and Stigma
American Society for Metabolic and Bariatric Surgery (ASMBS)- Connecticut Chapter
Obesity Medicine Summit 2019, Mashantucket, CT
- 2019 Weight Bias and Its Impact on Health
Breaking the Silence: Impact of Bias on Health
Tufts University School of Medicine and Tufts' Friedman School of Nutrition Science and Policy, Boston, MA

National

- 2005 An Introduction to Sexual Violence and Gender Roles in American Society/ Plenary Talk
American Medical Women's Association, 89th Annual Meeting, Washington, D.C.
- 2006 Remodeling of Transplanted Fascia in Developmental Joint Reconstruction (abstract)
National Medical Association, 104th Annual Meeting, Dallas, TX
- 2013 Innovations in Medicine- Obesity Medicine and Obesity as a Chronic Disease
American Medical Association, 167th Annual Meeting, Chicago, IL
- 2013 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Denver, CO
- 2014 Racial Disparities and Obesity
National Black Nurses Association, Inc. Health & Wellness Webinar, Silver Spring, MD
- 2014 Physical Activity Habits of Physicians and Medical Students
American College of Sports Medicine Annual Meeting, 5th World Congress on Exercise is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and Disease, Orlando, FL
- 2015 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Charlotte, NC
- 2015 Clinical Triads: The Experts Weigh in on Obesity
American College of Physicians, 100th Annual Meeting, Boston, MA
- 2015 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Buffalo, NY

- 2016 Obesity: When Lifestyle Interventions Alone are Ineffective- Optimizing Medication Management
Mayo Clinic 28th Annual Selected Topics in Internal Medicine 2016, Wailoloa, HI
- 2016 Cases in Medication Management for Obesity
Mayo Clinic 28th Annual Selected Topics in Internal Medicine 2016, Wailoloa, HI
- 2016 Overcoming Barriers to Access
The American Journal of Managed Care (AJMC)- 4th Annual Patient Centered Diabetes Care, Teaneck, NJ
- 2016 Obesity in Women: Insights for the Clinician
Academy of Women's Health Women's Health 2016: The 24th Annual Congress, Arlington, VA
- 2016 Obesity: Exploring the Disease in the Pediatric and Adult Population
Mayo Clinic Joint General Internal Medicine and Pediatric Lecture
Rochester, MN
- 2016 Obesity and Breastfeeding: Exploring the Relationship
Eighth Annual Summit on Breastfeeding, Breastfeeding *Medicine*, and Academy of Breastfeeding
Washington, DC
- 2016 Exploring Discrimination Against People with Obesity
Paso del Norte Institute for Healthy Living/ Paso del Norte Health Foundation
El Paso, TX
- 2016 Sustaining Long Term Bone Viability after Weight Loss Surgery
33rd Annual American Society of Metabolic and Bariatric Surgery (ASMBS) Meeting, Obesity Week
New Orleans, LA
- 2016 Healthcare 2.0: The Use of Mobile Apps and Wearable Technology to Help Patients Manage Chronic Diseases
American Medical Association (AMA) Interim Meeting
Orlando, FL
- 2017 AMA Journal of Ethics Discussion Forum: Stigma in Healthcare
Weight Bias in Healthcare- Featured Expert
Chicago, IL
- 2017 Keynote: Advances in Diabetes and Obesity Management
Obesity: Understanding the disease to Better Inform Our Medical Treatment Strategies
Iowa City, Iowa

- 2017 PechaKucha: Weighting Out Obesity: It's More than "Calories In and Calories Out"
American College of Physicians, 102nd Annual Meeting, San Diego, CA
- 2017 Weighing in on Medical Management of Obesity
American College of Physicians, 102nd Annual Meeting, San Diego, CA
- 2017 Plenary: Obesity and Interconception Health
California WIC Association Annual Conference and Trade Show, San Diego, CA
- 2017 Workshop: Obesity, Breastfeeding, and Interconception Health
California WIC Association Annual Conference and Trade Show, San Diego, CA
- 2017 Obesity: Addressing Racial and Ethnic Disparities
Academy of Women's Health Women's Health 2017: The 25th Annual Congress
Washington, DC
- 2017 Pharmacotherapy for the Treatment of Obesity
Internal Medicine Obesity Program: Improving Obesity Related Outcomes in Underserved Populations
115th National Medical Association Annual Convention and Scientific Assembly,
Philadelphia, PA
- 2017 Managing Obesity as a Disease in Minority Populations
NIH Small Conference Grant Scientific Session with NMA Faculty
115th National Medical Association Annual Convention and Scientific Assembly
Philadelphia, PA
- 2017 Current Trends in Obesity in the US and Its Impact on the African-American Community
National Medical Association (NMA) News Hour
115th National Medical Association Annual Convention and Scientific Assembly
Philadelphia, PA
- 2017 Weight Stigma and Its Impact
Obesity Medicine Association Overcoming Obesity 2017
San Antonio, TX
- 2017 Obesity and Its Impact on the African-American Community
National Medical Association (NMA) 2nd Annual Professional Development Series at the
Congressional Black Caucus Foundation, Inc. (CBCF) 47th Annual Legislative
Conference (ALC)- *"The Urgency of Now: Creating a Culture of Health Equity"*
Washington, DC
- 2017 Pharmacotherapy's Role in Mitigating Post-Surgical Weight Regain
34th Annual American Society of Metabolic and Bariatric Surgery (ASMBS) Meeting,
Obesity Week
Washington, DC

- 2017 Telemedicine: Improving patient care and health outcomes
American Medical Association (AMA) Interim Meeting
Honolulu, HI
- 2018 Obesity- A comprehensive approach to treatment and investigation
University of Chicago Pritzker School of Medicine
Chicago, IL
- 2018 Pharmacotherapy as an Adjunct to Bariatric Surgery to Confer Weight Loss
Lunch and Learn Series
UCSF Fresno Medical Education Program
Fresno, CA
- 2018 Physicians and Personal Branding: How it Can Work for You
American Medical Association Practice Transformation Unit
Chicago, IL
- 2018 Multiple Small Feedings for the Mind (MSFM)
Obesity and Nutrition in Internal Medicine
American College of Physicians, 103rd Annual Meeting, New Orleans, LA
- 2018 Weight Loss Medications for Inadequate Weight Loss and Weight Regain After Bariatric
Surgery
Obesity Medicine Summit 2018: Recognizing Obesity as a Disease,
Obesity Medicine Association
San Diego, CA
- 2018 Telemedicine and Its Role in the Treatment of Obesity
Obesity Medicine Summit 2018: Recognizing Obesity as a Disease
Obesity Medicine Association
San Diego, CA
- 2018 Engaging Patients with Diabetes Facing Many Challenges and Costs
Bridging the Equity Gap Across the Lifespan to Achieve Healthy Communities
2018 NMQF Leadership Summit on Health Disparities and Spring Health Braintrust
National Minority Quality Forum
Washington, DC
- 2018 From disruption to reform: Learn to spark change and move medicine forward
American Medical Association Annual Meeting 2018
American Medical Association (AMA)
Chicago, IL
- 2018 Obesity in the African American Population, Addressing the Role of Ethnic Body Images
Internal Medicine Obesity Program
116th National Medical Association Annual Convention and Scientific Assembly
Orlando, FL

- 2018 Pharmacologic Combination Treatment Options for Obesity Management
Obesity Medicine Association
Overcoming Obesity 2018
Washington, DC
- 2018 The Clinician Advocate
Obesity Medicine Association
Overcoming Obesity 2018
Washington, DC
- 2018 Obesity: The Need for Treatment to Enhance Patient Health Outcomes
Endocrine Grand Rounds
The Johns Hopkins University School of Medicine
Baltimore, MD
- 2018 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Pittsburgh, PA
- 2018 Obesity: Understanding the Disease in the Context of Patients with Kidney Disease
2018 Renal Care Symposium
Greenfield Health Systems
Plymouth, MI
- 2018 Unique Challenges in People of Color with Obesity
2018 National Caucus Addressing Musculoskeletal Health Disparities
Movement is Life Caucus
Washington, DC
- 2018 Physician Well-Being
American College of Physicians Speaker's Bureau
St. John's Hospital, Ascension Health
Detroit, MI
- 2018 Obesity: The Disease, The Challenges, The Treatments
American College of Physicians Speaker's Bureau
St. John's Hospital, Ascension Health
Detroit, MI
- 2019 Fundamentals of Obesity Treatment Course
Obesity Medicine Association
Dallas, TX
- 2019 Obesity: Understand the Disease to Guide Treatment and Improve Patient Outcomes
Internal Medicine Grand Rounds
SUNY Downstate
Brooklyn, NY

- 2019 Obesity: Understanding the disease is crucial to best treat patients
Department of Medicine Grand Rounds
West Virginia University
Morgantown, WV
- 2019 Building a Treatment Plan (Medication)
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Medication for Treatment of Obesity (Case Presentation)
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Facilitated Discussion: Using the Four Pillars to Treat Patients in Your Practice
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Optimizing Obesity Treatment with Pharmacology- Point/Counterpoint
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Multiple Small Feedings of the Mind: Neurology, General Internal Medicine, and
Nutrition & Exercise
American College of Physicians, Centennial Annual Meeting, Philadelphia, PA
- 2019 Obesity in the Pediatric Population: The Disease and Its Treatment
Pediatric Grand Rounds
St. Louis Children's Hospital, Washington University
St. Louis, MO
- 2019 The Importance of Diversity and Inclusion in the Healthcare Workforce Townhall
Meeting
The Importance of Diversity and Inclusion Across the Healthcare Continuum
National Minority Quality Forum National Annual Summit on Health Disparities
Washington, DC
- 2019 Treatment and prevention interventions that work – and that don't – with respect to
pediatric weight management
Combating Childhood Obesity Summit
US News and World Report
Houston, TX

- 2019 What Frontline Providers Need to Know with respect to pediatric weight management
Combating Childhood Obesity Summit
US News and World Report
Houston, TX
- 2019 Racial Disparities and Obesity Treatment
Internal Medicine Grand Rounds
University of California- San Diego
San Diego, CA
- 2019 Obesity and Women’s Health: Understanding Obesity Across the Life Continuum
Annual Doris H. Merritt, M.D. Lectureship in Women’s Health
Obstetrics and Gynecology Grand Rounds
Indiana University School of Medicine
Indianapolis, IN
- 2019 Obesity- The Leading Chronic Disease and Its Treatment
Endocrinology Grand Rounds
University of California- San Diego
San Diego, CA
- 2019 Health Disparities in Obesity
Annual Obesity Symposium Keynote Address
Legacy Health and Oregon Health Sciences Center
Portland, OR
- 2019 Medical Management in the Treatment of Obesity
Annual Obesity Symposium Breakout Sessions
Legacy Health and Oregon Health Sciences Center
Portland, OR
- 2019 Obesity: Understanding the Neglected Chronic Disease and Its Complexity in Patient Care
Internal Medicine Grand Rounds
Detroit Medical Center
Huron Valley-Sinai Hospital
Commerce Charter Township, MI
- 2019 Obesity and Treatment
Fall Psychopharmacology CME Meeting
American Society of Clinical Psychopharmacology (ASCP)
New York, NY

International

- 2018 Obesity Guest Lecturer: Understanding Obesity as a Disease
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy

- 2018 Obesity Guest Lecturer: Weight Bias and Stigma and Its Impact on Health
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Guest Lecturer: Pharmacotherapy for the Management of Obesity
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Guest Lecturer: Racial and Ethnic Disparities in Obesity
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Guest Lecturer: Childhood Obesity: Etiology and Treatment
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Obesity Guest Lecturer: Complications and Treatment of Obesity
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Obesity Guest Lecturer: Research Strategies to Address Obesity
Master Degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Charting Through Treacherous Waters- Today as a Woman in Medicine
2019 Dr. F. Marguerite Hill Lecturer Department of Medicine
University of Toronto
Toronto, Ontario, Canada

Report of Clinical Activities and Innovations

Current Licensure and Certification

- 2011-2020 Commonwealth of Massachusetts Full Medical License
- 2014-2024 American Board of Obesity Medicine
- 2015-2025 American Board of Pediatrics

Practice Activities

2015- Present	Ambulatory and Inpatient	MGH Weight Center, Massachusetts General Hospital 2015-Present	Obesity Medicine Physician (24 hr/ wk clinical, 36 hr/wk research)
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Clinical Innovations

- 2013- Present Worked with EMR team in the transition from Longitudinal Medical Record (LMR) to EPIC to ensure that patients with overweight and obesity are appropriately identified by BMI criteria in the EMR to aid clinicians in treatment of this disease process.

- 2013-Present Developed lecture series on the pathophysiology and novel treatment strategies for pediatric and adult obesity.
- 2015-Present Developed treatment protocol for inadequate weight loss and weight regain in adolescents and adults who have undergone weight loss surgery.

Report of Education of Patients and Service to the Community

Activities

- 1996-Present **College Mentor/ Lecturer**
Present church and school programs to encourage students to attend college and introduce students to college preparation skills.
- 1998-2003 **Atlanta Public Schools Science Fair/ Judge**
Judge for science fairs at Inman Middle School, Benjamin E. Mays High School, and the Atlanta City Congress.
- 1998-2003 **Meals on Wheels Volunteer**
Help deliver meals to the elderly and the chronically ill in the Metro Atlanta area.
- 1998-2003 **Project Open Hand/ Volunteer**
Volunteered with this organization to fix meals for AIDS victims in Atlanta, Georgia.
- 2003-2007 **Junior Medical League Module Leader/ Boys & Girls Club of Augusta, GA**
Developed a module about medical research careers to introduce students to that facet of medicine.
- 2008 **Unity Games/ Team Physician**
Served as a physician for the Unity Games Staten Island, a 2 day basketball event for middle school students of different race and socioeconomic status, with the goal of promoting unity and cohesion.
- 2008-Present **Caucus of Emory Black Alumni/ Mentor**
Mentor students interested in entering the medical profession.
- 2010-2011 **American Medical Association Conley Medical Ethics Essay Competition/ Judge**
Serve on panel to judge medical student ethics essays for the American Medical Association's *Virtual Mentor*.
- 2010 **Hopkins Middle School, Columbia, SC**
Presented lecture on obesity in the pediatric population.
- 2011 **Emory University Scholars Program**
Served as keynote speaker for Emory Scholars Graduating Class of 2011.
- 2011 **Delta Sigma Theta Sorority, Inc. University of SC Chapter/ Speaker**

- Presented lecture on Depression in the African American Community.
- 2011 **Junior League of Columbia/ Speaker**
Presented lecture on obesity in the pediatric population.
- 2012 **Delta Sigma Theta Sorority, Inc. University of SC Chapter/ Speaker**
Presented lecture on Obesity in the African American Community
- 2012-Present **Massachusetts General Hospital Youth Scholars**
Mentor 10th grade students in Boston Public Schools who are interested in science careers.
- 2013 **Appalachian Mountain Club and Massachusetts General Hospital for Children**
Worked on Outdoors RX program, a program designed to help encourage physical activity in children outdoors.
- 2014 **Cooley Dickinson Health Care Lecture**
Presented a lecture entitled- “There is more to losing weight than Dieting and Exercise”.
- 2015 **MA State Legislature- MA House Bill 1764 Testimony**
Testified to the Joint Committee on Labor and Workforce Development in support of this bill to make discrimination on the basis of height and weight unlawful in the Commonwealth of Massachusetts.
- 2015 **Syracuse Pediatric Obesity Roundtable Lecture and Discussion**
Presented a lecture on Pediatric Obesity Research and Clinical Practice. Discussed creating a culture of wellness where we live. Discussed collaboration between schools and their respective community partners that collectively achieve greater health and academic outcomes among students.
- 2017-18 **New England Science Symposium (NESS) Oral Session Judge (16-17th annual)**
Served as an oral session judge for The New England Science Symposium (NESS), which provides a forum for postdoctoral fellows; medical, dental and graduate students; post-baccalaureates; college and community college students (particularly for African-American, Hispanic/Latino and American Indian/Alaska Native individuals) to share their biomedical and health-related research activities through oral or poster presentations, to engage in discussions related to career development in the sciences, and to exchange ideas and to expand their professional networks.
- 2017-2018 **The Obesity Society Twitter Spokesperson (General Obesity and Pediatric Obesity)**
Serve as a content expert for general public question on general and pediatric obesity questions on the social media for Twitter.

- 2018 **Health Professions Recruitment and Exposure Program (HPREP) at Harvard Medical School**
Serve as physician career mentor for HPREP, an extracurricular program aimed at recruiting high school students, particularly those from under-served or underrepresented backgrounds, into science and medicine.
- 2018 **Massachusetts General Hospital Association of Multicultural Members of Partners (AMMP) Martin Luther King, Jr. Keynote Speech**
“Change begins with self”- What are the challenges, progress that are important to you that are well connected to Dr. Kings dream? Also, reflected in your journey and your day to day work what would be your message to the AMMP members on ways to create economic empowerment and equal platform for access to healthcare, good life, good nutrition values that would resonate to Dr. Kings spirit.
<https://youtu.be/rv4-BATtNUQ>
- 2018 **Massachusetts General Hospital for Children Parenting Series**
Present a discussion-style talks for employees with children that focus on parenting and health-related topics related to weight management in children and adolescents.
- 2018 **Massachusetts General Hospital HUBWEEK**
Present a talk on kids and sleep and obesity to understand the connection.
- 2019 **Massachusetts General Hospital The Maxwell and Eleanor Blum Patient and Family Learning Center within the Institute for Patient Care**
Understanding Optimal Weight and Nutrition in Children and Adolescents
Present a talk on obesity and nutrition in children for National Nutrition Month.
- 2019 **Sirius XM Just Jenny Satellite Radio**
Weight Wednesday
Discuss obesity, its complexity, weight bias, and treatment for long term health.
- 2019 **Smith+ Saint Girl Bosses of Boston Panel Event**
Speak on panel to educate the young women of Boston on how to build a brand, be a female entrepreneur, and how connections and mentors have helped you along the way.
- 2019 **Massachusetts General Hospital Russell Museum of Innovation**
Obesity: A Rising Threat to Global Health
Present a talk on obesity and the science and medicine around and behind it.
- 2019 **Boston Area Health Education Center (BAHEC), Boston Public Health Commission, and Boston University School of Medicine Summer Health Career Expo Keynote Speaker**
Served as keynote speaker on unique challenges to first generation and underrepresented STEM scholars who are considering the healthcare field.
- 2019 **Indiana University Women of INfluence Annual Symposium**
Obesity in the US in Women and Girls: Understanding the Impact on Health

Serve as keynote speaker on the obesity epidemic in women and girls in the US to laypersons and community health providers.

Educational Material for Patients and the Lay Community

Books, monographs, articles and presentations in other media

2002	Sex & Violence: Straight Talk with Teens WSB ABC Atlanta, GA	Interviewee	
2009	“My Voice”- American Medical Association Resident and Fellow Section Voice	Author	http://www.ama-assn.org/ama1/pub/upload/mm/453/2009-fall-voice-resident-fellows.pdf
2011	Staying Active During Winter” <i>The Times and Democrat</i>	Author	http://thetandd.com/lifestyles/health-med-fit/article_6e0ac7e0-2816-11e0-af2d-001cc4c03286.html
2011	Midlands school fights childhood obesity with diet and exercise WACH FOX Columbia, SC	Interviewee	http://www.midlandsconnect.com/news/story.aspx?id=617196 http://www.youtube.com/watch?v=2x0vplF2Xg8
2011	Importance of optimal childhood nutrition WOLO ABC Columbia, SC	Interviewee	http://www.youtube.com/watch?v=f7DBA-Gcqk0
2011	Break the couch potato habit: instill the love for exercise at an early age Palmetto Parent Magazine (6/11)	Interviewee	http://ipubviewer.com/publication/?i=71170&p=13
2011	Pumpkins and Munchkins: Halloween Safety WIS NBC Columbia, SC	Interviewee	http://www.youtube.com/watch?v=002QnN_ZoK8
2012	Can Proper Sleep Lower Your Blood Pressure, Weight, & Cholesterol?	Author	http://www.livestrong.com/article/556296-can-proper-sleep-lower-your-blood-pressure-weight-cholesterol/

2012	How to Eat While Stressing Out	Author	http://www.livestrong.com/article/556299-how-to-eat-while-stressing-out/
2013	NY Times- Letter to Editor on AMA recognition of obesity as a disease	Author	http://www.nytimes.com/2013/06/24/opinion/on-treating-obesity-the-disease.html?_r=1&
2013	Obesity is now a disease: what it means for blacks	Author	http://thegrio.com/2013/06/26/obesity-is-now-a-disease-what-it-means-for-blacks/
2013	American College of Physicians- My Kind of Internist	Interviewee	http://www.acponline.org/medical_students/impact/archives/2013/05/mykind/
2013	Focusing on weight loss may not be effective	Interviewee	http://thegrio.com/2013/08/26/focusing-on-weight-loss-may-not-be-effective/
2013	Questions and answers on obesity with Dr. Fatima Cody Stanford	Interviewee	http://m.baystatebanner.com/news/2013/oct/10/questions-and-answers-obesity-dr-fatima-cody-stanf/
2013	Basic Black: Race, Class, and Obesity- WGBH PBS Boston, MA	Interviewee	http://www.wgbh.org/basicblack/episodeDetail.cfm?programid=20&featureid=47643
2014	PBS-Arthur Family Health Fitness Expert Q&A	Interviewee	http://pbskids.org/arthur/health/fitness/expert-video.html
2014	ISEF Inspired Alum to Embark on Career in Clinical Research	Interviewee	https://www.societyforscience.org/blog/intel-isef-international-science-and-engineering-fair/isef-inspired-alum-embark-career-clinical
2014	ConscienHealth: Should Schools Send Fat Letters Home?	Interviewee	http://conscienhealth.org/2014/05/should-schools-send-fat-letters-home/
2014	Medscape- Weight Loss Expert Tips	Interviewee	http://www.medscape.com/features/slideshow/weight-loss-tips#14
2014		Interviewee	http://conscienhealth.org/2014/08/slim-pickings-or-superficial-analysis/

ConscienHealth: Slim Pickings or Superficial Analysis?

2014	Harvard-affiliated Obesity Physician gives in-depth review of Withings new FDA-approved wireless blood pressure monitor	Author	https://medtechboston.medstro.com/blog/2014/05/07/wi-things-launches-fda-approved-wireless-blood-pressure-monitor/
2014	Wikipedia Article- Obesity Medicine	Author	http://en.wikipedia.org/wiki/Obesity_medicine
2014	ConscienHealth: Perception and Reality in Bariatric Surgery	Interviewee	http://conscienhealth.org/2014/12/perception-and-reality-in-bariatric-surgery/
2015	Medtech Boston: Ask the Experts: Fitness Trackers	Interviewee	https://medtechboston.medstro.com/ask-the-experts-fitness-trackers/5/
2015	Harvard Center for Public Leadership: Thoughts on Leadership	Interviewee	https://www.youtube.com/watch?v=gOc2jtfWLyk
2015	Boston Herald: New Hope for Obesity Fight	Interviewee	http://www.bostonherald.com/news_opinion/local_coverage/2015/08/new_hope_for_obesity_fight
2015	ConscienHealth: Potential Breakthrough in Understanding the Obesity Gene	Interviewee	http://conscienhealth.org/2015/08/potential-breakthrough-in-understanding-the-obesity-gene/
2015	How Much Fast Food Does Children Eat and Does it Really Matter?	Interviewee	http://www.healthline.com/health-news/how-much-fast-food-do-children-eat-and-does-it-really-matter-091615
2015	Healio: Obesity: A threat to public health that requires appropriate treatment	Interviewee	http://www.healio.com/internal-medicine/obesity/news/online/%7B70ffab7a-fab5-4d05-af6f-84c47685b27b%7D/obesity-a-threat-to-public-health-that-requires-appropriate-treatment
2015	Conscienhealth: Obesity Innovation- Not for People who Need it	Interviewee	http://conscienhealth.org/2015/09/obesity-innovation-not-for-people-who-need-it/

2015	Conscienhealth: Exercise: Separating Helpful Aspirations from Wishful Thinking	Interviewee	http://conscienhealth.org/2015/10/exercise-separating-helpful-aspirations-from-wishful-thinking/
2015	Conscienhealth: Covering Obesity in Health Plans	Interviewee	http://conscienhealth.org/2015/11/covering-obesity-in-health-plans/
2015	Conscienhealth: Food Policy does not Equal Obesity Policy	Interviewee	http://conscienhealth.org/2015/12/food-policy-obesity-policy/
2016	ACP Internist- Weighing the Options for Bariatric Surgery	Interviewee	http://www.acpinternist.org/archives/2016/01/obesity.htm
2016	Time Magazine- How to Help Your Kids Stay Fit Even in They're not Athletic	Interviewee	http://time.com/4193105/how-to-help-your-kids-stay-fit-even-if-theyre-not-athletic/
2016	Boston Herald- Heavy Hitters Weigh in on Pablo Sandoval's Size	Interviewee	http://www.bostonherald.com/sports/red_sox/2016/03/heavy_hitters_weigh_in_on_pablo_sandovals_size
2016	Associated Press- Study questions impact of NYC students' weight report cards	Interviewee	http://bigstory.ap.org/article/67b2a4d9806f4f198ba2abfeb9109bd/study-questions-impact-nyc-students-weight-report-cards
2016	In Moderation, Artificial Sweeteners are Not Harmful, Doctor Says	Interviewee	http://boston.cbslocal.com/2016/04/18/artificial-sweeteners-health-obesity/
2016	Biggest Lie of the Biggest Loser	Interviewee	http://conscienhealth.org/2016/05/biggest-lie-biggest-loser/
2016	Which Diet is the Best Diet- No Diet Apparently	Interviewee	https://news.wgbh.org/2016/05/03/local-news/which-diet-right-diet-no-diet-apparently https://www.youtube.com/watch?v=nYIAauyftj4&feature=youtu.be
2016	Academy of Women's Health: Obesity in Women- New Insights	Interviewee	http://bit.ly/1rTzLNA

2016	The ‘Biggest Loser’ shows the complexity of keeping weight off	Author	https://www.statnews.com/2016/05/16/the-biggest-loser-weight-loss/
2016	Better Obesity Care: If you build it, will they come?	Author	http://conscienhealth.org/2016/05/obesity-care-if-you-build-it-will-they-come/
2016	Healio Internal Med: FDA finalizes improved Nutrition Facts label for packaged foods- Perspective	Author	ow.ly/W0lj300wPis
2016	WBZ Radio: Local obesity expert shares take on new weight loss plan by Dr. Michael Mosley	Interviewee	http://cbsloc.al/29CmBBR
2016	Conscienhealth: Weight Bias in Paso del Norte	Interviewee	http://conscienhealth.org/2016/08/weight-bias-border-mexico/
2016	English speakers more likely to discriminate against job seekers with obesity KVIA ABC- El Paso, TX	Interviewee	http://www.kvia.com/abcs-of-health/study-englishspeaking-employers-more-likely-to-discriminate-against-obese-job-seekers/41042354
2016	El Paso Times: Patients with obesity face difficulty in hiring	Interviewee	http://www.elpasotimes.com/story/news/health/2016/08/03/panel-obese-face-bias-jobs-health-care/88031236/
2016	Univision: Imparten conferencia sobre la obesidad	Interviewee	http://noticias.entravision.com/el-paso/2016/08/03/imparten-conferencia-sobre-la-obesidad/
2016	What’s Up: Regional Conference on obesity study	Interviewee	http://www.whatsuppub.com/columns/letters_from_the_publisher/article_7bf3cc12-5f10-11e6-8fc6-17bab7f477c8.html
2016	CNN: Diabetes and exercise	Interviewee	https://player.vimeo.com/video/177083129
2016	Conscienhealth: The Fear of Medicalizing Obesity	Interviewee	http://conscienhealth.org/2016/08/the-fear-of-medicalizing-obesity/

2016	Conscienhealth: Obesity Innovation: Why So Slow?	Interviewee	http://conscienhealth.org/2016/08/obesity-innovation-slow
2016	AJMC: Diabetes Drugs are Prescribed 15 Times More Often than Obesity Drugs, Study Shows	Interviewee	http://www.ajmc.com/newsroom/diabetes-drugs-are-prescribed-15-times-more-often-than-those-for-obesity-study-finds
2016	Physician Focus: The Misconceptions of Obesity	Interviewee	https://www.youtube.com/watch?v=YyTR7s9E-ig http://www.metrowestdailynews.com/entertainmentlife/20160927/physician-focus-misconceptions-of-obesity http://www.patriotledger.com/entertainmentlife/20160927/physician-focus-misconceptions-of-obesity http://www.enterpriseneews.com/entertainmentlife/20160927/physician-focus-misconceptions-of-obesity http://www.tauntongazette.com/entertainmentlife/20160927/physician-focus-misconceptions-of-obesity http://www.heraldnews.com/entertainmentlife/20160927/physician-focus-misconceptions-of-obesity http://winchester.wickedlocal.com/news/20160927/misconceptions-of-obesity http://bedford.wickedlocal.com/news/20160927/misconceptions-of-obesity http://businesswest.com/blog/the-misconceptions-of-obesity http://www.atholdailynews.com/quabbin-times/physician-focus-misconceptions-obesity
2016	WGBH: Election 2016: Candidates Health Records	Interviewee	https://www.youtube.com/watch?v=GoDfHiFammM
2016	Self: Molly Sims Gained 85 Pounds During Pregnancy Due to an Undiagnosed Thyroid Issue	Interviewee	http://www.self.com/story/molly-sims-pregnancy-weight-gain
2016	Healio Internal Medicine: Industry Sponsorship More Often Associated	Interviewee	http://bit.ly/2etWxpm

with Positive Results in
Nutrition Studies

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| 2016 | PR Newswire: Health Plans Often Stand in the Way of Obesity Care | Interviewee | http://www.prnewswire.com/news-releases/health-plans-often-stand-in-the-way-of-obesity-care-300356702.html |
| 2016 | Benefits Pro: Most Health Plans Don't Cover Obesity Treatment | Interviewee | http://www.benefitspro.com/2016/11/04/most-health-plans-dont-cover-obesity-treatment |
| 2016 | Boston Globe: Call it the 'Trump 10' | Interviewee | https://www.bostonglobe.com/lifestyle/2016/11/18/call-trump/L2FVYYWOWhLk8JLE7JcEIO/story.html |
| 2016 | Cosmopolitan: Post-Election Stress Has Apparently Left A Lot of People Eating Their Feelings | Interviewee | glamour |
| 2016 | NPR WBUR: Mass. Doctors are Seeing Effects of the Election in the Exam Room | Interviewee | http://www.wbur.org/commonhealth/2016/11/18/mass-doctors-election-effects |
| 2016 | Glamour: Ugh: Stress Alone can Cause Weight Gain | Interviewee | http://www.glamour.com/story/stress-alone-can-cause-weight-gain |
| 2016 | Fox 25: Thanksgiving Holiday a troubled time for food addicts | Interviewee | http://www.fox25boston.com/news/thanksgiving-holiday-a-troubled-time-for-food-addicts/469682173 |
| 2016 | Conscienhealth: Watching Costs Pile Up for Untreated Obesity | Interviewee | http://conscienhealth.org/2016/12/watching-costs-pile-untreated-obesity/ |
| 2016 | Boston Globe Magazine: Is the Health Advice You're Following Outdated? Check This | Interviewee | https://www.bostonglobe.com/magazine/2016/11/30/health-advice-you-following-outdated-check-this/hOoqK9EWdNPIP6fvqqikzL/story.html |
| 2016 | New Doximity Dialer Helps Doctors Call Patients | Interviewee | http://www.prnewswire.com/news-releases/new-doximity-dialer-helps-doctors-call-patients-300377341.html?tc=eml_cleartime |

2016	Self: There Are Actually Almost 60 Types of Obesity- Here is what that means	Interviewee	http://www.self.com/story/different-types-of-obesity
2016	Women’s Health: 3 Weight Loss Struggles from the Show ‘This is Us’ that we can all relate to	Interviewee	http://www.womenshealthmag.com/weight-loss/this-is-us-wegiht-loss
2016	AJMC TV: Dr Fatima Cody Stanford Outlines the Lack of Policies for Obesity Treatment	Interviewee	http://www.ajmc.com/interviews/dr-fatima-stanford-outlines-the-lack-of-policies-for-obesity-treatment#sthash.3YmRjzyi.dpuf
2016	US News & World Report: 9 Ways to Boost Your Immune System	Interviewee	http://health.usnews.com/wellness/slideshows/9-ways-to-boost-your-immune-system
2016	Harper’s Bazaar: The One Thing Experts Want You to Stop Eating in 2017	Interviewee	http://www.harpersbazaar.com/beauty/diet-fitness/a19540/nutritionist-advice-new-year/
2017	Fox 25: MGH: Treating Obesity as a Disease could Improve weight loss strategies	Interviewee	http://www.fox25boston.com/news/mgh-treating-obesity-like-a-disease-could-improve-weight-loss-strategies/481166915
2017	Self: Oprah’s Committed to Weight Watchers, In Spite of Criticism	Interviewee	http://www.self.com/story/oprah-weight-watchers-losing-weight-struggle
2017	Healio Endocrine Today: Consumers Perceive Low Coverage for Obesity Treatment, Despite Workplace Wellness Programs	Interviewee	http://www.healio.com/endocrinology/obesity/news/in-the-journals/%7B632fda13-3d8d-4f90-98c2-b53b2d0901dd%7D/consumers-perceive-low-coverage-for-obesity-treatment-despite-workplace-wellness-programs
2017	Conscienhealth: Medical Boards Expect Doctors to Know Little About Obesity	Interviewee	http://conscienhealth.org/2017/01/medical-boards-little-about-obesity/
2017		Interviewee	

	AJMC TV: Changing Patients with Obesity Self-Perception is Key		http://www.ajmc.com/interviews/dr-fatima-cody-stanford-changing-obese-patients-self-perception-key-to-treating-disease-process
2017	Glamour: Here's the Real Deal with Birth Control and Your Weight	Interviewee	http://www.glamour.com/story/heres-the-real-deal-with-birth-control-and-your-weight
2017	Yahoo Beauty: Lena Dunham is Impacted by Donald Trump in a way nobody is talking about	Interviewee	https://www.yahoo.com/beauty/lena-dunhams-on-the-donald-trump-diet-181512598.html
2017	AMA Wire: 3 ways to mitigate implicit bias in the exam room	Interviewee	https://wire.ama-assn.org/delivering-care/3-ways-mitigate-implicit-bias-exam-room
2017	Women's Health: This is how Mama June went from 460 pounds to a Size 4	Interviewee	http://www.womenshealthmag.com/weight-loss/mama-june-weight-loss-surgery
2017	Yahoo Beauty: Barbara Streisand is Gaining Weight because of Donald Trump	Interviewee	https://www.yahoo.com/beauty/lena-dunhams-on-the-donald-trump-diet-181512598.html
2017	AJMC TV: Dr Fatima Cody Stanford Explains How Obesity Stigma Creates Vicious Cycle	Interviewee	http://www.ajmc.com/interviews/dr-fatima-cody-stanford-explains-how-obesity-stigma-creates-vicious-cycle
2017	CNBC: Taste isn't why consumers are flocking to this trendy beverage	Interviewee	http://www.cnbc.com/2017/03/27/taste-isnt-why-consumers-are-flocking-to-apple-cider-vinegar-drinks.html
2017	AMAWire: The Moment I Knew Medicine was My Calling	Interviewee	https://wire.ama-assn.org/life-career/dr-stanford-moment-i-knew-medicine-was-my-calling
2017	Becker's Hospital Review: Word for the C-Suite- Even Physicians aren't Aware of their Own Biases Sometimes	Interviewee	http://www.beckershospitalreview.com/hospital-management-administration/word-from-the-c-suite-even-physicians-aren-t-aware-of-their-own-biases-sometimes.html

2017	Healio: Managing Obesity Starts with Addressing Behavioral Factors	Interviewee	http://www.healio.com/internal-medicine/obesity/news/online/%7B54e2684b-5299-4810-b018-2d991e39fb38%7D/managing-obesity-starts-with-addressing-behavioral-factors?page=1
2017	Conscienhealth: Changing Membership Rules for the Good Doctors' Club	Interviewee	http://conscienhealth.org/2017/04/changingmembership-rules-good-doctors-club/
2017	AJMC TV: Dr. Fatima Cody Stanford Emphasizes Role of Family in Treating Childhood Obesity	Interviewee	http://www.ajmc.com/interviews/dr-fatima-codystanford-emphasizes-role-of-family-in-treatingchildhood-obesity
2017	Yahoo Beauty: Pink Says She is Considered Obese by Regular Standards	Interviewee	https://www.yahoo.com/beauty/pink-says-sheconsidered-obese-by-regular-standards-163432802.html
2017	Women's Health: Is Mama June Experiencing Complications from Her Weight Loss Surgery	Interviewee	http://www.womenshealthmag.com/weight-loss/mama-june-weight-loss-surgery-complications
2017	MGH Research Institute: Dr. Stanford Addresses Barriers and Disparities in Obesity Treatment	Interviewee	http://www.massgeneral.org/research/news/ResearcherProfiles/profile-stanford.aspx
2017	Women's Health: Leptigen: Will This Fancy Diet Pill Really Help You Lose Weight?	Interviewee	http://www.womenshealthmag.com/weight-loss/leptigen-weight-loss
2017	AJMC TV: Dr. Fatima Cody Stanford Discusses Racial and Ethnic Disparities in Obesity Treatment	Interviewee	http://www.ajmc.com/interviews/dr-fatima-cody-stanford-discusses-racial-and-ethnic-disparities-in-obesity-treatment
2017	Women's Health: Can I take Metformin if I want to Lose Weight?	Interviewee	http://www.womenshealthmag.com/weight-loss/metformin-weight-loss
2017	Self: The Biggest Loser Creator is Making	Interviewee	http://www.self.com/story/biggest-loser-creator-new-show

Another Weight Loss Show

2017	Self: Going Vegan Really Isn't a Magic Diet for Weight Loss	Interviewee	http://www.self.com/story/vegan-diet-weight-loss
2017	Radio Health Journal: Bariatric Surgery in Teenagers	Interviewee	https://radiohealthjournal.wordpress.com/2017/05/07/bariatric-surgery-in-teenagers/#more-4215
2017	AJMC: Dr. Fatima Cody Stanford Supports Focus on Diabetes Prevention, Not Just Treatment	Interviewee	http://www.ajmc.com/interviews/dr-fatima-cody-stanford-supports-focus-on-diabetes-prevention-not-just-treatment
2017	Massachusetts Medical Society: Physicians: People Who Care for People	Interviewee	https://www.youtube.com/watch?time_continue=3&v=4sVN4karTzI
2017	Conscienhealth: Discrimination May be Hazardous to Your Health	Interviewee	http://conscienhealth.org/2017/06/discrimination-hazardous-to-health/
2017	Self: 1 in 10 People in the World is Now Considered Obese	Interviewee	www.self.com/story/1-in-10-people-obese
2017	Women's Health: The Disturbing Reason Why Americans Are Eating, Drinking, And Smoking More	Interviewee	http://www.womenshealthmag.com/weight-loss/stress-eating-weight-gain
2017	With Helix's help, Lose It Adds Genetic Insights to Weight Loss App	Interviewee	http://www.xconomy.com/boston/2017/07/24/with-helixs-help-lose-it-adds-genetic-insights-to-weight-loss-app/
2017	Philadelphia Tribune: National Medical Association Calls for the ACA not be Repealed	Interviewee	http://www.phillytrib.com/news/health/national-medical-association-calls-for-aca-not-to-be-repealed/article_aefe1d22-70fc-561e-8a1c-67344d3faf42.html
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2017	MGHfC Childhood Obesity Awareness Month: Keeping a healthy Weight	Interviewee	https://app.vidscrip.com/vidscrip/59bff15495fa5e0007626646?qs=1&q=1
2017	Markets Insider: Obesity Uncovered: How Well Do North Americans Understand Their Health Insurance?	Interviewee	http://read.bi/2hcaVJR
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2017	Conscienhealth: Obesity? Come Back and See Us When You Have Diabetes	Interviewee	http://conscienhealth.org/2017/11/obesity-come-back-see-us-diabetes/
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2017	Women's Health: 6 Signs You're Headed for a Weight Loss Plateau		https://www.womenshealthmag.com/weight-loss/weight-loss-plateaus?utm_source=t.co&utm_medium=social&utm_campaign=sharebutton
2017	Women's Health: The 5 Ground Rules You Must Follow If You Want to Lose Weight	Interviewee	https://www.womenshealthmag.com/weight-loss/weight-loss-rules
2018	Expose Ireland: From Cabbage Soup to Lots of Pineapple: A Look Back at the Weirdest Fad Diets in History	Interviewee	https://www.tv3.ie/xpose/article/lifestyle/258587/From-cabbage-soup-to-lots-of-pineapple-A-look-back-at-the-weirdest-fad-diets-in-history
2018	Women's Health: People Have Been Obsessed with the Zone Diet for Years- but Does it Work?	Interviewee	https://www.womenshealthmag.com/weight-loss/zone-diet-results
2018	Boston Herald: Fitness Apps Don't Stave Off Obesity	Interviewee	http://www.bostonherald.com/news/columnists/lindsay_kalter/2018/01/kalter_fitness_apps_don_t_stave_off_obesity
2018	NBC 10 Boston: Intermittent Fasting Diets for Health	Interviewee	https://www.youtube.com/watch?v=PJSrZYdgskY
2018	NBC 10 Boston: US Presidential Exam and Weight Status	Interviewee	https://youtu.be/vziUID2rZxo https://www.nbcboston.com/news/local/Concerns-Over-President-Trumps-Health-469815603.html
2018	Bangalore Mirror News: What Trump Was Saying During the Last Government Shutdown	Interviewee	http://bangaloremirrornews.com/2018/01/what-trump-was-saying-during-the-last-government-shutdown/
2018	MGH Research Institute: Research Your Resolution: Maintain an Exercise Routine for	Interviewee	https://mghresearchinstitute.com/2018/01/26/research-your-resolution-exercise-maintenance/

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2018	MGH Hotline: Change Begins With Self	Interviewee	http://www.massgeneral.org/News/newsarticle.aspx?id=6606
2018	Self: Ashton Kutcher Went On an Extreme (and probably dangerous fast) After His Divorce	Interviewee	https://www.self.com/story/ashton-kutcher-went-on-an-extreme-and-probably-dangerous-fast-after-his-divorce
2018	Self: 6 Things That Can Cause Your Blood Sugar To Spike or Drop	Interviewee	https://www.self.com/story/blood-sugar-spike-drop
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2018	Marie Claire: A Final Consensus- Does Birth Control Really Make You Gain Weight	Interviewee	https://www.marieclaire.com/health-fitness/a18920672/does-birth-control-make-you-gain-weight/
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2018	CNN Money: The Gender Pay Gap for Women is Big—and Getting Worse	Interviewee	http://money.cnn.com/2018/03/14/news/economy/gender-pay-gap-doctors/
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2018	New Zealand Herald: More Children Should Have Weight Loss Surgery, say Harvard Scientists	Interviewee	http://www.nzherald.co.nz/lifestyle/news/article.cfm?id=6&objectid=12016224
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2018	Conscienhealth: Denying Care to Teens with Severe Obesity	Interviewee	http://conscienhealth.org/2018/03/denying-care-to-teens-with-severe-obesity/
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2018	Harvard Gazette: Expert Advice for Reducing Obesity: Take the Blame Out of It	Interviewee	https://news.harvard.edu/gazette/story/2018/03/harvard-obesity-expert-says-blame-shame-make-problem-worse/
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2018	Women's Health: This is Exactly What Happens to Fat When You Lose Weight	Interviewee	https://www.womenshealthmag.com/weight-loss/a19624314/what-happens-to-fat-when-you-lose-weight/
2018	Women's Health: Can Losing Weight Cause Your Hair to Fall Out?	Interviewee	https://www.womenshealthmag.com/weight-loss/a19979815/does-weight-loss-cause-hair-loss/

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2018	Everyday Health: Should People Considered "Skinny Fat" be Screened for Diabetes	Interviewee	https://www.everydayhealth.com/type-2-diabetes/symptoms/body-fat-not-bmi-may-better-predict-diabetes-risk/
2018	Well+Good: Another Reason to Make Sure Your Nutritious Diet Includes Plenty of Protein? Your Hair’s Health	Interviewee	https://www.wellandgood.com/good-food/eat-protein-to-prevent-hair-loss/
2018	Harvard Medical School: Annual Event Showcases Diversity in Science	Interviewee	https://hms.harvard.edu/news/annual-event-showcases-diversity-science
2018	Everyday Health: Study Says Eggs Don’t Increase Risk for People with Type 2 Diabetes	Interviewee	https://www.everydayhealth.com/type-2-diabetes/diet/study-says-eggs-dont-increase-heart-risk-people-with-type-2-diabetes/
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2018	Massachusetts Medical Society: Looking at Health Care in 2018	Interviewee	https://youtu.be/U8F3yrcyzQU
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2018	NPR: Weighed Down	Interviewee	https://whyy.org/episodes/weighed-down/
2018	Patient: Can You Blame Weight on Your Genes	Interviewee	https://patient.info/health/weight-loss-weight-reduction/features/can-you-blame-your-weight-on-your-genes
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2018 Nutrition Obesity Research Center at Harvard (NORCH) Newsletter- How the Fat Acceptance Movement Hinders Progress in Obesity Care	Author	https://gallery.mailchimp.com/1bbf8256cee9deb24ad217c08/files/74adb3f6-4576-474f-a57f-40d2a84ebf2e/NORCH_Newsletter_12_October_2018.pdf
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2019	Harvard Health Blog: Addressing Weight Bias in Medicine	Author	https://www.health.harvard.edu/blog/addressing-weight-bias-in-medicine-2019040316319
2019	Tufts Now: The Health-Care Cost of Weight Bias	Interviewee	https://now.tufts.edu/articles/health-care-cost-weight-bias
2019	ACP Internist: What Does a Doctor Look Like?	Interviewee	https://acpinternist.org/archives/2019/04/what-does-a-doctor-look-like.htm

Recognition

2000	Who’s Who in American Colleges and Universities	Who’s Who
2010	Who’s Who among Executives and Professionals in the field of research, medicine, and healthcare	Cambridge Who’s Who Registry
2011	Patient’s Choice Award Compassionate Doctor Award	Vitals.com

2011,2014-2017	Who's Who in America	Marquis Who's Who
2017-Present	Albert Nelson Marquis Lifetime Achievement Award	Marquis Who's Who
2018-Present	Who's Who in the World	Marquis Who's Who
2015	Top 40 Under 40 Healthcare Innovators	Medtech Boston
2016	Top Physician	Leading Physicians of the World
2016	Certified Sentinel of Science Award Top 10% of researchers contributing to peer review in Medicine	Publons
2017-2018	Doximity Leader/ Leadership Conference Participant	Doximity
2017	America's Top Physicians	Consumer Research Council of America

Report of Scholarship

Publications

Peer reviewed publications in print or other media

Original Research Investigations

1. Lane CG, Warren RF, **Stanford FC**, Kendoff D, Pearle AD. In vivo analysis of the pivot shift phenomenon during computer navigated ACL reconstruction. *Knee Surg Sports Traumatol Arthrosc.* 2008 May; 16 (5): 487-492. PMID: 18311485
2. **Stanford FC**, Kendoff D, Warren RF, Pearle AD. Native ACL obliquity versus ACL graft obliquity: an observational study utilizing navigated measurements. *Am J Sports Med.* 2009 Jan; 37(1):114-119. PMID: 18815237
3. Robinson J, **Stanford FC**, Kendoff D, Stüber V, Pearle AD. Replication of the range of native anterior cruciate ligament fiber length change behavior achieved by different grafts: measurement using computer-assisted navigation. *Am J Sports Med.* 2009 Jul; 37(7):1406-1411. PMID: 19369575
4. Lee DC, Sui X, Artero EG, Lee IM, Church TS, McAuley PA, **Stanford FC**, Kohl III, HW, Blair SN. Long-term effects of changes in cardiorespiratory fitness and body mass index on all-cause mortality in men: The Aerobics Center Longitudinal Study. *Circulation.* 2011; 124(23): 2483-2490. PMID: 22144631
5. **Stanford FC**, Durkin MW, Blair SN, Powell CK, Poston MB, Stallworth JR. Determining levels of physical activity in attending physicians, resident and fellow physicians, and medical students in the USA. *Br J Sports Med.* 2012; 46 (5):360-364. PMID: 22194220

6. **Stanford FC**, Durkin MW, Stallworth JR, Blair SN. Comparison of physical activity levels in physicians and medical Students to the general adult population in the US. *Phys Sportsmed.* 2013; 41 (4): 86-92. PMID: 24231600
7. Vann LH, **Stanford FC**, Durkin MW, Hanna A, Knight LM, Stallworth JR. “Moving and Losing”: a pilot study incorporating physical activity to decrease obesity in the pediatric population. *J S C Med Assoc.* 2013; 109 (4):116-120. PMID: 24908910
8. **Stanford FC**, Durkin MW, Stallworth JR, Powell CK, Poston MB, Blair SN. Factors that influence physicians' and medical students' confidence in counseling patients about physical activity. *J Prim Prev.* 2014; 35(3):193-201. PMID: 24682887
9. **Stanford FC**, Kyle TK, Claridy MD, Nadglowski JF, Apovian CM. The influence of an individual's weight perception on the acceptance of bariatric surgery. *Obesity (Silver Spring).* 2015; 23 (2): 277-281. PMID: 25546377
10. **Stanford FC**, Jones DB, Schneider BE, Blackburn GL, Apovian CM, Hess DT, Chiodi S, Robert S, Bourland AC, Wee CC. Patient race and the likelihood of undergoing bariatric surgery among patients seeking surgery. *Surg Endosc.* 2015; 29(9):2794-9. PMID: 25492453
11. **Stanford FC**, Johnson ED, Claridy MD, Earle RL, Kaplan LM. The role of obesity training in medical school and residency on bariatric surgery knowledge in primary care physicians. *Int J Family Med.* 2015; 2015:841249. doi: 10.1155/2015/841249. Epub 2015 Aug 3. PMID: 26339506
12. Thomas DM, Kyle TK, **Stanford FC**. The gap between expectations and reality of exercise-induced weight loss is associated with discouragement. *Prev Med.* 2015 Oct 20; 81:357-360. PMID:26500086
13. Kyle TK, Nadglowski JF, Claridy MD, **Stanford FC**. U.S. employee wellness programs and access to obesity treatment in employer-sponsored health insurance. *Am J Manag Care.* 2015; Nov 21 (15 Spec No): SP513-15. <http://bit.ly/1N1PyxR>
14. Misra M, Ackerman KE, Bredella MA, **Stanford FC**, Faje AT, Nordberg A, Derrico NP, Bouxsein ML. Racial differences in bone microarchitecture and estimated strength at the distal radius and distal tibia in older adolescent girls: a cross-sectional study. *J Racial Ethn Health Disparities.* 2016 Jul 7. Epub ahead of print PMID: 27387309
15. Maffazioli GD, **Stanford FC**, Campoverde Reyes KJ, Stanley TK, Singhal V, Corey KE, Pratt JS, Bredella MA, Misra M. Comparing outcomes of two types of bariatric surgery in an adolescent obese population: roux-en-y gastric bypass versus sleeve gastrectomy. *Front Pediatr.* 2016 July 26; 4:78. PMID:27508205
16. Cena H, De Giuseppe R, Biino G, Perisco F, Ciliberto A, Giovannelli A, **Stanford FC**. Evaluation of eating habits and lifestyle in patients with obesity before and after bariatric surgery: a single Italian center experience. *SpringerPlus.* 2016; 5:1467. PMID: 27652042

17. **Stanford FC**, Alfaris N, Gomez G, Ricks ET, Shukla AP, Corey KE, Pratt JS, Pomp A, Rubino F, Aronne LJ. The utility of weight loss medications after bariatric surgery for weight regain or inadequate weight loss: a multi-center study. *Surg Obes Relat Dis*. 2016 Oct 27. pii: S1550-7289(16)30774-2. PMID: 27986587
18. Wilson ER, Kyle TK, Nadglowski J, **Stanford FC**. Obesity coverage gap: consumers perceive low coverage for obesity treatments even when workplace wellness programs target BMI. *Obesity (Silver Spring)*. 2017 Feb;25(2):370-377. PMID: 28063213
19. Cena H, **Stanford FC**, Ochner L, Fonte ML, Biino G, De Guiseppe R, Taveras E, and Misra M. Association of a history of childhood-onset obesity and dieting with eating disorders. *Eating Disorders*. 2017 Jan 31:1-14. PMID: 28139175
20. Kedrin D, Gandhi SC, Wolf M, Roper J, Yilmaz O, Corey KE, Khalili H, **Stanford FC**, Gala M. Bariatric surgery prior to index screening colonoscopy is associated with a decreased risk of colorectal adenomas in obese individuals. *Clin Transl Gastroenterol*. 2017 Feb 9;8(2):e73. PMID: 28181993
21. Gomez G, **Stanford FC**. US Health Policy and Prescription Drug Coverage of FDA-Approved Medications for the Treatment of Obesity. *Int J Obes (Lond)*. 2018 Mar;42(3):495-500. doi: 10.1038/ijo.2017.287. Epub 2017 Nov 20. PMID: 29151591
22. De Giuseppe R, Braschi V, Bosoni D, Biino G, **Stanford FC**, Nappi RE, Cena H. Dietary under-reporting in women affected by Polycystic Ovary Syndrome: A Pilot Study. *Nutr Diet*. Nutr Diet. 2018 Aug 5. doi: 10.1111/1747-0080.12460. PMID: 30079594
23. Singhal V, Torre Flores LP, **Stanford FC**, Toth AT, Carmine B, Misra M, and Bredella M. Differential associations between appendicular and axial marrow adipose tissue with bone microarchitecture in adolescents and young adults with obesity. *Bone*. 2018 Aug 11;116:203-206. doi: 10.1016/j.bone.2018.08.009. PMID:30107255
24. Toth AT, Gomez G, Shukla AP, Pratt JS, Cena H, Biino G, Aronne LJ, **Stanford FC**. Weight loss medications in young adults after bariatric surgery for weight regain or inadequate weight loss: a multi-center study. *Children (Basel)*. 2018 Aug 29;5(9). pii: E116. doi: 10.3390/children5090116. PMID: 30158481
25. Griggs CL, Perez NP, Goldstone RN, Kelleher CM, Chang DC, **Stanford FC**, Pratt JS. National trends in the use of metabolic and bariatric surgery among children and adolescent with severe obesity *JAMA Pediatr*. doi: 10.1001/jamapediatrics.2018.3030. PMID: 30357351
26. **Stanford FC**, Toth AT, Shukla AP, Pratt JS, Cena H, Biino G, Aronne LJ. Weight loss medications in older adults after bariatric surgery for weight regain or inadequate weight loss: a multi-center study. *Bariatr Surg Pract Patient Care*. 2018 Dec 1;13(4):171-178. PMID:30595995
27. Campoverde Reyes KJ, Misra M, Lee H, **Stanford FC**. Weight loss surgery utilization in patients aged 14-25 with severe obesity among several healthcare institutions in the United

States. *Front. Pediatr.* 2018 Sep 19;6:251. doi: 10.3389/fped.2018.00251. eCollection 2018. PMID: 30283764

28. **Stanford FC**, Lee M, Hur C. Race, ethnicity, gender, and obesity: Is it time to personalize the scale? *Mayo Clin Proc* 2019 Feb;94(2):362-363. doi: 10.1016/j.mayocp.2018.10.014. PMID: 30711132
29. Rikard F, Torre Flores LP, Toth A, Bader A, **Stanford FC**, Lee H, Bredella MA, Misra M, Singhal V. Is it Time to Stop Counting Calories?- Comparison of Measured and Estimated Resting Energy Expenditure in Adolescents with Severe Obesity Before and One Year After Sleeve Gastrectomy. *Front. Pediatr.* 2019 Feb 19;7:37. doi: 10.3389/fped.2019.00037. eCollection 2019. PMID: 30838191
30. Singhal V, Sanchita S, Malhotra S, Bose A, Flores LPT, Valera R, **Stanford FC**, Slattery M, Rosenblum J, Goldstein MA, Schorr M, Ackerman KE, Miller KK, Klibanski A, Bredella MA, Misra M. Suboptimal bone microarchitecture in adolescent girls with obesity compared to normal-weight controls and girls with anorexia nervosa. *Bone*. 2019 Mar 7. pii: S8756-3282(19)30083-3. doi: 10.1016/j.bone.2019.03.007. PMID: 30853658
31. Yuan W, Yu K, Palmer N, **Stanford FC**, and Kohane I. Evaluation of the Association of Bariatric Surgery with Subsequent Depression. *Int J Obes (Lond)*. In press.

Case Reports

1. **Stanford FC**, Bonamo JR, Flynn MI, Sherman MF. Osteochondritis dissecans of the talus: a report of two male siblings. *J S C Med Assoc.* 2009 Sept; 105(5):182-184. PMID: 21246169
2. **Stanford FC**, Hoppin AG. Extreme childhood obesity secondary to homozygous melanocortin 4 receptor (MC4R) mutation: a case report. *J S C Med Assoc.* 2012 Oct-Dec; 108(5):124-127. PMID: 23431915
3. **Stanford FC**, Pratt JS, Meireles OR, Bredella MA. Posterior reversible encephalopathy syndrome (PRES) after bariatric surgery-potential consequence associated with rapid withdrawal of anti-hypertensive medications. *BMJ Case Rep.* 2015 Dec 23; 2015. PMID: 26698202
4. Bennett SE, Schmitt WP, **Stanford FC**, Baron JM. A 64-Year-Old Man with Progressive Leg Weakness, Recurrent Falls, and Anemia. *N Engl J Med.* 2018 Jul 19;379(3):282-289. doi: 10.1056/NEJMcp1802826. PMID: 30021092

Editorials/ Perspectives/ Viewpoints

1. **Stanford FC**. Obesity takes center stage. *AMA Journal of Ethics.* 2010 April; 12(4):256-257. <http://journalofethics.ama-assn.org/2010/04/toc-1004.html> PMID: 23148827
2. **Stanford FC**, Taveras EM. The MA school-based body mass index experiment - gleaned implementation lessons for future childhood obesity reduction efforts. *Obesity.* 2014; 22 (4):973-975. PMID: 24458805
3. Kyle TK, **Stanford FC**. Stumbling toward access to evidence-based care for the chronic disease of obesity. *Am J Manag Care.* 2015; Sep 21 (13 Spec No): SP 431,455. <http://bit.ly/1MzqyMV>

4. **Stanford FC**, Kyle TK. Why food policy and obesity policy are not synonymous- The need to establish clear obesity policy in the United States. *Int J Obes (Lond)*. 2015 Dec; 39 (12):1667-8. PMID: 26643152
5. Alfaris N, Kyle TK, Nadai J, **Stanford FC**. A new era of addiction treatment amplifies the stigma of disease and treatment for individuals with obesity. *Int J Obes (Lond)*. 2016 Jun 21. PMID: 27332868
6. Kyle TK, **Stanford FC**. Low utilization of obesity medications: what are the implications for clinical care?" *Obesity (Silver Spring)*. 2016 Sept; 24 (9):1832. PMID:27569116
7. **Stanford FC**. Obesity and breastfeeding: exploring the relationship. *Brestfeed Med*. 2016 Oct; 11:411-412. PMID:27602697
8. Butsch WS, **Stanford FC**. Caloric restriction improves health-related quality of life in healthy normal weight and overweight individuals. *Evid Based Med*. 2016 Nov 23. pii: ebmed-2016-110526. PMID: 27881466
9. Kyle TK, **Stanford FC**, Nadglowski JF. Addressing Weight Stigma and Opening Doors for a Patient-Centered Approach to Childhood Obesity. *Obesity (Silver Spring)*. 2018 Mar;26(3):457-458. doi: 10.1002/oby.22084. Epub 2017 Nov 20. PMID: 29152885
10. Voss JD, Pavela G, **Stanford FC**. Obesity as a threat to national security: the need for precision engagement. *Int J Obes (Lond)*. 2018 Mar 9. doi: 10.1038/s41366-018-0060-y. [Epub ahead of print] PMID: 29568111
11. **Stanford FC**, Kyle TK. Respectful language and respectful care for obesity. *JAMA Pediatr*. 2018 Nov 1;172(11):1001-1002. doi: 10.1001/jamapediatrics.2018.1912 PMID: 30193352

Letters to the Editor

1. **Stanford FC**, Kyle TK. Obesity education beyond nutrition education: thinking farther outside the box. *Acad Med*. 2016; 91(2): 164. PMID: 26813650
2. Kyle TK, **Stanford FC**. Body fat percentage should not be confused with lifestyle behaviors. *Mayo Clin Proc* 2016; 91(6): 820 – 821. PMID: 27261870
3. **Stanford FC**, Alfaris N, Misra M. Metformin versus placebo in obese pregnant women without diabetes mellitus. *N Engl J Med*. 2016 Jun 23; 374(25): 2501. PMID: 27332918
4. **Stanford FC**, Butsch WS. Metabolically healthy obesity and development of chronic kidney disease. *Ann Intern Med*. 2016 Nov 15; 165 (10):742-743. PMID: 27842408
5. Umoren O, **Stanford FC**. Letter to the Editor with Author's Response. *Clin Nurse Spec*. 2018 Jul/Aug;32(4):171. doi: 10.1097/NUR.0000000000000387. PMID: 29878925

6. Palad C, **Stanford FC**. Use of people-first language regarding obesity in American Journal of Clinical Nutrition. *Am J Clin Nutr*. 2018 Jul 1;108(1):201-203. doi: 10.1093/ajcn/nqy076. PMID: 29982309

Reviews

1. Maffoni S, De Giusspe R, **Stanford FC**, and Cena H. Folic acid status in women of childbearing age with obesity: a review. *Nutr Res Rev*. 2017 Jun 7:1-7. PMID: 28587698
2. Tauqeer Z, Gomez G, **Stanford FC**. Obesity in women: insights for the clinician. *J Womens Health (Larchmt)*. 2018 Apr;27(4):444-457. doi: 10.1089/jwh.2016.6196. Epub 2017 Oct 27. PMID: 29077514
3. Patel DK, **Stanford FC**. Safety and tolerability of new-generation anti-obesity medications: a narrative review. *Postgrad Med*. 2018 Mar;130(2):173-182. doi: 10.1080/00325481.2018.1435129. Epub 2018 Feb 8. Review. PMID: 29388462
4. Byrd AS, Toth AT, **Stanford FC**. Racial disparities in obesity treatment. *Curr Obes Rep*. 2018 Jun;7(2):130-138. doi: 10.1007/s13679-018-0301-3. Review. PMID: 29616469
5. **Stanford FC**, Tauqeer Z, Kyle TK. Media and its influence on obesity. *Curr Obes Rep*. 2018 Jun;7(2):186-192. doi: 10.1007/s13679-018-0304-0. Review. PMID: 29637412
6. Palad CJ, Yarlagadda S, **Stanford FC**. Weight stigma and its impact on paediatric care. *Curr Opin Endocrinol Diabetes Obes*. 2018 Dec 3. doi: 10.1097/MED.0000000000000453. PMID: 30516550

Guidelines

1. Pratt JSA, Browne A, Browne NT, Bruzoni M, Cohen M, Desai A, Inge T, Linden BC, Mattar SG, Michalsky M, Podkameni D, Reicherd KW, **Stanford FC**, Zeller MH, Zitsman J. ASMBS pediatric metabolic and bariatric surgery guidelines. *Surg Obes Relat Dis*. 2018 Jul;14(7):882-901. doi: 10.1016/j.soard.2018.03.019. PMID: 30077361
2. **Stanford FC**. Controversial issues: A practical guide to the use of weight loss medications after bariatric surgery for weight regain or inadequate weight loss. *Surg Obes Relat Dis*. 2018 Oct 30. pii: S1550-7289(18)30343-5. PMID: 30527889

Books/ Textbooks for the Medical or Scientific Community:

1. **Stanford FC**. Deja Review: Behavioral Sciences. New York: McGraw Hill, 2006. <http://www.barnesandnoble.com/w/behavioral-science-fatima-cody-stanford/1012621669>
2. **Stanford FC**, Stevens JR, Stern TA. Editors Facing Overweight and Obesity: A Complete Guide for Children and Adults. Boston: Massachusetts General Hospital Psychiatry Academy, 2018.

Non-peer reviewed scientific or medical publications/materials in print or other media

Professional educational materials or reports, in print or other media

1. **Stanford FC** NSAID results vary by race, ethnicity. *National Medical News*, the Official News Magazine of the National Medical Association. Spring 2005 Issue; page 9

2. **Stanford FC** Hepatitis C chronic in Hispanic community. *National Medical News*, the Official News Magazine of the National Medical Association. Spring 2005 Issue; page 9.
3. **Stanford FC** More trials needed to study lipids. *National Medical News*, the Official News Magazine of the National Medical Association. Spring 2005 Issue; page 9.
4. **Stanford FC** Mistrust leads to trial under representation. *National Medical News*, the Official News Magazine of the National Medical Association. Spring 2005 Issue; page 9.
5. **Stanford FC** Required musculoskeletal instruction in medical school may increase diversity in orthopaedics. *J Natl Med Assoc.* 2005; 97; 194.
6. **Stanford FC** New study offers hope in cervical cancer prevention. *J Natl Med Assoc.* 2005; 97; 194.
7. **Stanford FC** The “In” Crowd: Achieving Network Success. *J Stud Natl Med Assoc.* 2005; 11:9

Internal Medicine Topics

1. Acute low back pain. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1tzVSqd>
Updated May 20, 2014. Accessed May 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
2. Chronic low back pain. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1tbJlcH>
Updated May 7, 2014. Accessed May 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
3. Nausea and vomiting in adults. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1rIvcz6>
Updated February 11, 2014. Accessed May 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
4. Irritable Bowel Syndrome. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/ZShZMm>
Updated March 27, 2014. Accessed May 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
5. Hypercholesterolemia. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1wubDyT>
Updated August 19, 2014. Accessed August 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.

Pediatric Topics

1. Nausea and vomiting in infants and children. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1zxSgJS>
Updated August 20, 2013. Accessed May 30, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.

Obesity Medicine & Nutrition Topics

1. Diets for Weight Loss. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1tXNLpi>
Updated April 29, 2014. Accessed May 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
2. Physical activity for weight loss. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1wAAO3K>
Updated April 17, 2014. Accessed May 30, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
3. Weight loss medication for obesity in adults. In *DynaMed* [database online]. EBSCO Information Services.
Web-based educational material
<http://bit.ly/1DRyd7N>
Updated June 16, 2014. Accessed August 24, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
4. Obesity in Children and Adolescents. In *DynaMed* [database online]. EBSCO Information Services.
<http://bit.ly/1wzpqXq>
Updated March 31, 2014. Accessed September 14, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
5. Obesity in Adults. In *DynaMed* [database online]. EBSCO Information Services.
<http://bit.ly/10uAHev>
Updated October 20, 2014. Accessed October 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.
6. Bariatric Surgery. In *DynaMed* [database online]. EBSCO Information Services.
<http://bit.ly/1wzpUg2>
Updated October 20, 2014. Accessed October 26, 2014.
Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses.

Clinical Guidelines and Reports

Weight Loss Pharmacotherapy Protocol (2012-Present)

Work as member of a MGH Weight Center committee to standardize the use of weight loss medications for patients with overweight or obesity. Helped develop pilot program and determine cost/benefits of medication in certain patient groups (e.g. type 2 diabetes mellitus, psychotropic-induced weight gain).

Pediatric Program Protocol (2012-Present)

Work as member of a MGH Weight Center committee to standardize the care of pediatric patients with overweight or obesity. Helped determine appropriate clinical contact with physicians, psychologist, and dietitians, length of program, and supporting clinical activities

Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings

Stanford FC, Bertrand S, Gunderson T, Pellett J, Wenger KH. Remodeling of transplanted fascia in developmental joint reconstruction.

(2005, April) 46th Annual National Student Research Forum, Galveston, TX- Best Orthopaedic Poster

(2005, March) 21st Annual Wilbert C. Jordan Research Competition of the Student National Medical Association, St. Louis, MO- Best Clinical Research

(2005, February) 31st Annual Eastern Atlantic Student Research Forum, Miami, FL- Best Overall Clinical Research

Stanford FC, Durkin MW, Poston MB, Powell CK, Stallworth JR and Blair SN. Determining Levels of Physical Activity in Attending Physicians, Resident and Fellow Physicians, and Medical Students in the United States.

(2010, November) 8th Annual AMA MSS & RFS Research Symposium, San Diego, CA- Best Health Policy Poster

(2010, October) Annual SC ACP Associates Research Competition, Hilton Head, SC- Best Clinical Research Poster

Gomez G, Alfaris N, and **Stanford FC**. Obesity Management for Inadequate Weight Loss and Weight Regain Following Bariatric Surgery – Weight Loss Medications are a Solution

(2016, March) MassGeneral Hospital for Children 8th Annual Research Day- Boston, MA

Campoverde Reyes KJ, Maffazioli GD, Stanley TL, Singhal V, **Stanford FC**, Corey KE, Pratt JS, Bredella MA, Misra M. Comparing Outcomes of Two Types of Bariatric Surgery in an Adolescent Population with Obesity: Roux-en-Y Gastric Bypass versus Sleeve Gastrectomy

(2016, March) MassGeneral Hospital for Children 8th Annual Research Day- Boston, MA

Kyle TK, Nadglowski JF, and **Stanford FC**. The Obesity Coverage Gap: Health Insurance Often Excludes Obesity Treatments, Even When Workplace Wellness Programs Target BMI

(2016, November) The Obesity Society Annual Meeting- Obesity Week 2016, New Orleans, LA

Kyle TK, Thomas DM, Watts K, Redelfs A, Nadglowski JF, Dhurandhar E, **Stanford FC**, Puhl RM, and Whigham LD. Indications of Cultural Differences in Weight Bias in the Paso del Norte Region (PdN) of the US-Mexico Border

(2016, November) The Obesity Society Annual Meeting- Obesity Week 2016, New Orleans, LA

Stanford FC, Singhal V, Bos SA, Woolley R, Toth AT, Misra M, Bredella MA. Body composition predictors of trabecular and cortical microarchitecture in adolescents with morbid obesity

(2016, November) Radiological Society of North America- 102nd Scientific Assembly and Annual Meeting, Chicago, IL

Singhal V, **Stanford FC**, Toth AT, Baskaran C, Misra M, Bredella MA. Impact of Marrow Adiposity on Trabecular Microarchitecture and Strength Estimates in Adolescents with Morbid Obesity

(2017, April) Endo 2017- 99th Annual Meeting, Orlando, FL

Singhal V, **Stanford FC**, Toth AT, Baskaran C, Misra M, Bredella MA. Quantity and Quality of Axial and Appendicular Marrow Adipose Tissue in Adolescents and Young Adults with Severe Obesity

(2017, September) International Meeting of Pediatric Endocrinology- 10th Annual Meeting, Washington, DC

Kyle TK, Salas XR, Nadglowski JF, and **Stanford FC**. Most People in Canada and the U.S. Report that Health Plans Will Not Cover Evidence-Based Obesity Care

(2017, November) The Obesity Society Annual Meeting- Obesity Week 2017, Washington, DC

Campoverde Reyes KJ, **Stanford FC**. Weight Loss Surgery Utilization In Patients Aged 14-25 With Severe Obesity Among Several Healthcare Institutions In The United States

(2018, March) Endo 2018- 100th Annual Meeting, Chicago, IL- Selected for Annual Research Summaries Book (RSB) for its newsworthy nature

(2018, March) MassGeneral Hospital for Children 10th Annual Research Day- Boston, MA

Singhal V, Toth AT, **Stanford FC**, Cooper KM, Boepple P, Hutter MM, Carmine B, Bredella M, and Misra M. Associations of Regional Fat Depots with Bone Mineral Density, Microarchitecture and Strength Estimates in Adolescents with Obesity

(2018, March) MassGeneral Hospital for Children 10th Annual Research Day- Boston, MA

(2018, May) Pediatric Academic Societies- Toronto, Canada

Singhal V, Cooper KM, Free JM, Toth AT, Mancuso CJ, Izquierdo AM, **Stanford FC**, Bredella M, Eddy KT, Lawson, EA, Misra M. Can BMI explain most of the Trait Anxiety Symptoms Reported in Adolescent and Young Adult Girls with Severe Obesity

(2018, March) MassGeneral Hospital for Children 10th Annual Research Day- Boston, MA

(2018, May) Pediatric Academic Societies- Toronto, Canada

Singhal V, **Stanford FC**, Toth AT, Baskaran C, Misra M, Bredella MA. Impact of Marrow Adiposity on

Trabecular microarchitecture and Strength Estimates in adolescents with severe obesity
(2018, March) Endo 2018- 100th Annual Meeting, Chicago, IL
(2018, March) MassGeneral Hospital for Children 10th Annual Research Day-
Boston, MA
(2018, May) Pediatric Academic Societies- Toronto, Canada

Singhal V, Campoverde KJ, Baskaran C, **Stanford FC**, Toth AT, Bredella MA, Misra M. Marrow Adiposity and its Correlation with Bone Mineral Density in Adolescents and Young Adults with Severe Obesity
(2018, March) Endo 2018- 100th Annual Meeting, Chicago, IL
(2018, March) MassGeneral Hospital for Children 10th Annual Research Day- Boston, MA

Singhal V, Campoverde KJ, Bredella M, Misra M, **Stanford FC**. Short and Long Term Outcome Comparison of Weight Loss Surgery in Adolescents and Adults
(2019, April) Pediatric Academic Societies- Baltimore, MD

Baskaran C, Torre Flores L, Singhal V, **Stanford FC**, Eddy KT, Bredella M, Misra M. Depression and anxiety symptoms in young females across the weight spectrum and changes in mood symptomatology following bariatric surgery
(2019, April) Pediatric Academic Societies- Baltimore, MD

Narrative Report

Introduction

I am an obesity medicine physician scientist who specializes in the care of adults, adolescents, and children with overweight and obesity. After completing my fellowship in obesity medicine & nutrition at MGH and HMS and a Zuckerman fellowship as a mid-career Master of Public Administration student at the Harvard Kennedy School of Government in 2015, I joined the faculty where I provide clinical care, supervise trainees, administer a clinic, and conduct research on obesity, health policy, and health disparities to enhance our knowledge and quality of patient care.

Area of Excellence: Clinical Expertise and Innovation

My clinical interests and expertise revolve around the practice of obesity medicine and nutrition. Since 2007, I have been actively involved in clinical work, providing treatment of patients with obesity; I receive referrals from colleagues locally, regionally, nationally, and internationally.

In the MGH Weight Center, we evaluate and treat thousands of patients each year; and it serves as a core training experience for several HMS medical students, residents, and fellows each year. I have helped to develop a standardized approach for the use of weight loss pharmacotherapy for adults and have assisted with the development of our pediatric treatment program. I have utilized weight loss medication after bariatric surgery, and I am helping to disseminate information on its use for weight regain and subclinical weight loss. I receive invitations to speak on the topic of obesity at local, regional, national, and international meetings. I serve as a peer reviewer for several medical journals on the topic of obesity, nutrition, physical activity, public health, health disparities, and health policy.

Teaching

I have been actively involved in teaching and supervision of medical students and residents since I began as a fellow at MGH/HMS. In addition, I lecture regularly in the HMS course in Health Policy in the first year and Nutrition in the second year. I received a Certificate for Excellence in Tutoring in the HMS Health Policy New Pathway course, and I was a 2016 nominee for the HMS Donald O'Hara Faculty Prize for Excellence in Teaching (Years I & II).

Supporting Activity: Investigation

I have been conducting clinical research on bone metabolism in adolescents who undergo bariatric surgery, and I have received funding from the NIH NIDDK Diversity Supplement and the MGH Physician Scientist Development Award. I have papers that have recently been accepted or are under review which: 1) evaluate the efficacy of weight loss medications as an adjunct to weight loss surgery, 2) delineate the metabolic changes associated with adolescents who undergo weight loss surgery, and 3) evaluate obesity treatment coverage in the United States.

Supporting Activity: Education of Patients and Service to the Community

I write for, and am featured in, national news broadcasts, magazines, newspapers, and websites on issues related to obesity, and I speak to lay populations to educate them about this disease. I present information related to obesity through the media, including television and podcasts. I educate and mentor pre-professional students in biomedical science. I am the 2017 recipient of the HMS Diversity Award and Massachusetts Medical Society (MMS) Women's Health Award. In 2019, I was selected as recipient of the MMS Suffolk District Community Clinician of the Year and Reducing Health Disparities Award.

Supporting Activity: Administration and Institutional Service

I have been active in organized medicine, and I have been elected or appointed to leadership positions in the World Medical Association, the American Medical Association (AMA), the American College of Physicians (ACP), the American Academy of Pediatrics (AAP), and The Obesity Society (TOS). I am a current at-large delegate to the Minority Affairs Section (MAS) of the AMA, advocacy co-chair for TOS, vice chair for the MMS Young Physicians Section, and academic delegate to ACP.