

Virtual Classrooms: How Online College Courses Affect Student Success

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Online college courses are a rapidly expanding feature of higher education, yet little research identifies their effects relative to traditional in-person classes. Using an instrumental variables approach, we find that taking a course online, instead of in-person, reduces student success and progress in college. Grades are lower both for the course taken online and in future courses. Students are less likely to remain enrolled at the university. These estimates are local average treatment effects for students with access to both online and in-person options; for other students online classes may be the only option for accessing college-level courses.

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Online college courses are a rapidly growing feature of higher education. One out of three students now takes at least one course online during their college career, and that share has increased threefold over the past decade (Allen and Seaman

2013). The promise of cost savings, partly through economies of scale, fuels ongoing investments in online education by both public and private institutions (Deming et al. 2015). Non-selective and for-profit institutions, in particular, have aggressively used online courses.

In this paper we estimate the effects of taking a college course online, instead of in a traditional in-person classroom setting, on student achievement and progress in college. We examine both mean effects and how online courses change the distribution of student outcomes. While online course-taking is both prevalent and growing, there remains relatively little evidence about how taking a course online, instead of in-person, affects student success in college. Evidence on this question from the for-profit sector is particularly scarce.

Our empirical setting has three advantageous features: the substantial scale of a large for-profit college, an intuitive counterfactual for each online course, and an instrument which combines two plausibly-exogenous sources of variation in whether students take a course online. The combination of these three features—and the resulting contributions to identification and generalizability—has not been possible in prior work.

We study students at one large for-profit university with an undergraduate enrollment of more than 100,000 students, 80 percent of whom are seeking a bachelor's degree. The university's average student takes two-thirds of her courses online. The remaining one-third of courses meet in conventional in-person classes held at one of the university's 102 physical campuses. The data for this paper cover more than four years of operations, including over 230,000 students enrolled in 168,000 sections of more than 750 different courses.¹

¹ This paragraph describes the university during the period we study—2009 to 2013. In recent years student enrollment has declined substantially, and many physical campuses have closed.

The university's approach to online education creates an intuitive counterfactual. Each course is offered both online and in-person, and each student enrolls in either an online section or an in-person section. Online and in-person sections are identical in most ways: both follow the same syllabus and use the same textbook; class sizes are approximately the same; both use the same assignments, quizzes, tests, and grading rubrics. The contrast between online and in-person sections is primarily the mode of communication. In online sections, all interaction—lecturing, class discussion, group projects—occurs in online discussion boards, and much of the professor's "lecturing" role is replaced with standardized videos. In online sections, participation is often asynchronous while in-person sections meet on campus at scheduled times. In short, the university's online classes attempt to replicate its traditional in-person classes, except that student-student and student-professor interactions are virtual and asynchronous.

The contrast between online and in-person classes at the university we study is, we think, consistent with intuitive definitions of "online" and "in-person" classes. We use these two labels throughout the paper as shorthand for this specific approach. Many other quite-different approaches to education are also commonly called "online education" or "online classes" (McPherson and Bacow 2015 provide a review), for example, massively open online courses (MOOCs). Our shorthand "online" should not read as broadly representative of all online education. However, the form of online education used by the university we study is widely used in both the public and private sector.

To estimate the effects of taking a course online, instead of in-person, we use an instrumental variables approach. Our strategy makes use of two key influences on students' course-taking behavior: (i) changes from term to term in which courses are offered in-person at each student's local campus, and (ii) the distance each student must travel to attend an in-person course at that local campus. Either of the two might be used as an instrument on its own. Distance has in fact often been used

in studies of education, but with reservations (Card 2001, Xu and Jaggars 2013). Instead of using either alone, our instrument is the interaction of these two variables.² With the *interaction* serving as the excluded instrument, we control for the *main effects* of both variables in the first and second stages, following a strategy first proposed by Card (1995).³

A causal interpretation of our estimates still involves an exclusion restriction, but that assumption is more plausible than it would be if we used either distance or course offerings alone as the instrument. For example, if we used distance alone as the instrument, the exclusion restriction would require that student distance from campus can only affect course grades by changing the probability that students take a course online instead of in-person. Distance from campus is a function of student choices about where to live (and university choices about campus locations) and thus may be related to unobservable characteristics. By contrast, as we explain below, the interaction design exclusion restriction permits “other mechanisms” and only requires that (a) any other mechanism through which student distance from campus affects course grades is constant across terms with and without an in-person class option; and (b) any other mechanism causing grades to differ between terms with and without an in-person class option affects students homogeneously with respect to their distance from campus.

Our estimates provide evidence that online courses do less to promote student academic success and progression than do in-person courses. Taking a course online reduces student achievement, as measured by grades, in that course by about one-third of a standard deviation. Taking a course online also reduces student grades in future courses by one-eighth of a standard deviation, and reduces the

² The interaction of (i) an indicator = 1 if student i 's home campus b offered course c on campus in a traditional in-person class setting during term t , and (ii) the distance between student i 's residence and her home campus b . Results using either (i) or (ii) as the instrument are similar and available from the authors upon request.

³ We further limit variation to within-course, with-home-campus, and within-major; control flexibly for secular trends; and control for prior achievement and other student observables.

probability of remaining enrolled a year later by over ten percentage points (over a base of 69 percent). Additionally, we find that student achievement outcomes are more variable in online classes, driven in part by a greater negative effect of online course-taking on students with lower prior GPA. While the data and setting we study allow us to say, with some confidence, that taking a class online has negative effects on student success, we cannot address empirically how these negative effects arise. The data and setting do not lend themselves to a comprehensive study of the underlying mechanisms.

Our research contributes to two strands of literature. First, it provides substantial new evidence of the impact of online college classes— in particular, the impact for students in broad-access higher education institutions. Several prior studies randomly assign students to an online or in-person section of one course and find negative effects on student test scores (Figlio, Rush, and Yin 2013, Alpert, Couch, and Harmon 2014, Joyce et al. 2015) or, at best, null results (Bowen et al. 2014).⁴ These studies are well-identified but each examines only a single course in economics or statistics, and their focus is on college students at relatively-selective public four-year colleges. We examine more than 700 courses, and students at a non-selective for-profit college, a population of particular interest for policy. At such colleges, online courses have grown most rapidly and are central to the institutions' teaching strategy. Several other quasi-experimental studies examine two-year community colleges and students taking a broad set of courses; the estimated effects of online course-taking are again negative.⁵ Xu and Jagers (2013, 2014) and Streich (2014b) use instrumental variables designs: distance from home to campus and availability of seats in in-person classes, respectively. A research design using

⁴ Using non-experimental methods, Brown and Liedholm (2002) and Coates et al. (2004) also find negative effects studying microeconomics principles courses.

⁵ For comparison, one in three for-profit students takes all of her courses online, compared to one in ten community college students (McPherson and Bacow 2015).

either of these two instruments, on its own, requires relatively strong identifying assumptions for making causal claims. Our design substantially weakens identifying assumptions by combining two instruments.⁶

Second, our paper adds to the new and growing literature on private for-profit colleges and universities. Research on for-profit institutions—the university we study and its peers—is increasingly important to a complete understanding of American higher education. The for-profit share of college enrollment and degrees is large: nearly 2.4 million undergraduate students (full-time equivalent) enrolled at for-profit institutions during the 2011-12 academic year, and the sector granted approximately 18 percent of all associate degrees. For-profit colleges serve many non-traditional college students, who are often the focus of policy. Deming, Goldin, and Katz (2012) provide an overview of the for-profit sector.

Our study is the first, of which we are aware, to estimate the effects of online courses among students at large for-profit colleges and universities. Our estimates complement a growing literature on labor market outcomes for for-profit college students. Deming et al. (2016) report that graduates from mostly-online for-profit colleges are less likely to receive a callback for a job interview compared to observably similarly graduates from non-selective public colleges. For example, job applicants with a business degree were 22 percent less likely to be called back. Using a similar resume-audit design, Darolia et al. (2015) find for-profit graduates are no more likely to get a callback than are applicants without a college degree. These differences in hiring may or may not translate into differences in earnings (Turner 2012, Lang and Weinstein 2013, Cellini and Chaudhary 2014, Cellini and

⁶ Additionally, Hart, Friedmann, and Hill (forthcoming), makes a case for causal identification by focusing on within-course and within-student variation in whether a course is taken online or in-person. Streich (2014a) finds some evidence of positive effects on employment, though in years when the student is likely still enrolled in college. Finally, the widely-cited conclusion of a US Department of Education (2009) meta-analysis is that outcomes in online courses are better than traditional in-person courses; that meta-analysis, however, includes a wide variety of “online” courses. When the analysis is limited to studies of semester-length, fully-online courses there is no difference in outcomes (Jaggers and Bailey 2010).

Turner 2016), but for-profit graduates would need substantially greater earnings than students from other institutions in order to offset the higher costs of attending a for-profit school (Cellini 2012). Poorer labor market outcomes for for-profit students may be in part because employers have learned what this study finds econometrically: students taking online courses have poorer academic achievement on average. However, a for-profit degree likely creates or signals other potential differences beyond a history of online course-taking, not the least of which is the differential selection of students with different abilities into the for-profit sector.

I. Setting and Data

We study undergraduate, degree-seeking students taking courses at one large for-profit university. While the institution began primarily as a technical school, today 80 percent of the university's undergraduate students are seeking a bachelor's degree, and most students major in business management, technology, health, or some combination. Each course at the university is offered through both online classes and traditional in-person classes, though the availability of in-person classes varies over time and from campus to campus. For the average course, two-thirds of undergraduate classes occur online, and the other third occur at one of over 100 physical campuses throughout the United States. Students at the university we study are older and more often African-American or Latino(a) than students at public and non-profit colleges, though the university's students are quite similar to students at other for-profit institutions (Appendix Table 1).

The university provided us with data linking students to their courses for all online and in-person sections of all undergraduate courses from Spring 2009 through Fall 2013. These data include information on over 230,000 students in more than 168,000 sections of 750 different courses. About one-third of the students in our data took courses both online and in-person. Table 1 describes the

sample. Just under half of the students are female and average approximately 31 years of age, though there is substantial variability in age. Students in online courses are more likely to be female (55 percent vs. 35 percent) and older (33 years vs. 28 years).⁷

[Insert Table 1 Approximately Here]

The focus of this paper is on the level and distribution of student outcomes. Ideally, we would like to know how much students learn in each course they take (whether online or in-person), but we have no direct measure of learning. Instead we examine the several different observed outcomes which are imperfect correlates of learning, most notably grades in the current course and future courses. There are reasons to be cautious about over-interpreting course grades. In many higher education institutions, course grades are subject to professor discretion, and professors may exercise that discretion differently in online and in-person classes. That discretion is a consideration in this paper, but university's grading process permits less discretion than the typical selective college or university. For each course, professors are asked to follow a common rubric for evaluating individual assignments and assigning grades. In many cases quizzes and tests are standardized across sections, whether online or in-person. Additionally, alongside course grades both for the target course and in future courses, we present results for persistence—a consequential outcome for students seeking a degree and one not influenced by professor subjectivity.

As shown in Table 1, the average grade was 2.8 (approximately B-), on the traditional zero (F) to four (A) scale. Grades vary substantially: the standard deviation is 1.3 (more than a full letter grade). Over 88 percent of students were

⁷ The observations are student-by-course-by-term. Of those observations 7.6 percent are students retaking a course they previously took. Our effect estimates are robust to focusing only on first try enrollments by excluding repeater observations.

still enrolled at the university in the following semester or had completed their degree. The average student GPA in that following semester was 2.8. Over 69 percent were enrolled one year later or had completed their degree. These outcome means are consistently higher in the in-person classes than in the online setting. The differences could result from systematically different students enrolling in in-person classes. In the next section we discuss our strategies for overcoming the selection bias.

II. Instrumental Variables Strategy

Our objective is to estimate the effect of taking a course online, instead of in a traditional in-person classroom, on student success in the course, success in future courses, and persistence in college. The decision to take a course in an online section or traditional section is likely endogenous—driven by unobservable information that could also influence each student’s chances of success in the online versus traditional options. Our identification strategy is to use only variation in online versus in-person course-taking that arises because of two key influences on students’ course-taking: (i) changes from term to term in which courses are offered in-person at each student’s local campus, and (ii) the distance each student must travel to attend an in-person course at that local campus. Our instrument is the interaction of these two influences.

Our first student outcome is the grade, y_{ict} , received by student i in course c during term t . Each professor assigns traditional A-F letter grades, which we convert to the standard 0-4 point equivalents.⁸ To estimate δ —the mean difference in course grades between students in online and traditional in-person classes—we first specify the following statistical model:

⁸ An A is 4 points, A- is 3.7, B+ is 3.3, B is 3, etc.

$$(1) y_{ict} = \delta Online_{ict} + \mathbf{y}_{(i,\tau < t)}\alpha + \mathbf{X}_{it}\beta + \pi_c + \phi_t + \psi_{b(it)} + \rho_{p(it)} + \varepsilon_{ict},$$

where the indicator variable $Online_{ict} = 1$ if the course was taken online, and $= 0$ if it was taken in-person. Specification 1 includes several additional controls. First, we control for student i 's prior grades, $\mathbf{y}_{(i,\tau < t)}$, in all terms prior to term t . The vector $\mathbf{y}_{(i,\tau < t)}$ includes two primary variables: (i) student i 's prior grade point average (GPA) in all courses taken online, and separately (ii) her GPA in all courses taken in-person.⁹ We also include observable student characteristics, \mathbf{X}_{it} (gender and age); course fixed effects, π_c , for each of the 750 courses; major fixed effects, $\rho_{p(it)}$, for each of the 22 different degree programs; and a non-parametric time trend, ϕ_t , over the 27 terms in our data (spanning 4.5 years at 8 weeks per term). Finally, Specification 1 includes fixed effects for student i 's "home campus" represented by $\psi_{b(it)}$. During the period of time we study, the university operated 102 local campuses throughout the United States. We assign each student to one home campus, b , based on the physical distance between the student's home address and the local campus addresses, selecting as "home" the campus with the minimum distance.¹⁰ Throughout the paper standard errors allow for clustering within campuses b .

In response to selection bias concerns, we propose an instrumental variables strategy in which we instrument for $Online_{ict}$ in Specification 1 with the *interaction* of two variables: (i) $Offered_{b(i)ct}$, an indicator $= 1$ if student i 's home campus b offered course c on campus in an in-person class setting during term t ,

⁹ Each GPA is simply the weighted mean of prior course grades, where the weights are course credits. Because not all students have taken both online and in-person courses, $\mathbf{y}_{i,\tau < t}$ also includes indicators for having previously taken any courses online, and any courses in-person. When online (in-person) GPA is missing we set it equal to the mean online (in-person) GPA.

¹⁰ This distance is the straight-line distance. In addition to excluding students with missing address data, we exclude all students with international addresses and students whose addresses are not within the continental United States. The resulting sample contains 78 percent of the universe of undergraduate students at the university over the time frame.

and (ii) $Distance_{it}$, the distance in miles between student i 's residence and her home campus b . With the *interaction* serving as the excluded instrument, we include *main effects* for $Offered_{b(i)ct}$ and $Distance_{it}$ in both the first and second stage. Card (1995) first proposed this interaction-instrument strategy. We use the same specification and interaction instrument strategy to estimate δ for other student outcomes, including the grades a student receives in subsequent classes and student persistence at the university.¹¹

Using this interaction instrument requires weaker identifying assumptions than would using either $Offered_{b(i)ct}$ or $Distance_{it}$ alone. Consider the relationship between an instrument and the outcome measure; in other words, the instrument's coefficient in the reduced-form equation. The exclusion restriction requires that this relationship be caused by only one mechanism: in our setting, the instrument induced some students to take a class online, instead of in-person, and the online class hurt (improved) their academic outcomes. If we were to use $Distance_{it}$ alone as the instrument, that reduced-form slope would capture any effect of the online class mechanism, but also reflect the effects of other plausible mechanisms. For example, higher achieving students may choose to live nearer to campus, or the university may locate campuses based on students' potential outcomes.¹² By contrast, in the interaction instrument design, the reduced-form coefficient only measures how the slope, between distance and grade, changes when students are offered an in-person class option. The main effect of distance (included in both the first and second stages) nets out any "other plausible mechanisms" which are

¹¹ The university's academic calendar divides the year into six terms, with two consecutive terms equivalent to a semester in a more traditional calendar. We define "enrollment the next semester" as enrollment during either term $t + 1$ or $t + 2$ or both, and "enrollment one year later" as enrollment during either term $t + 5$ or $t + 6$ or both.

¹² The university may not be consciously or intentionally correlating location and potential outcomes. The university may, for example, primarily locate campuses in suburbs where students' prior educational inputs are likely greater, on average, than in urban and rural areas. This example would still violate the exclusion restriction.

constant across terms with and without an in-person option. Parallel reasoning can be constructed for the $Offered_{b(i)ct}$ component of the instrument.

Thus we can state the exclusion restriction for the interaction instrument as follows: With one exception stated below, (a) any mechanism through which students' distance from campus affects course grades (persistence) is constant across terms with and without an in-person class option; and (b) any mechanism causing grades (persistence) to differ between terms with and without an in-person class option affects students homogeneously with respect to their distance from campus. The one important exception is that in terms when students have a choice between an online and in-person class, the distance a student lives from campus may affect the probability of choosing to take the class online, instead of in-person, and that taking the course online could harm (improve) the student's academic outcomes.

What would violate this exclusion restriction? For one example, students might change their residence from term to term in response to in-person class offerings. We show below that student moves are relatively rare and unrelated to student observables, and our estimates are robust to excluding movers. There are essentially no campus openings, closures, or moves in our data. For another example, the university might decide when to offer in-person classes based on students' potential outcomes, but to violate the exclusion restriction the decision rule would need to give systematic differential weight based on student distance from campus. We discuss what we know about university's decision-making process on in-person offerings in the next section.

We show some limited empirical evidence consistent with these assumptions in Appendix Table 2. That table reports a series of covariate tests where we estimate Specification 1 replacing the outcome variable with one student characteristic moved from the right hand side: gender, age, prior GPA in online and in-person courses. We also examine other pre-treatment measures: the number of prior

courses online and in-person, whether the student moved in the prior term, whether the student is repeating the course, and how many terms since the student's last course. In all cases the "effect" of taking a course online on these pre-treatment outcomes is not statistically different from zero.¹³

Even if the exclusion restriction holds, our estimates could be biased by a weak instrument. A strong first stage is plausible. Assume the availability of an in-person class does reduce the probability of taking the course online; that effect should be heterogeneous with the reducing effect becoming weaker the further away from campus a student lives. We see this pattern empirically in the first-stage results presented in Table 2: availability of an in-person class reduces the probability of taking the course online by 22 percentage points for a student living next to the campus, but that reduction is smaller the further away from campus the student lives, about a 1.4 percentage point reduction for every 10 miles.

[Insert Table 2 Approximately Here]

The interaction instrument has distinct advantages over using either $Offered_{b(i)ct}$ or $Distance_{it}$ alone as an instrument, but the interaction nevertheless uses the underlying variation in $Offered_{b(i)ct}$ and $Distance_{it}$. In the next two subsections we describe what gives rise to that variation.

A. Courses Offered In-person

Whether an in-person class option at the local campus is available to a student taking a particular course varies meaningfully. By contrast, an online class option is available every term for almost all courses. The university divides its academic year into six eight-week terms. The typical course is, on average, offered in-person

¹³ Appendix Table 2 also shows these tests omitting all right hand side control variables and fixed effects. In those tests two of nine covariates show statistically significant differences: female and repeating course.

one out of every four terms at the typical campus (conditional on the campus ever offering the course in-person). The interquartile range is one out of thirteen terms to one out of three terms. About half of the total variation in in-person offerings is within course and campus—variation between academic terms within course-by-campus cells.¹⁴ In our analysis we limit identifying variation to this within-course and within-campus variation. The remainder of this section focuses on that residual variation and its causes.

Decisions about offering in-person classes are left largely to administrators at each local campus, especially decisions from term to term for a given course.¹⁵ The empirical data suggest that those decisions are not driven by current or past student demand. First, variation in in-person offerings is not explained, notably, by prior enrollment in the course at the campus. Enrollment in in-person sections during the prior year (six terms) explains just 0.1-0.6 percent of the variation.¹⁶ Total enrollment—combining in-person and online enrollments for students assigned to the campus—explains similarly little of the variation. Moreover, the variation is not explained by the observable *characteristics* of students who enrolled in the course in prior terms, characteristics like GPA and whether they had taken an in-person course previously. Second, while more difficult to test, in-person offering decisions do not appear to be a function of demand in the current term t . Our partial test relies on a (supposed) university norm that in-person classes should be cancelled if fewer than five students enroll. If in-person offering decisions do respond to current demand we should see no classes with fewer than five students, or at least a discontinuous jump in the density of classes at five students. Empirically, there are

¹⁴ Consider observations on whether or not an in-person section is offered for course c at campus b in term t . Empirically, 25 percent of that variation is between courses, and an additional 21 percent is between campuses conditional on course. The remaining variation, 54 percent, is within course and campus over time.

¹⁵ This has changed since our study period ended in 2013. Beginning in 2014 the university administration began taking steps to centralize scheduling decisions (Personal correspondence in April 2016).

¹⁶ The range covers a specification with a single regressor for the sum of enrollment in the prior year, and a specification with six regressors one for enrollment in each of six lagged terms.

many in-person classes with one to four students, and no evidence of a discontinuity at five students (or any other possible cutoff rule). Appendix Figure 1 provides a histogram.

If not student demand, then what does explain the variation? First, the largest predictor we have identified is a form of seasonality. Nearly 25 percent of the variation in in-person offerings is explained by one pattern: often campuses offer in-person classes for a given course only every other term (e.g., in the 1st, 3rd, and 5th terms each year, or the 2nd, 4th, and 6th). This pattern suggests local campuses stick to established historical patterns. Second, anecdotally, university administrators report that the availability of a professor interested in teaching the course also often determines in-person offerings.

To summarize, the data provide evidence that demand explanations are not first-order explanations for the variation in in-person offerings from term to term. The lack of empirical correlation with student demand and student characteristics is evidence consistent with conditional independence of in-person offering decisions and student potential outcomes. Variation is more readily predicted by seasonal and historical patterns, though there remains unexplained variation.

Two final remarks about the variation in in-person offerings: The first regards a potential exclusion restriction violation. If in-person class offerings are predictable, for example because of the seasonality described above, then campus b 's offer of an in-person class for course c in term t may well influence student i 's behavior in other courses, $d \neq c$, during terms, $\tau < t$, which precede term t . For example, a student might choose to take a pre-requisite course d online in term $t - 1$ so that she can then take course c in-person in term t , even though she might have preferred to take course d in-person if time permitted. As we report in the results of this paper, taking course d online in term $t - 1$ may well negatively affect her outcomes in course c during term t . The problem, in short, is that $Offered_{b(i)ct}$ is effectively

assigned not in term t but in some prior term $\tau < t$. This threat to identification, like others, is partly addressed by the interaction instrument design. We also examine this threat specifically and empirically, as best we can, alongside other robustness checks after presenting the main estimates.

The second remark is that the variation in in-person offerings creates a missing data problem, which raises a potential bias in our estimates. Consider the “never takers” in this setting: students who are unwilling take course c online in term t . These “never takers” would prefer to take course c during term t , but will only do so if there is an in-person class at their home campus b . Thus the “never takers” will be observed in our data only when $Offered_{b(i)ct} = 1$, and missing from the data when $Offered_{b(i)ct} = 0$. (By contrast, “always takers” and “compliers” are never missing from our data because courses are always offered online.) We describe the bias in detail in Appendix B. Two features of the bias are notable: First, the bias is, perhaps intuitively, proportional to the proportion of “never takers”. This fact suggests one empirical test of the bias that we present in the section on robustness checks. Second, as a result of the bias, our estimates will likely understate the negative effects of taking a course online if the following assumption holds: if the missing “never takers” had been able to enroll in an in-person class as they desired, they would have higher grades in the course (persistence after the course) than the observed students, on average. While not directly observable, we think this assumption is plausible given the negative effects of online courses (reported here and in other papers), and the revealed preference for in-person courses among the missing “never takers”. In Appendix B we also estimate the potential magnitude of this missing-data bias. The critical inputs are estimates of the proportion of missing “never takers” and the differences in outcomes. Our bias-correct estimates of the effect on course grades range from -0.37 to -0.51, well within the confidence interval of our main estimate -0.44.

B. Distance Between Student Residences and Physical Campuses

The distance between student i 's residence and the university's nearest physical campus b (which we call her "home campus") varies substantially. The median student lives 10 miles from the nearest campus, and the interquartile range is 5 to 28 miles. Ten percent of students live more than 100 miles from a campus making in-person course-taking quite unlikely. Appendix Figure 2 gives the complete CDF of $Distance_{it}$.

This distance is a function both of student i 's choices about where to live and the university's choices about where to locate campuses. Both parties' choices may, relevant to identification, be influenced by potential outcomes. Indeed, there may be more scope for endogeneity in this setting than in other investigations using distance instruments: the university we study faces fewer constraints in changing campus locations compared to other colleges and universities, and college students generally may face fewer constraints to changing residences than other students. Our empirical strategy addresses, in large part, this concern by controlling explicitly for $Distance_{it}$. Nevertheless, our interaction instrument still makes use of the variation in $Distance_{it}$, and so we describe here what we know about the causes of that variation.

Students' movements to live closer to (further from) a campus *while they are enrolled* are not related to their prior academics or other observable characteristics. One in eight students changed residences during the period of our data. In half of moves (49 percent) students moved closer to a campus. There is no correlation between the distance moved and observables: GPA in online (in-person) classes, whether a student has taken online (in-person) classes, gender, and age all have correlations less than 0.03 in magnitude. Student moves may, nevertheless, be endogenous in unobservable ways; in the section on robustness tests, we show our main results are unchanged if we fix student locations at their first residence in the

data. However, we cannot say anything about students residence choices *before they enrolled*—choices which may have been based on the expectation of enrolling or influenced the probability of enrolling at the specific university we study.

The university's primary stated criteria when making campus decisions—opening, closing, and locations—are financial performance and local market competition.¹⁷ These criteria suggest student demand may inform opening and closing decisions. Prior evidence from Cellini (2009) shows for-profit campus decisions do respond to demand. Empirically, however, this is not the case during the period of our data. Of the 102 campuses in our data, 10 opened during our study period. In Appendix Figure 3 we show average enrollment trends before and after a campus opening. We examine the enrollment of students near the new campus—students who will be assigned the new campus as their home campus because it is the closest campus—thus we observe enrollment before and after the actual opening. There is no trend up or down in enrollment of nearby students leading up to an opening, but enrollment does grow after an opening. The latter growth is true for enrollment in both in-person classes and online classes. The university may have opened these locations because they predicted potential enrollment, but the openings do not appear driven by prior demand trends. Additionally, during the period we study, the university closed just one campus despite widely declining enrollments.¹⁸

One final observation about the variation in distance before continuing the discussion of our instrumental variables strategy more generally: The relationship between distance from one's local campus and the probability of taking a class in-person may well be non-linear over the support in our data. Later in the robustness

¹⁷ Personal correspondence in April 2016.

¹⁸ This may surprise readers who have followed the for-profit-college market more recently. The university we study and its competitors have closed many more campuses in recent years (see, for example, Inside Higher Ed, May 7, 2015). As of this writing, the university we study now lists just 55 campus locations. Falling enrollment, and its implications for profitability, may well have driven the closing of tens of campuses in 2014 and 2015.

section we show that the pattern of results is robust in two tests: specifying distance as a higher-order polynomial in our regression, and limiting estimation to students within a given distance of a campus (10, 20, ..., 90 miles).

III. Results

A. Effects on Student Grades and Persistence

Taking a course online, instead of in-person, reduces student success and progress in college. Table 3 reports local average treatment effect (LATE) estimates using the interaction instrument strategy described in the previous section. (Ordinary least squares estimates of Specification 1 are similar and are shown in Appendix Table 3.) The estimated effect of taking a course online is a 0.44 grade point drop in course grade, approximately a 0.33 standard deviation decline. Put differently, students taking the course in-person earned roughly a B- grade (2.8) on average while their peers in online classes earned a C (2.4). Additionally, taking a course online reduces a student's GPA the following term by 0.15 points.

[Insert Table 3 Approximately Here]

The negative effect of online course-taking occurs across the distribution of course grades. Taking a course online reduces the probability of earning an A or higher by 12.2 percentage points, a B or higher by 13.5 points, a C or higher by 10.1 points, and a D or higher (passing the course) by 8.5 points (results presented in Appendix Table 4). We cannot reject the null hypothesis that these point estimates are equal, but, if anything, the negative effects may be smaller for students on the margin of passing or failing.¹⁹

¹⁹ In our data 98.2 percent of students receive a "full letter" grade of A, B, C, D, or F. Professors use "+" or "-" in less than 2 percent of cases.

Grades are certainly an imperfect measure of what students actually learn in a course, and so we are cautious about over-interpreting the effects on grades. Nevertheless, these results likely do provide some signal about learning. Assume, reasonably we believe, that what students learn in one class affects their performance in future classes. If grades partly reflect actual learning, we should expect a poorer grade in one course to result in poorer grades in future courses, which is exactly what we see empirically. Moreover, the negative effect should be larger if the future course explicitly builds on knowledge gains in the first course. We test this prediction in two ways. First, we restrict the outcome measure to next term GPA for courses in the same subject area as the treated course. The point estimate is, as predicted, larger at -0.42 (standard error 0.068). Similarly, second, we restrict the outcome measure to GPA in future courses for which the treated course is a pre-requisite. Again the point estimate is larger -0.32 (standard error 0.148).²⁰ By contrast, if the negative estimate for course grade only reflected differences in grading standards between online and in-person, not differences in learning, then we would not have expected this pattern of differences in future courses. Finally, however, even if grades do not reflect learning, grades do affect students' progress towards earning a degree.

Returning to Table 3, the estimates in Columns 3 and 4 provide evidence that taking a course online, instead of in-person, increases the probability that the student will drop out of school. In the semester after taking an online course, students are about 9 percentage points less likely to remain enrolled. On average 88 percent of the university's students remain enrolled.²¹ One year later, the reduction

²⁰ Both effects are estimated just as the effect in Table 3 Column 2, except with the respective restrictions of future courses that contribute to the outcome GPA measure. For the "same subject" estimate, subject is defined by course codes. For the "pre-requisites" estimate, course A is a pre-requisite to course B if 85 percent or more of students took course A before taking course B. The sample sizes are much smaller for these estimates—835,913 for "same subject" and 156,275 for "pre-requisites"—which partly reflects selection into future courses. As a result we use the results for GPA in all future courses as our main outcome.

²¹ If a student graduates we set the outcome variable to 1 counting them as "enrolled" in this analysis.

in enrollment has not grown or shrunk appreciably. This estimate suggests effects of online classes on persistence occur quickly, largely affecting decisions to reenroll the next semester. While our setting is quite different, it is useful to compare other estimates of effects on college persistence. For example, the literature on financial aid often finds that \$1000 in financial aid increases persistence rates by about three percentage points (Bettinger 2004) and college mentorship increases persistence rates by five percentage points (Bettinger and Baker 2013). Additionally, as reported in Appendix Table 4, taking a course online also negatively affects the intensive margin of future enrollment; online students who do reenroll take fewer credits in future semesters.

B. Robustness Checks

In this section we present several robustness tests to address identification and bias questions raised in previous sections. First, the relationship between distance from one's local campus and the probability of taking a course in-person may well be non-linear over the support in our data. To test the sensitivity of our results to such non-linearities, we re-estimate our models replacing the linear specification of distance with a quadratic in distance (Table 4 Panel A) and a cubic (Panel B). The resulting estimates are very similar to the main linear specification in Table 3. In a second test we limit the estimation sample to students who live within a given distance of campus and estimate our main linear-in-distance specification. In Appendix Figure 4 we show estimates for students within 10 miles of campus, within 20 miles, and all increments of 10 up to 90 miles. For students living nearer a campus, the effects of taking an online course remain negative, though the point estimates are somewhat smaller and we lose precision. We cannot reject the null hypothesis that the estimates at different distance restrictions are equal.

Next we address the possibility that our instrument could affect student choices and behavior in other courses, $d \neq c$, during terms, $\tau < t$, which precede term t . As described in greater detail earlier, this mechanism could lead to a potential exclusion restriction violation. We offer two related robustness checks. First, assume our instrument affects current outcomes partly by affecting academic experiences in prior terms. In that case, we would expect a correlation between our instrument and prior GPA, and thus omitting the prior GPA controls from our regression would add bias to our estimates. In Table 4 Panel C we show that omitting prior GPA controls does not change our results. Second, Panel D shows the estimates are also robust when we limit the sample to only students in their first term at the university. For new students there is much less scope for the instrument to affect prior academic choices and experiences.²²

[Insert Table 4 Approximately Here]

The third concern to address is the potential bias arising because of missing observations on “never takers”, as we described in detail earlier. One important characteristic of this missing data bias, as shown in the Appendix B, is that the bias is proportional to the proportion of students who are “never takers.” Thus the bias should be reduced if we exclude “never takers” from the estimation sample. We cannot directly observe students who would be “never takers” for course c at campus b in term t , but we have a plausible predictor for such students. In Table 4 Panel E, we report results where the estimation sample excludes students who have never taken an online course in a previous term. The results remain negative and statistically significant for all outcomes. The estimated negative effects on current

²² There is some scope, of course. New students may have chosen when to start based on their distance from campus or the expected availability of specific in-person courses.

and future grades are larger, which is consistent with the prediction that the missing data result in bias that understates the negative impacts of taking a course online.

The remainder of Table 4 reports two additional results demonstrating the robustness of our main results. Panel F reports estimates where, for each student, $Distance_i$ is held constant over time at the distance measured using the student's first observed residence. The results suggest our main results are not driven by students' endogenous residence changes, at least endogenous changes after they matriculate at the university. Panel G reports estimates where we further restrict variation by replacing course, campus, and term fixed effects with fixed effects for course-by-campus, course-by-term, and campus-by-term. The results are quite similar to our main estimates.

Finally, we address the potential attrition bias in the estimated effects for future grades. The differential attrition is implicit in our results for "Enrolled next semester". We do not have a direct test for attrition bias in our main results. However, in Table 5 we examine future grades with an alternative outcome measure not subject to attrition. In Column 1, for example, the dependent variable is $= 1$ if the student achieved an A- or higher, on average, in the next semester. The outcome is $= 0$ for students who failed to achieve at least an A-, either because they enrolled in courses but their grades fell short or because they did not enroll at all. The other columns show results for outcomes defined by B- and C- grade thresholds. The estimated effect of taking a course online is negative and significant at each of these points in the distribution of future grades.

[Insert Table 5 Approximately Here]

C. Treatment Effect Heterogeneity

Next we examine whether the effects of taking a course online are heterogeneous by prior academic preparation, student major, and other characteristics. We find,

first, that the negative effects of taking a course online are largest for students with relatively low prior GPAs, and the negative effects shrink as prior GPA rises. Figure 1 shows the effect of taking a course online for each decile of prior GPA. For students with below median prior GPA, the online classes reduce grades by 0.5 points or more. For students with prior GPA in the top three deciles the effect is not statistically different from zero. While Figure 1 shows relatively non-parametric estimates, the relationship between prior GPA and treatment effects is quite linear. Thus, we estimate a linear specification where the treatment indicator $Online_{ict}$ is interacted with GPA in all prior courses.²³ For students with the average prior GPA (about 3.03 points), taking a course online reduces current grade by 0.36 points. The coefficient on the interaction between online and prior GPA is positive and significant (0.54). In the interest of space, these linear results and other estimates of heterogeneity are shown in Appendix Table 5.

[Insert Figure 1 Approximately Here]

Differences in effects by major are less strong than differences by prior GPA. The negative effects of online courses are somewhat larger in health-related majors than in business- or computer-related majors. Business- and technology-related majors comprise the majority of students, and thus the estimated effects for these students are quite similar to the overall average effects.

We further explore potential heterogeneity by comparing treatment effects in different types of courses. For students taking required courses (about half of the sample), the effects on student grades are somewhat larger and the effects on persistence are somewhat smaller, though the general pattern matches the overall

²³ This specification has two endogenous treatment variables: $Online_{ict}$ and the interaction of $Online_{ict}$ and prior GPA. We instrument for these two variables with two instruments: our main instrument ($Offered_{b(i)ct} * Distance_{it}$) and the interaction of our main instrument and prior GPA. Additionally, we center GPA at the sample mean to aid interpretation.

results shown in Table 3. We also estimate the effects of taking a course online separately in introductory/intermediate courses and advanced courses. At both course levels, the negative effect on current course grade holds. Other effects may differ by level: effects on future course grades appear larger for students taking advanced courses, but effects on persistence appear larger for introductory or intermediate courses.

IV. Conclusion

This study is the first of which we are aware to provide evidence on the mean effects of at-scale online courses and on the distributional consequences of online courses at non-selective 4-year colleges. In addition, this study uses an instrumental variables strategy for addressing selection that arguably relies on weaker identifying assumptions than do prior studies estimating the effects of online course-taking in broad-access settings. Finally, our setting provides a clean counterfactual in which the only difference between online and in-person courses is the medium of instructional delivery. All other aspects—professor assignment, class size, syllabus, textbooks—are identical across online and in-person courses.

Our analyses provide evidence that students in online courses perform substantially worse than students in traditional in-person courses, and these findings are robust to a number of potential threats. We also find differentially larger negative effects of online course-taking for students with lower prior GPA. The results are in line with prior studies of online education in showing that in-person courses yield better mean outcomes than online courses (Figlio, Rush, and Yin 2013, Xu and Jagers 2013, Alpert, Couch, and Harmon 2014, Streich 2014b, Joyce et al. 2015, Hart, Friedmann, and Hill forthcoming). Our results also suggest one reason why, as other studies have found, for-profit students may have poorer

labor market outcomes (Turner 2012, Lang and Weinstein 2013, Cellini and Chaudhary 2014, Darolia et al. 2015, Deming et al. 2016).

While the setting and data we study have advantages for estimating treatment effects, we do not have opportunities to study the underlying mechanisms empirically. Several plausible mechanisms could lead to poorer (improved) outcomes for students in online classes. Online courses substantially change the nature of interactions between students, their peers, and their professors. First, in online courses students can participate at any hour of the day from any place. That flexibility could allow students to better allocate time and effort, but could also be a challenge for students who have not learned to manage their own time. Chevalier, Dolton, and Luhrmann (2016), studying incentives and student effort, find evidence consistent with this hypothesis. Second, online courses change the constraints and expectations on academic interactions. Professors and students do not interact face-to-face; they interact only by asynchronous written communication. Thus students likely feel less oversight from their professors and less pressure to respond to professors' questions. In the standard principal-agent problem, effort by the agent (student) falls as it becomes less observable to the principal (professor) (Jensen and Meckling 1976). Third, the role of the professor is quite different. Online classes standardize inputs, which traditionally vary between professors. For example, lectures are replaced with videos. Between-professor variation in student outcomes may shrink or may widen depending on how professors choose to use the time saved by no lecturing.

While we find that online courses lead to poorer student outcomes, we cannot provide a full welfare analysis. First, a complete welfare analysis would incorporate information about costs. Students, or the university, may rationally accept the losses in student achievement and persistence we estimate in exchange for lower costs. The first order costs are not different. Students pay the same tuition rate online and in-person, and buy the same materials. The university pays professors the same

amount whether they teach online or in-person. Other costs are likely lower for online education, though not necessarily. Online students save on transportation costs and benefit from the flexibility of asynchronous classes, though students do need a reliable computer and internet access. The university saves on physical facilities costs, but must maintain the online infrastructure. There may also be differences in other less-observable benefits and costs. For examples, the utility of convenience, or that teaching online makes professors' performance *more* observable to their supervisors.

Finally, and key to a complete welfare analysis, the existence of an online course option might have enabled a large group of students to take college courses who otherwise would not have done so. Our estimates are local average treatment effects—the effect for students whose decision to take a course online, instead of in-person, is determined entirely by the (lack of) availability of an in-person class at their home campus, and the distance they live from that home campus. These effects are, for example, not necessarily applicable to students who live so far away from a campus that they would not plausibly ever take an in-person course. Thus, we cannot estimate the extent of this expansion in college course access in our setting. Our estimates are, nevertheless, a critical input to a more complete welfare analysis. Overall, the results—lower student performance and greater student variation—while not necessarily surprising, provide evidence that online courses are not yet as effective as in-person courses. This current state, however, is not a necessary end state.

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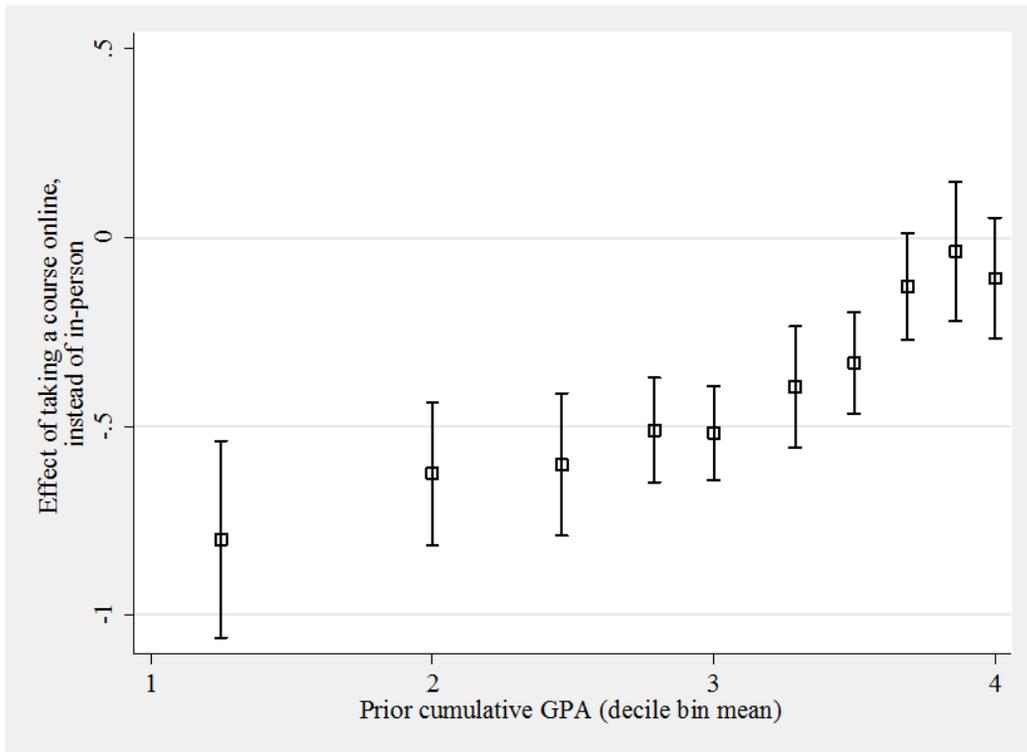


FIGURE 1. EFFECT OF TAKING A COURSE ONLINE, INSTEAD OF IN-PERSON, FOR EACH DECILE OF PRIOR GPA

Notes: Each point is the local average treatment effect for a given decile of the prior GPA distribution. All ten estimates come from a single two-stage least squares regression. The dependent variable is course grade. The specification includes ten endogenous treatment variables, each is an indicator = 1 if both (i) the student took the course online and (ii) the student's prior GPA is in a given decile. The ten excluded instruments are the interaction between (a) an indicator variable = 1 if the course was offered in-person at the student's home campus (defined as the nearest campus), (b) the distance in miles from the student's home address to her home campus, and (c) an indicator for each decile of the prior GPA distribution. All specifications include the main effects of (a), (b), and (c). All specifications also include controls for gender, age, and separate fixed effects for course, term, home campus, and major. The bars show 95 percent confidence intervals which allow for clustering within campuses.

TABLE 1—STUDENT CHARACTERISTICS AND OUTCOMES

	All (1)	Online (2)	In-person (3)
Took course online	0.591	1	0
Observations			
Student-by-course-by-term	2,323,023	1,373,521	949,502
Students	230,484	184,799	118,041
Courses	750	559	653
Course sections	168,223	63,443	104,780
Student characteristics			
Female	0.467	0.545	0.354
Age	31.107 (9.504)	32.986 (9.366)	28.390 (9.036)
Prior GPA	3.027 (0.866)	3.057 (0.873)	2.983 (0.853)
Student outcomes			
Grade in the course (0-4)	2.821 (1.329)	2.798 (1.357)	2.856 (1.285)
GPA next semester	2.784 (1.159)	2.822 (1.179)	2.732 (1.128)
Enrolled next semester	0.882	0.874	0.893
Credits attempted next semester	9.764 (4.657)	9.126 (4.555)	10.652 (4.651)
Enrolled semester one year later	0.686	0.681	0.693
Credits attempted semester one year later	7.737 (5.642)	6.899 (5.392)	8.906 (5.774)

Notes: Authors' calculations. Means (standard deviations) for undergraduate course enrollments from May 2009 to November 2013.

TABLE 2—FIRST STAGE

	Second-stage dependent variable		
	Course grade	GPA next semester	Enrolled next semester or one year later
	(1)	(2)	(3)
Excluded instrument			
Offered * distance	0.014 (0.001)	0.014 (0.001)	0.013 (0.001)
<i>F</i> -statistic	100.07	99.1	96.84
Additional controls			
Offered in-person at home campus	-0.220 (0.015)	-0.223 (0.016)	-0.210 (0.015)
Distance to home campus (10s of miles)	-0.001 (0.001)	-0.001 (0.001)	-0.001 (0.001)
Female	0.040 (0.001)	0.041 (0.001)	0.040 (0.001)
Age	0.002 (0.000)	0.002 (0.000)	0.002 (0.000)
Prior GPA, online courses	0.017 (0.001)	0.018 (0.001)	0.013 (0.001)
Prior GPA, in-person courses	0.006 (0.002)	0.004 (0.001)	0.003 (0.001)
Observations	2,323,023	2,106,090	2,360,645

Notes: Each column reports the first stage coefficients from a separate two-stage least squares regression. The dependent variable in the first stage is an indicator = 1 if the student took the course online. Different second stage outcome variables have different samples, and thus the different first stage results. All specifications also include separate fixed effects for course, term, home campus, and major. When a prior GPA variable is missing we set the value to the sample mean and include an indicator = 1 in all cases where the variable is missing. The estimation sample is limited to students who have address information. Standard errors allow for clustering within campuses.

TABLE 3—EFFECT OF TAKING A COURSE ONLINE, INSTEAD OF IN-PERSON, ON STUDENT ACHIEVEMENT AND PERSISTENCE (LOCAL AVERAGE TREATMENT EFFECT)

	Dependent variable			
	Course grade (A=4...F=0)	GPA next semester	Enrolled next semester	Enrolled one year later
	(1)	(2)	(3)	(4)
Took course online	-0.440 (0.049)	-0.151 (0.058)	-0.093 (0.014)	-0.105 (0.017)
<i>F</i> -statistic for excluded instrument	100.07	99.10	96.84	96.84
Sample mean (st. dev.) for dep. var.	2.821 (1.329)	2.784 (1.159)	0.882	0.686
Observations	2,323,023	2,106,090	2,360,645	2,360,645

Notes: The first row of each column reports the estimated local average treatment effect from a separate two-stage least squares regression. The second row reports the *F*-statistic for the excluded instruments from the first stage, and the third row shows the sample mean (standard deviation) of the dependent variable. Dependent variables are described in the column headers. The specification includes one endogenous treatment variable, an indicator = 1 if the student took the course online. The excluded instrument is the interaction between (a) an indicator variable = 1 if the course was offered in-person at the student's home campus (defined as the nearest campus) and (b) the distance in miles from the student's home address to her home campus. All specifications include the main effects of (a) and (b). All specifications also include controls for prior GPA, gender, age, and separate fixed effects for course, term, home campus, and major. Standard errors allow for clustering within campuses.

TABLE 4—ROBUSTNESS CHECKS

	Dependent variable			
	Course grade (A=4...F=0)	GPA next semester	Enrolled next semester	Enrolled one year later
	(1)	(2)	(3)	(4)
Panel A. Quadratic function for distance				
Took course online	-0.455 (0.048)	-0.135 (0.055)	-0.092 (0.014)	-0.105 (0.017)
Observations	2,323,023	2,106,090	2,360,645	2,360,645
Panel B. Cubic function for distance				
Took course online	-0.452 (0.046)	-0.170 (0.049)	-0.091 (0.013)	-0.106 (0.016)
Observations	2,323,023	2,106,090	2,360,645	2,360,645
Panel C. Omit all prior GPA controls				
Took course online	-0.382 (0.066)	-0.120 (0.077)	-0.089 (0.015)	-0.097 (0.020)
Observations	2,323,023	2,106,090	2,360,645	2,360,645
Panel D. Only new students				
Took course online	-0.372 (0.103)	-0.234 (0.112)	-0.144 (0.025)	-0.207 (0.032)
Observations	270,917	239,181	289,151	289,151
Panel E. Only students who have previously taken an online course				
Took course online	-0.590 (0.050)	-0.276 (0.066)	-0.087 (0.021)	-0.123 (0.023)
Observations	1,446,162	1,299,656	1,421,103	1,421,103
Panel F. Constant distance and home campus for a student				
Took course online	-0.434 (0.049)	-0.139 (0.057)	-0.091 (0.013)	-0.100 (0.018)
Observations	2,323,023	2,106,090	2,360,645	2,360,645
Panel G. Alternative set of fixed effects				
Took course online	-0.430 (0.046)	-0.138 (0.061)	-0.072 (0.012)	-0.069 (0.018)
Observations	2,323,023	2,106,090	2,360,645	2,360,645

Notes: Each column, within panels, reports estimates from a separate two-stage least squares regression. The estimation procedure is described in the note for Table 3, however, each panel makes one change to that procedure. In Panels A and B we change the specified functional form of distance. In Panels D and E the estimation sample is restricted as described in the panel labels. In Panel C the prior GPA controls are omitted. In Panel F each student's distance measure and home campus are held constant over time at the distance and campus first observed in our data. In Panel G the fixed effects for campus, course, and term are replaced with campus-by-course, course-by-term, and campus-by-term fixed effects. Standard errors allow for clustering within campuses.

TABLE 5—ALTERNATIVE MEASURES OF FUTURE GRADES

	Dependent variable: GPA next semester is...		
	A- or higher	B- or higher	C- or higher
	(1)	(2)	(3)
Took course online	-0.045 (0.011)	-0.062 (0.019)	-0.077 (0.021)
Observations	2,323,023	2,323,023	2,323,023

Notes: Each column reports estimates from a separate two-stage least squares regression. . The estimation procedure is as described in the note for Table 3; only the dependent variables are different. In Column 1 the dependent variable is an indicator =1 if the student achieved a grade of A or higher, on average, in the next semester, and =0 in all other cases including students who did not enroll in courses. Dependent variables for Columns 2 and 3 are constructed similarly. Standard errors allow for clustering within campuses.