TREATMENT REGARDLESS OF STATUS

Recovery Resources

Immigrants are more likely to be uninsured than people born in the U.S. People who prefer receiving healthcare in a language other than English often have fewer options for behavioral health (BH) and substance use disorder (SUD) treatment in their own language. This resource is an effort to improve access to treatment and recovery for immigrants, the uninsured, and limited-English-speakers in Greater Boston.

PROGRAMS

<u>Andrew House</u>

<u>Arbour Hospital</u> & <u>Counseling</u>

Dimock Detox

Gavin House (CSS in Quincy)

High Point (Plymouth)

Spectrum (Westborough)

SSTAR (Fall River)

PASSages/Thayer TSS (Worcester)

Northeast BH (BI/LH BS)

OTHER SERVICES

AA in Spanish

NA recovery info in Spanish

SMART Recovery Meetings

Support Line in Spanish (MA)

Mindfulness tools in Spanish (CHA)

CDC Overdose Prevention in Spanish

NARCAN

Instructions in Spanish
(NY State Dept of Health)
More Instructions in Spanish
(SF AIDS Foundation)

MEDICATIONS

How to use methadone safely

(in Spanish, SAMHSA)

Information about buprenorphine

(in Spanish, SAMHSA)

Information about naltrexone

(in Spanish, SAMHSA)

PROGRAMS IN SPANISH

Casa Esperanza
Casa Primavera
Concilio Hispano
Conexiones (CSS in Tewksbury)
Entre Familia
Hector Reyes House (Worcester)

MENTAL HEALTH

Multicultural Mental Health Resource

<u>Directory</u> (Dept. Mental Health, MA)

<u>Trauma Informed Principles through</u>

<u>a Culturally Specific Lens</u> (National

Latino Network)

PRIMARY CARE

Federally Qualified Health Centers (FQHCs) provide comprehensive primary care regardless of insurance, immigration status, language, or ability to pay. Many offer medications and behavioral health services.

All can prescribe and dispense Narcan. Find a health center in MA

Questions? Contact ymejia@bhchp.org or msullivan@bhchp.org