

Incidence, risk factors, and prevention of hepatitis C reinfection: a population-based cohort study

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Disclaimer

All inferences, opinions, and conclusions drawn in this publication are those of the author(s), and do not necessarily reflect the opinions or policies of the [British Columbia] Ministry of Health.

Potential conflict of interest

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ABSTRACT:**Background**

People remain at risk of reinfection with hepatitis C virus (HCV), even after clearance of the primary infection. We identified factors associated with HCV reinfection risk in a large population-based cohort study in British Columbia, Canada, and examined the association of opioid substitution therapy and mental health counselling with reinfection.

Methods

We obtained data from the British Columbia Hepatitis Testers Cohort, which includes all individuals tested for HCV or HIV at the British Columbia Centre for Disease Control Public Health Laboratory during 1990–2013 (when data were available). We defined cases of HCV reinfection as individuals with a positive HCV PCR test after either spontaneous clearance (two consecutive negative HCV PCR tests spaced ≥ 28 days apart without treatment) or a sustained virological response (SVR; two consecutive negative HCV PCR tests spaced ≥ 28 days apart 12 weeks after completing interferon-based treatment). We calculated incidence rates of HCV reinfection (per 100 person-years of follow-up) and corresponding 95% CIs assuming a Poisson distribution, and used a multivariable Cox proportional hazards model to examine reinfection risk factors (age, birth cohort, sex, year of HCV diagnosis, HCV clearance type, HIV co-infection, number of mental health counselling visits, levels of material and social deprivation, and alcohol and injection drug use), and the association of opioid substitution therapy and mental health counselling with HCV reinfection among people who inject drugs (PWID).

Findings

5915 individuals with HCV were included in this study after clearance (3690 after spontaneous clearance and 2225 after SVR). 452 (8%) patients developed reinfection; 402 (11%) after spontaneous clearance and 50 (2%) who had achieved SVR. Individuals were followed up for a median of 5.4 years (IQR 2.9–8.7), and the median time to reinfection was 3.0 years (1.5–5.4). The overall incidence rate of reinfection was 1.27 (95% CI 1.15–1.39) per 100 person-years of follow-up over a total of 35 672 person-years, with significantly higher rates in the spontaneous clearance group (1.59, 1.44–1.76) than in the SVR group (0.48, 0.36–0.63). With the adjusted Cox proportional hazards model, we noted higher reinfection risks in the spontaneous clearance group (adjusted hazard ratio [HR] 2.71, 95% CI 2.00–3.68), individuals co-infected with HIV (2.25, 1.78–2.85), and PWID (1.53, 1.21–1.92) than with other reinfection risk factors. Among the 1604 PWID with a current history of injection drug use, opioid substitution therapy was significantly associated with a lower risk of reinfection (adjusted HR 0.73, 95% CI 0.54–0.98), as was engagement with mental health counselling services (0.71, 0.54–0.92).

Interpretation

The incidence of HCV reinfection was higher among HIV co-infected individuals, those who spontaneously cleared HCV infection, and PWID. HCV treatment complemented with opioid

substitution therapy and mental health counselling could reduce HCV reinfection risk among PWID. These findings support policies of post-clearance follow-up of PWID, and provision of harm-reduction services to minimise HCV reinfection and transmission.

INTRODUCTION

Infection with Hepatitis C virus (HCV) is a major global public health problem.^[1] In developed countries, the principal mode of HCV transmission is injection drug use (IDU).^[2, 3] New direct-acting antivirals (DAA) are well-tolerated with higher cure rates ($\geq 95\%$) and the introduction of these new treatments for HCV is expected to reduce morbidity and mortality. While majority of HCV cases will lead to chronicity, about a quarter clear the virus spontaneously.^[4, 5] However, because neither spontaneous nor treatment-induced clearance of the virus confers immunity, reinfection remains a concern.^[4, 6-9] The high cost of direct-acting antivirals poses concomitant concerns regarding potential reinfection risks, and these concerns have fuelled debates regarding approaches to scaling-up treatment access^[10, 11] especially amongst high-risk groups (e.g., people who inject drugs [PWID]).^[12-15]

Most studies assessing HCV reinfection rates were conducted in cohorts of such high-risk populations.^[8, 16-30] Data from studies of HCV reinfection following spontaneous clearance ^[7, 18, 22, 25-31] or treatment-induced clearance (i.e., sustained virological response [SVR]) ^[8, 16-23, 32] show a wide range of reinfection estimates. These studies also only had a few reinfected cases limiting the ability of the investigators to assess the factors associated reinfection risks. Thus, the validity of the inferences drawn from these studies may be prone to greater uncertainties. Furthermore, factors increasing or reducing the risk of reinfection need to be assessed, to inform strategies to scale-up treatment for people with a potentially high risk of reinfection. Co-occurring risk factors such as injection drug use and mental illness are associated with increased risk of HCV infection, and thus addressing these conditions are paramount to reducing HCV reinfection risk.^[33-35] In this study, we estimated the reinfection rate and assessed the association of intervention options including the role of opioid substitution therapy and mental health counselling with HCV reinfection risk among PWID. We hypothesised that engagement with these services would reduce HCV reinfection risk.

METHODS

Study Cohort

In this study, we estimated the reinfection rate and assessed the association of intervention options including the role of opioid substitution therapy and mental health counselling with HCV reinfection risk among PWID. We hypothesised that engagement with these services would reduce HCV reinfection risk ([Supplementary Table 1](#)). BCCDC-PHL is the centralised laboratory for most serology tests (95%), and all confirmatory tests in the province including HCV RNA (PCR) and genotype testing, and thus provides a unique tool to monitor and assess the association of HCV treatment and harm-reduction initiatives with clearance and reinfection. Details of the BC-HTC, including linkage, characteristics, and matching, have been reported previously.^[36, 37]

Our analysis included all HCV-positive individuals who cleared their primary HCV infection spontaneously or achieved SVR after HCV treatment and who had at least one valid HCV PCR after spontaneous clearance or SVR. The laboratory results on HCV PCR were available until Dec 31, 2013. Therefore, to allow sufficient follow-up time to observe reinfections, we restricted the date of HCV spontaneous clearance up to Dec 31, 2012, and the treatment completion date up to July 16, 2012. The last date of follow-up was the date of reinfection for those who developed reinfection, and the last negative PCR on or before Dec 31, 2013, for those who did not develop reinfection. After applying these criteria, the enrolment period was Nov 07, 1992, to Dec 31, 2013.

Data linkage to establish the BC-HTC was done under the BCCDC's public health mandate. This study was reviewed and approved by the Behavioral Research Ethics Board at the University of British Columbia (H14-01649).

Case Definitions

We used the definition of an HCV case as an individual who tested positive for either HCV antibody, had a valid HCV PCR result, or was reported as a case of HCV to public health.[36]

Spontaneous clearance was defined as two consecutive negative HCV-PCR tests, at least 28 days apart,[31] following HCV diagnosis without treatment. In the primary analysis, the date of spontaneous clearance was calculated as the midpoint between the last positive and first negative PCR after HCV diagnosis.[31] The first negative PCR date was used in a sensitivity analysis.

SVR was defined as two consecutive negative HCV-PCR tests, at least 28 days apart, 12 weeks after completion of interferon-based treatment.[38] For this analysis, data were available only for interferon-based treatments. In the primary analysis, the date of SVR was calculated as the midpoint between the treatment completion date and the date of the first negative PCR to assess SVR at 12 weeks after treatment (SVR12). The first negative PCR date was used in the sensitivity analysis.

Reinfection was defined as a positive HCV PCR after clearance (spontaneous or SVR). In the primary analysis, the date of reinfection was calculated as the midpoint between the last negative and first positive PCR after clearance.[31] The first positive PCR date after clearance was used in the sensitivity analysis.

We looked at the following factors and their association with risk of HCV reinfection: type of HCV clearance, age, birth cohort, sex, year of HCV diagnosis, HIV coinfection, the number of mental health counselling visits, use of opioid substitution therapy, injection drug use, problematic alcohol use, and levels of material and social deprivation.

HIV diagnosis was based on HIV lab tests as per provincial guidelines, recorded in the provincial HIV/ AIDS reporting system, or two medical visits or an admission to hospital with HIV-related diagnostic codes as described elsewhere.[36] The date of HIV diagnosis was the earliest date a person was diagnosed as having HIV. Mental health counselling, injection drug use, opioid substitution therapy, and problematic alcohol use were defined based on ICD diagnostic or procedure codes, or fee item codes from a medical-services plan (medical visits) or discharge abstract database (hospitalizations) or prescription database, as applicable (Supplementary Table 2). Assessment of opioid substitution therapy is based on the record of dispensed prescriptions in the centralised prescription database, PharmaNet, which records all prescriptions dispensed in the province. For the main analysis, mental health counseling was defined as any mental health counseling visit during the follow-up time. In the sensitivity analysis, it was defined as the number of visits per year during the follow-up to explore whether the level of engagement with healthcare services is associated with a reduction in reinfection risk. Material and social deprivation was based on Québec Index of Material and Social Deprivation.[39] We classified patients with missing information on material and social deprivation as unknown.

Statistical analysis

We assessed the profile of the overall cohort and by clearance status. We calculated incidence rates of HCV reinfection per 100 person-years of follow-up and corresponding 95% CIs, assuming a Poisson distribution. We explored bivariate relationships with Cox proportional hazards models, and calculated the unadjusted hazard ratios (HRs) with 95% CIs. Variables based on a priori hypotheses, and those significant at 0.10 in the univariate analysis were included in the multivariable models, and we calculated adjusted HRs with 95% CIs. Birth cohort, sex, and year of HCV diagnosis were included in all the models irrespective of their statistical significance in the univariate analysis; birth cohort and sex were added because they are established risk factors of HCV, and the year of HCV diagnosis was used to adjust for varying testing patterns over time. We also assessed variables in the final multivariable model of additional Cox proportional hazards models fitted separately in the spontaneous clearance and the SVR groups. Finally, the effects of mental health counselling and opioid substitution therapy were assessed in people with a history of injection drug use during the follow-up by fitting another Cox proportional hazards model. Since people can be on and off this type of therapy (defined as not taking opioid substitution therapy for more than 7 consecutive days), this variable was used as a time-varying covariate. We used HIV as a time-varying covariate in all the analyses. To assess the robustness of using midpoints as the date of HCV transitions, as used in the primary analysis, we also used the earliest date of transition in the sensitivity analysis. In observational studies, people who receive interventions are usually different from those who do not, which introduces treatment-indication bias or confounding by indication. To correct for treatment-indication bias, we applied inverse-probability-of-treatment weighting (IPTW). We computed propensity scores of receiving mental health counselling or opioid substitution therapy (at each time-point) using logistic regression. Propensity scores were used to construct the IPTW

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which were applied to the intervention (IPTW=1/ propensity score) and no-intervention (IPTW=1/[1 minus propensity score]) groups.[40, 41] We used IPTW-weighted Cox proportional hazards models to estimate the association of opioid substitution therapy and mental health counselling with reinfection risk among PWID. All the tests were two-sided at a significance level of 0.05. We did all analyses with SAS/STAT software version 9.4.

Role of the funding source

The funders of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. The corresponding author had full access to all the data in the study and had final responsibility for the decision to submit for publication.

RESULTS

After exclusion (14 excluded because they had two consecutive negative PCR tests, but the gap between the two tests was <28 days), we noted 5915 cases with at least one valid HCV PCR following primary clearance (3690 cases of spontaneous clearance, and 2225 cases of SVR), who were included in this analysis (Figure 1). These cases were followed up for a median of 5.4 years (IQR 2.9–8.7), and the median time to reinfection was 3.0 years (1.5–5.4). Individuals included in this study had a median of nine HCV PCR tests (IQR 6–12) with a median testing interval of 7.4 months (IQR 2.8–18.5). The median number of tests was eight (IQR 6–10) in individuals with spontaneous clearance and 10 (8–13) in those who achieved SVR. The median testing interval was 8.7 months (IQR 3.0–22.4) in those with spontaneous clearance, and 6.3 months (2.8–14.2) in those who achieved SVR.

452 (8%) of 5915 individuals developed reinfection: 402 (11%) of those who cleared the primary infection spontaneously, and 50 (2%) of those who achieved SVR after HCV treatment. The overall sample was predominantly young (3135 [53%] <45 years) at HCV clearance, born before 1965, and male (Table 1).

The overall reinfection rate was 1.27 (95% CI 1.15–1.39) per 100 person-years of follow-up over a total of 35 672 person-years, with higher rates (per 100 person-years) in the spontaneous clearance group (1.59, 1.44–1.76) than in the SVR group (0.48, 0.36–0.63) (Table 2). We noted higher rates of reinfection in people younger than 35 years, male participants, people coinfecting with HIV, PWID, people with a history of problematic alcohol use, and those from the most deprived neighbourhoods, and lower rates in individuals who were engaged with mental health counselling services. For PWID, the incidence rates were 1.88 (95% CI 1.66–2.12) per 100 person-years for those who cleared their previous HCV episode spontaneously and 1.14 (0.77–1.63) per 100 person-years for those who achieved SVR. When we did an additional analysis using one negative PCR (i.e., less stringent criteria to define viral clearance) to define spontaneous clearance and SVR, we noted, as expected, that the rates of reinfection were higher

than these estimates (overall 2.42 [95% CI 2.29–2.56] per 100 person-years; PWID 3.34 [3.12–3.56]; and HIV-coinfected 4.17 [3.43–4.91] ([Supplementary Table 3](#)).

In the multivariable Cox proportional hazards model, birth cohort, female sex, spontaneous clearance, HIV-coinfection, and injection drug use were significantly associated with HCV reinfection ([Table 3](#)). After adjusting for other potential confounders, female patients had a significantly lower likelihood of HCV reinfection. Compared with the SVR group, the risk of HCV reinfection was nearly three times higher for the spontaneous clearance group. The adjusted likelihood of HCV reinfection was significantly higher among people coinfecting with HIV and PWID ([Table 3](#)). In both the spontaneous clearance and the SVR groups, female patients had a lower likelihood of reinfection, whereas PWID and people coinfecting with HIV had a higher likelihood of reinfection ([Table 4](#)).

In the adjusted Cox proportional hazards model restricted to current PWID (n=1604), PWID who were on opioid substitution therapy had a lower likelihood of HCV reinfection ([Table 5](#)) as did those who ever received mental health counselling services during the follow-up time. The interaction of opioid substitution therapy and mental health counselling was not significant (p=0.326; [Supplementary Table 4](#)).

In our sensitivity analysis using the number of mental health counselling visits per year during the follow-up, 1185 (20%) participants had one visit or more per year during follow-up, 501 (9%) had one visit, and 684 (12%) had two or more visits per year. In the adjusted Cox proportional hazards model, compared with individuals who had no visits, those with one visit per year had a reduced risk of reinfection (adjusted HR 0.32, 95% CI 0.20–0.51) as did those with two or more mental health counselling visits (0.67, 0.48–0.93; [Supplementary Table 5](#)). The joint effect of opioid substitution therapy and mental health counselling was not significant as in the original analysis (p=0.885; [Supplementary Table 4](#)).

In our additional Cox proportional hazards models using single negative PCR for the assessment of clearance, we showed similar results to the main analysis ([Supplementary Table 6](#)). Our analysis using the earliest date of HCV transitions also yielded similar findings to those reported in the main analysis ([Supplementary Table 7](#)). In the IPTW analysis of mental health counselling, the adjusted HR was 0.70 (95% CI 0.58–0.84) for mental health counselling, and 0.71 (0.58–0.87) for opioid substitution therapy, and 0.71 (95% CI 0.59–0.86), and 0.73 (0.59–0.90), respectively, with IPTW of opioid substitution therapy receipt.

DISCUSSION

In this study (to the best of our knowledge, the largest population-level study so far to characterise HCV reinfection risks after spontaneous clearance and SVR among individuals followed up for more than 19 years), the incidence rate of HCV reinfection was higher among individuals who cleared their primary infections spontaneously compared with those who achieved SVR after HCV treatment. The risk of HCV reinfection was much lower in female

individuals, and higher in individuals coinfecting with HIV, and among PWID. Receiving opioid substitution therapy and being engaged with mental health counselling services were independently associated with a significantly lower likelihood of HCV reinfection among PWID. These findings have important implications for post-clearance follow-up, and interventions for prevention of reinfections in an era of direct-acting antivirals when HCV treatment is being scaled up to include PWID in many countries across the world.

Our estimate of the reinfection rate after SVR was 1.14 (95% CI 0.77–1.63) per 100 person-years among PWID, whereas estimates reported in earlier smaller studies were wider, ranging between 0–5 per 100 person-years.[8, 16-23, 32] Wider range of reinfection rates reported in these studies might be due to varying sample sizes and study populations, in addition to any differences in the availability of harm-reduction programmes and population risk activities.

The HCV reinfection rate among PWID in the spontaneous clearance group was 1.88 (95% CI 1.66–2.12) per 100 person-years in our study, with a higher estimate using single negative PCR for clearance. Earlier studies reported a wide range of estimates between zero and 46.8 per 100 person-years.[7, 18, 22, 25-31] The results from our study showed a lower reinfection rate in the SVR group compared with the spontaneous clearance group, which is consistent with findings from previous smaller reports, including a meta-analysis, although different from those from a recent study on HIV-positive men who have sex with men (MSM), in which reinfection rates were lower among those with spontaneous clearance. [4, 12, 42, 43] The difference in the reinfection rates between individuals who had spontaneous clearance and individuals who had a SVR is probably due to differences in their characteristics, including risk factors. Compared with the SVR group, participants in the spontaneous clearance group were younger (<45 years) with a significantly higher proportion of female individuals, PWID, people coinfecting with HIV, a history of problematic alcohol use, and a lower socioeconomic status. People with HIV coinfection and substance use were less likely to be treated with interferon-based treatments because of potential toxicity, tolerability, and adherence concerns.[38] Thus, we see under-representation of PWID in the SVR group in our sample. Restriction to treatment accessibility has also been documented in other studies in Canada.[44, 45] Highly effective, well tolerated, direct-acting antivirals open up opportunities to reduce disease burden, and potentially reduce transmission providing overall population benefits in addition to individual health benefits, especially in PWID. However, as noted in the spontaneous clearance group, reinfection rates among PWID after SVR in the era of direct-acting antivirals could increase, unless accompanied by appropriate interventions to prevent reinfection. Future research will delineate this issue in terms of long-term benefit of treatment coupled with harm-reduction services.

Within the context of expansion of HCV treatment with direct-acting antivirals to high-risk populations such as PWID, the results from this study provide important evidence on the association of opioid substitution therapy and mental health counselling with HCV reinfection. Our data show that engagement with these harm-reduction initiatives is associated with

significant reductions in HCV reinfection risk. To our knowledge, this is the first study to examine the association of mental health counselling with HCV reinfection risk among PWID, which is important in light of the higher risk of HCV infection among PWID with psychiatric comorbidities.[46] Building on evidence previously established through mathematical modelling studies,[15, 47] the findings of this study show that the reinfection risk could be reduced if treatment is accompanied by opioid substitution therapy or treatment is provided with the opioid substitution therapy programmes. Additionally, other harm-reduction activities (e.g., syringe distribution and expansion of safer injection facilities) might need to be scaled up to reduce risk of HCV reinfection among injection non-opioid users and to provide broader public health benefits, as well as new access points to low-threshold health-care services for people at high risk of HCV infection or reinfection. Further research in this era of direct-acting antivirals would be helpful in understanding the changing risk behaviours.

In further analyses ([Supplementary Table 5](#)) to examine the effect of level of engagement with mental health counselling, an increase in the number of visits was not associated with a linear increase in the reduction of reinfection risk. This could be because more visits to mental health counselling might be associated with high risk factors, rather than representing individuals who are more health aware, and engaged with and using health-care services. Individuals who have to take many counselling sessions per year are probably those who have much higher risk behaviours. Thus, the relationship between mental health counselling and reinfection risk does not appear to be linear. However, because the 95% CIs of these two groups overlapped, we cannot say for sure that more than one visit is associated with less benefit, per se, than visiting once per year. This factor requires further in-depth investigation, which we are also planning to pursue.

Earlier years of HCV diagnosis were associated with a lower reinfection risk. Intuitively, we would expect that the longer an individual was in the study, the higher the number of HCV tests, and thus the higher the likelihood of being detected as a case of reinfection. Although this variable was added to the multivariable models to structurally adjust for this expectation, the findings seem to be related to changing risk behaviours. In earlier years (particularly before 1998), most HCV cases were acquired via blood transfusion or injection drug use. Over time, as people age, their drug use pattern might have changed. Earlier studies showed that older and experienced PWID were less likely to share needles compared with younger PWID.[48, 49] In our previous analysis,[50] we showed that HCV incidence was much lower in older birth cohorts compared with younger birth cohorts, which is also supported by findings from several other studies that showed a lower rate of reinfection in older populations.[16, 21, 22, 42]

In our study, HIV coinfection was associated with an increased risk of HCV reinfection, which is supported by a previous study of prisoners.[8] HIV could affect reinfection risk by affecting immune response, or could be a proxy for high-risk injection drug use or high-risk sexual behaviours among MSM.[51-53] Because of a common route of transmission, and a

greater HCV reinfection risk, HIV–HCV-coinfected individuals might benefit more from harm-reduction efforts than those with HCV infection alone.

To our knowledge, this is the largest population-based study with the longest follow-up time to examine HCV reinfections, both among those who spontaneously cleared the primary HCV infection and those who achieved an SVR. HCV testing is centralised at BCCDC Public Health Laboratory, which ensures completeness of the testing data. However, there could be missing tests because of non-linkage if identifiers were not available. Furthermore, HCV tests were not done at regular intervals which might have missed some episodes of clearance and reinfections in the intervals between testing, as suggested by mathematical modelling.^[54] As a result, our estimates of reinfection might be an underestimation. Although HCV testing at regular intervals would improve the accuracy of estimating the time at reinfection, this study provides information on the real-world scenario of clinical practice with the largest sample size to date. In our main analysis, we required two negative RNA tests for HCV clearance. In clinical practice, two RNA tests are not always done for confirmation of clearance and this might have led to underestimation of reinfection incidence in the primary analysis, as supported by the analysis presented in the appendix ([Supplementary Table 3](#)). The sensitivity of different HCV PCR assays has changed over time, and might affect the classification of cases, especially the cases of spontaneous clearance and SVR. Most of the quantitative HCV PCR tests were validated by a more sensitive qualitative test up to 2007, after which quantitative PCR assays were as sensitive (RNA detection level up to 10–15 IU/mL) as the qualitative test. Between 2000 and 2006, a small proportion (2.95% of the overall cohort) of quantitative test results with a lower limit of RNA detection of 615 IU/mL (all negative) were not verified by a qualitative test.^[5] However, in this analysis, eight cases of clearance (negative HCV PCR test results; HCV RNA <615 IU/mL) were not validated by a qualitative test. Although this was the test used in practice in 2000–06, and although potentially these cases could be HCV negative, the potential error rate is negligible (0.14%) even if we assume all of them had RNA concentrations between 15 and 615 IU/mL but test results were negative because of the inability of the less sensitive assays to detect them. Thus, we can safely infer that this did not affect our analysis or inference.

The concern of distinguishing between relapse and reinfection is paramount in HCV reinfection studies. However, this might not be a substantial concern in our study. First, we used two consecutive negative PCR tests 12 weeks after treatment (SVR12), at least 28 days apart. Thus, relapse soon after SVR12 could be ruled out by a second negative test at least 28 days apart, as used in previous studies.^[31] Moreover, we excluded individuals with a second negative test which was noted within a 28-day timeframe. We applied a similar approach to the spontaneous clearance group. Second, the median time to reinfection (date of clearance to date of reinfection) was quite long in our study: 3 years (IQR 1.5–5.4 years). Moreover, earlier studies showed that late relapse after SVR is very rare (<1%).^[42, 55] Thus, the issue of relapse might not be a serious concern in our study.

All prescriptions dispensed in British Columbia, both covered by public and private insurance including HCV treatments and opioid substitution therapy, are recorded in a centralised database thus capturing all dispensed opioid substitution therapy and HCV treatments. Mental health counselling is covered through a medical services plan that includes all services that are billed by health-care providers. In this case, if a service was provided without a fee for a service provider, then this information would not be captured and could lead to under-assessment of mental health counselling received. Additionally, our study was subject to the usual caveats regarding use of administrative data in defining some covariates such as injection drug use and problematic alcohol use. We selected optimal definitions based on validations done by us or other investigators;^[56] however, the issue of some level of misclassification and underestimation still remains. It is expected that misclassification is non-differential, leading to underestimation of associations. Drawing causal inference on intervention effects from observational data is therefore prone to biases. We attempted to delineate this further by applying IPTW to correct for non-comparability of individuals who received and did not receive opioid substitution therapy or mental health counselling. Although this analysis yielded similar results to those from our main analysis, some unmeasured confounding might have remained. Thus, further studies with experimental design, if feasible, and appropriate analytical strategies within causal inference frameworks, are required to validate our findings. Caution should also be exercised when interpreting the stratified models in the SVR group because of small number of outcome events (i.e., 50 reinfections); however, the sensitivity analysis using single negative PCR yielded a higher sample size and more stable results ([Supplementary table 6](#)). Our use of midpoints as the date of HCV transitions, which has been standard practice in HCV literature, was shown to be robust in the sensitivity analysis using the earliest date of transition. As is the case, the difference in health-care settings with varying access to health-care services, especially to those at risk, would produce different results. We believe that our results will be similar to those from other developed countries with similar health-care settings. However, differential access to health care, especially for PWID and individuals coinfecting with HIV, has been reported in developed countries (e.g., USA and Canada).^[44, 45] Thus, more research from diverse health-care settings will add invaluable evidence to HCV literature.

In conclusion, the rate and risk of HCV reinfection were significantly higher in the spontaneous clearance group compared to the SVR group, those coinfecting with HIV, and among PWID. Higher reinfection risk in the spontaneous clearance group calls for post-clearance follow-up of PWID, and provision of harm-reduction services to minimise HCV reinfection and transmission. Consistent with previous mathematical models,^[54] the findings from our study showed that engagement opioid substitution therapy, as well as mental health counselling, is associated with a significant reduction in HCV reinfection risk among PWID. In light of this, the positive effects of scaled-up HCV treatment might be enhanced if accompanied by appropriate harm-reduction programmes to prevent reinfections among PWID, with a view to achieving WHO's goal of HCV elimination.^[57]

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Panel 1. Research in context

Evidence before this study

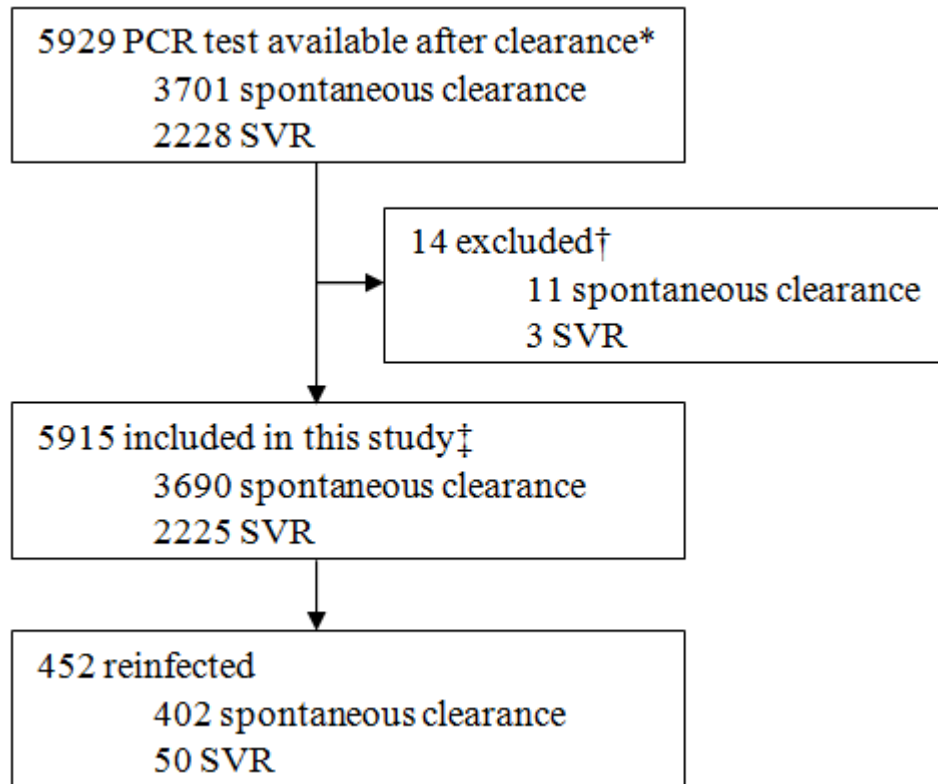
Hepatitis C virus (HCV) infection does not confer immunity to prevent reinfection. Thus, people infected with HCV remain at risk of reinfection even after spontaneous clearance, or treatment-induced clearance (sustained virological response [SVR]) of the virus. We searched PubMed and Google Scholar for articles published from database inception up to July 31, 2016, describing HCV reinfection using the search terms “Hepatitis C”, “HCV”, “reinfect”, “re-infect”, and “repeat infection” without any language restrictions. HCV reinfections after spontaneous clearance or SVR have been reported largely in high-risk populations, such as people who inject drugs (PWID); however, most of these studies had small sample sizes. The reported rates of HCV reinfection have been inconsistent, and they also differed between the spontaneous clearance and SVR groups. Because of their small sample sizes, most of these studies did not assess the potential risk factors for HCV reinfection comprehensively, and thus only HIV coinfection and injection drug use were reported to be the potential risk factors.

Added value of this study

Our study was done with the largest population-based cohort (n=5915) with the largest number of HCV reinfections (n=452) so far, including both spontaneous clearance and SVR groups. Our analyses included information on patient demographic characteristics (age, sex, birth cohort, and year of HCV diagnosis), HIV coinfection, risk behaviours (injection drug use and problematic alcohol use), harm-reduction initiatives (opioid substitution therapy and mental health counselling), and socioeconomic deprivation. We noted an overall incidence rate of 1.27 per 100 person-years (95% CI 1.15–1.39), with significantly higher rates in the spontaneous clearance group than in SVR group. In an adjusted Cox proportional hazards model, the spontaneous clearance group, those coinfecting with HIV, and PWID had a higher reinfection risk. Among PWID, engagement with opioid substitution therapy and mental health counselling services were associated with significantly lowered HCV reinfection risk.

Implications of all the available evidence

HCV reinfection remains a major public health challenge affecting decisions to treat PWID. Our results suggest that the risk of HCV reinfection among PWID could be lowered by engagement with harm-reduction initiatives such as opioid substitution therapy and mental health counselling, thus opening up opportunities for treatment of PWID and coming closer to WHO's goal of HCV elimination.

Figure 1: Selection of participants for HCV reinfection analysis in British Columbia, Canada

HCV = Hepatitis C virus; PCR = Polymerase Chain Reaction

*Clearance was defined as two consecutive negative PCR tests after HCV diagnosis without treatment (spontaneous clearance group), or ≥ 12 weeks post-treatment (for the sustained virological response group), as applicable. †Excluded because the difference between the two negative PCR tests was < 28 days. ‡Participants with two consecutive negative PCR tests ≥ 28 days apart who had ≥ 1 valid PCR after clearance.

Table 1: Characteristics of participants for the analysis of Hepatitis C reinfection in British Columbia, Canada (n=5,915)

	Spontaneous clearance*		SVR*		Total	
	Overall	Reinfection	Overall	Reinfection	Overall	Reinfection
Age at clearance (years)						
< 35	1216 (33)	180 (44.8)	248 (11.1)	9 (18)	1464 (24.8)	189 (41.8)
35-44	1224 (33.2)	151 (37.6)	443 (19.9)	16 (32)	1667 (28.2)	167 (37)
≥ 45	1250 (33.9)	71 (17.7)	1534 (68.9)	25 (50)	2784 (47.1)	96 (21.2)
Median (IQR)	40 (32-47)	36 (28-42)	50 (42-55)	45 (36-53)	43 (35-51)	37 (30-43)
Birth cohort						
< 1965	1992 (54)	157 (39.1)	1719 (77.3)	32 (64)	3711 (62.7)	189 (41.8)
1965-1974	998 (27)	140 (34.8)	333 (15)	15 (30)	1331 (22.5)	155 (34.3)
≥ 1975	700 (19)	105 (26.1)	173 (7.8)	3 (6)	873 (14.8)	108 (23.9)
Sex						
Female	1622 (44)	154 (38.3)	822 (36.9)	10 (20)	2444 (41.3)	164 (36.3)
Male	2068 (56)	248 (61.7)	1403 (63.1)	40 (80)	3471 (58.7)	288 (63.7)
Year of HCV diagnosis						
1990-97	1213 (32.9)	137 (34.1)	654 (29.4)	15 (30)	1867 (31.6)	152 (33.6)
1998-04	1552 (42.1)	180 (44.8)	1131 (50.8)	30 (60)	2683(45.4)	210 (46.5)
2005-13	925 (25.1)	85 (21.1)	440 (19.8)	5 (10)	1365 (23.1)	90 (19.9)
HIV co-infection**						
Yes	407 (11)	79 (19.7)	126 (5.7)	12 (24)	533 (9)	91 (20.1)
No	3283 (89)	323 (80.4)	2099 (94.3)	38 (76)	5382 (91)	361 (79.9)
At least one mental health						
Yes	1168 (31.7)	119 (29.6)	414 (18.6)	16 (32)	1582 (26.7)	135 (29.9)
No	2522 (68.3)	283 (70.4)	1811 (81.4)	34 (68)	4333 (73.3)	317 (70.1)
Injection drug use‡						
Yes	1928 (52.2)	268 (66.7)	565 (25.4)	30 (60)	2493 (42.1)	298 (65.9)
No	1762 (47.8)	134 (33.3)	1660 (74.6)	20 (40)	3422 (57.9)	154 (34.1)
Problematic alcohol use‡						
Yes	1615 (43.8)	210 (52.2)	586 (26.3)	19 (38)	2201 (37.2)	229 (50.7)
No	2075 (56.2)	192 (47.8)	1639 (73.7)	31 (62)	3714 (62.8)	223 (49.3)
Material deprivation						
Q1 (most privileged)	492 (13.3)	42 (10.5)	321 (14.4)	11 (22)	813 (13.7)	53 (11.7)
Q2	500 (13.6)	62 (15.4)	373 (16.8)	7 (14)	873 (14.8)	69 (15.3)
Q3	580 (15.7)	67 (16.7)	453 (20.4)	7 (14)	1033 (17.5)	74 (16.4)
Q4	804 (21.8)	82 (20.4)	484 (21.8)	12 (24)	1288 (21.8)	94 (20.8)
Q5 (most deprived)	1183 (32.1)	132 (32.8)	577 (25.9)	13 (26)	1760 (29.8)	145 (32.1)
Unknown	131 (3.6)	17 (4.2)	0	0	148 (2.5)	17 (3.8)
Social deprivation quintile‡						
Q1 (most privileged)	359 (9.7)	27 (6.7)	384 (17.3)	6 (12)	743 (12.6)	33 (7.3)
Q2	418 (11.3)	39 (9.7)	348 (15.6)	5 (10)	766 (13)	44 (9.7)
Q3	586 (15.9)	72 (17.9)	377 (16.9)	10 (20)	963 (16.3)	82 (18.1)
Q4	748 (20.3)	89 (22.1)	431 (19.4)	11 (22)	1179 (19.9)	100 (22.1)
Q5 (most deprived)	1448 (39.2)	158 (39.3)	668 (30)	18 (36)	2116 (35.8)	176 (38.9)
Unknown	131 (3.6)	17 (4.2)	0	0	148 (2.5)	17 (3.8)

Data are n (%). * Clearance type of first HCV diagnosis; ** HIV diagnosis before the end of the study; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

SVR: Sustained virological response; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus

Table 2: Incidence rates of HCV reinfection among those who cleared primary infections in British Columbia, Canada

Characteristics	Number of reinfection	Incidence rate (95% CI); per 100 person-years
Overall	452	1.27 (1.15-1.39)
Clearance type*		
Spontaneous clearance		
Total	402	1.59 (1.44-1.76)
PWID	268	1.88 (1.66-2.12)
SVR		
Total	50	0.48 (0.36-0.63)
PWID	30	1.14 (0.77-1.63)
Age at clearance (years)		
< 35	189	1.99 (1.71-2.29)
35-44	167	1.49 (1.27-1.73)
≥ 45	96	0.64 (0.52-0.79)
Birth cohort		
< 1965	189	0.82 (0.71-0.95)
1965-1974	155	1.88 (1.60-2.20)
≥1975	108	2.43 (2.00-2.94)
Sex		
Female	164	1.03 (0.88-1.20)
Male	288	1.46 (1.30-1.64)
Year of HCV diagnosis		
1990-97	152	1.03 (0.87-1.20)
1998-04	210	1.28 (1.11-1.47)
2005-13	90	2.01 (1.62-2.47)
HIV co-infection**		
Yes	91	2.56 (2.06-3.14)
No	361	1.12 (1.01-1.25)
At least one mental health counseling visit***		
Yes	135	1.16 (0.97-1.37)
No	317	1.32 (1.18-1.47)
Injection drug use‡		
Yes	298	1.77 (1.57-1.98)
No	154	0.82 (0.69-0.96)
Problematic alcohol use‡		
Yes	229	1.53 (1.34-1.74)
No	223	1.08 (0.94-1.23)
Material deprivation quintile†		
Q1 (most privileged)	53	1.14 (0.85-1.49)
Q2	69	1.30 (1.01-1.64)
Q3	74	1.23 (0.97-1.54)
Q4	94	1.19 (0.96-1.45)
Q5 (most deprived)	145	1.31 (1.11-1.54)
Unknown	17	2.37 (1.38-3.79)
Social deprivation quintile†		

Q1 (most privileged)	33	0.79 (0.55-1.11)
Q2	44	0.98 (0.72-1.32)
Q3	82	1.37 (1.09-1.70)
Q4	100	1.43 (1.16-1.74)
Q5 (most deprived)	176	1.32 (1.13-1.53)
Unknown	17	2.37 (1.38-3.79)

* Clearance type of first HCV diagnosis; ** HIV diagnosis before the end of the study; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

CI: Confidence interval; SVR: Sustained virological response; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus

Table 3: Unadjusted and adjusted hazard ratio from Cox proportional hazards model for time to HCV reinfection in British Columbia, Canada

Characteristics	Unadjusted HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Age at clearance (years)		<0.0001		
< 35	3.18 (2.49-4.07)			
35-44	2.39 (1.86-3.08)			
≥ 45	<i>Ref</i>			
Birth cohort		<0.0001		<0.0001
< 1965	0.35 (0.27-0.44)		0.48 (0.37-0.63)	
1965-1974	0.79 (0.62-1.01)		0.87 (0.68-1.13)	
≥1975	<i>Ref</i>		<i>Ref</i>	
Female	0.71 (0.59-0.86)	0.0006	0.57 (0.47-0.70)	<0.0001
Year of HCV diagnosis		<0.0001		0.002
1990-97	0.54 (0.41-0.71)		0.60 (0.44-0.80)	
1998-04	0.66 (0.51-0.85)		0.74 (0.57-0.96)	
2005-13	<i>Ref</i>		<i>Ref</i>	
Spontaneous clearance*	3.63 (2.7-4.89)	<0.0001	2.71 (2.00-3.68)	<0.0001
HIV co-infection**	2.77 (2.20-3.49)	<0.0001	2.25 (1.78-2.85)	<0.0001
At least one mental health counseling visit***	0.90 (0.74-1.10)	0.315		
Injection drug use‡	2.21 (1.82-2.69)	<0.0001	1.53 (1.21-1.92)	<0.001
Problematic alcohol use‡	1.45 (1.21-1.75)	<0.0001	1.04 (0.84-1.28)	0.726
Material deprivation quintile†		0.164		
Q1 (most privileged)	<i>Ref</i>			
Q2	1.15 (0.80-1.64)			
Q3	1.08 (0.76-1.53)			
Q4	1.05 (0.75-1.47)			
Q5 (most deprived)	1.16 (0.85-1.59)			
Unknown	2.08 (1.20-3.58)			
Social deprivation quintile†		0.002		0.121
Q1 (most privileged)	<i>Ref</i>			
Q2	1.25 (0.80-1.96)		1.16 (0.74-1.82)	
Q3	1.75 (1.17-2.63)		1.45 (0.97-2.18)	
Q4	1.82 (1.23-2.70)		1.39 (0.93-2.06)	
Q5 (most deprived)	1.69 (1.16-2.45)		1.20 (0.82-1.75)	
Unknown	3.00 (1.67-5.39)		2.04 (1.13-3.68)	

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus; SVR: Sustained virological response

Table 4: Adjusted hazard ratio from Cox proportional hazards model for time to HCV reinfection, stratified by clearance type, in British Columbia, Canada.

Characteristics	Spontaneous clearance*		Sustained Virological Response*	
	Adjusted HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Birth cohort		<0.0001		0.546
< 1965	0.45 (0.35-0.60)		1.32 (0.39-4.50)	
1965-1974	0.84 (0.64-1.09)		1.78 (0.50-6.29)	
≥1975	<i>Ref</i>		<i>Ref</i>	
Female	0.60 (0.48-0.73)	<0.0001	0.47 (0.23-0.96)	0.037
Year of HCV diagnosis		0.003		0.598
1990-97	0.58 (0.43-0.79)		0.78 (0.27-2.25)	
1998-04	0.71 (0.54-0.94)		1.08 (0.41-2.88)	
2005-13	<i>Ref</i>		<i>Ref</i>	
HIV co-infection**	2.14 (1.66-2.75)	<0.0001	3.37 (1.68-6.76)	<0.001
Injection drug use‡	1.34 (1.05-1.70)	0.019	3.94 (2.00-7.76)	<0.0001
Problematic alcohol use‡	1.07 (0.86-1.34)	0.536	0.86 (0.46-1.61)	0.631
Social deprivation quintile†		0.152		0.956
Q1 (most privileged)	<i>Ref</i>		<i>Ref</i>	
Q2	1.22 (0.74-1.99)		0.68 (0.20-2.25)	
Q3	1.45 (0.93-2.26)		1.17 (0.42-3.28)	
Q4	1.40 (0.91-2.15)		0.91 (0.32-2.56)	
Q5 (most deprived)	1.20 (0.80-1.81)		0.90 (0.34-2.36)	
Unknown	2.09 (1.14-3.85)		-	

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus

Table 5: Unadjusted and adjusted hazard ratio from Cox proportional hazards model for time to HCV reinfection among current injection drug users in British Columbia, Canada

Characteristics	Unadjusted HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Age at clearance (years)		<0.001		
< 35	2.47 (1.58-3.86)			
35-44	1.80 (1.13-2.87)			
≥ 45	<i>Ref</i>			
Birth cohort		<0.0001		<0.0001
< 1965	0.39 (0.28-0.55)		0.47 (0.33-0.69)	
1965-1974	0.71 (0.52-0.98)		0.89 (0.63-1.25)	
1975+	<i>Ref</i>		<i>Ref</i>	
Female	0.82 (0.63-1.07)	0.143	0.71 (0.54-0.93)	0.013
Year of HCV diagnosis		<0.0001		<0.0001
1990-97	0.24 (0.16-0.36)		0.27 (0.17-0.42)	
1998-04	0.46 (0.32-0.67)		0.47 (0.32-0.69)	
2005-13	<i>Ref</i>		<i>Ref</i>	
Spontaneous clearance*	1.52 (0.90-2.58)	0.119		
HIV co-infection**	2.11 (1.59-2.81)	<0.0001	2.39 (1.79-3.19)	<0.0001
At least one mental health counseling visit***	0.72 (0.55-0.94)	0.014	0.71 (0.54-0.92)	0.011
Problematic alcohol use‡	0.92 (0.69-1.22)	0.548		
Opioid substitution therapy**	0.74 (0.55-1.00)	0.05	0.73 (0.54-0.98)	0.038
Material deprivation quintile†		0.677		
Q1 (most privileged)	<i>Ref</i>			
Q2	1.45 (0.82-2.56)			
Q3	1.62 (0.93-2.82)			
Q4	1.37 (0.81-2.32)			
Q5 (most deprived)	1.32 (0.80-2.18)			
Unknown	1.40 (0.41-4.72)			
Social deprivation quintile†		0.186		
Q1 (most privileged)	<i>Ref</i>			
Q2	1.46 (0.73-2.93)			
Q3	1.76 (0.95-3.26)			
Q4	1.49 (0.81-2.77)			
Q5 (most deprived)	1.14 (0.64-2.04)			
Unknown	1.37 (0.39-4.80)			

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus; SVR: Sustained virological response.

APPENDICES

Supplementary Table 1: Criteria and Data Sources for the BC Hepatitis Testers Cohort (BC-HTC)

Criteria for Inclusion in BC-HTC	
All individuals:	
<ul style="list-style-type: none"> • tested at the centralized provincial laboratory for HCV or HIV OR • reported by BC public health as a confirmed case of HCV OR • reported in BC enhanced surveillance system as a confirmed case of HIV or AIDS (all reports) OR • reported by BC public health as a confirmed case of HBV OR • included in BC Enhanced Strain Surveillance System (EHSSS) as an acute HBV or HCV case • All individuals meeting at least one the above criteria were linked internally across all their tests and case reports. Those with a valid personal health number (PHN) were then sent for deterministic linkage with province-wide Cancer and Ministry of Health (MoH) datasets 	
Provincial Communicable Disease Data Sources:	Data Date Ranges:
BC-PHMRL HIV laboratory testing datasets (tests: ELISA, Western blot, NAAT, p24, culture)	1988–2013
BC-PHMRL HCV laboratory tests datasets (tests: antibody, HCV RNA, genotyping)	1992–2013
HIV/AIDS Information System (HAISYS) (public health HIV/AIDS case reports)	1980–2013
Integrated Public Health information System (iPHIS) (public health case reports of HCV, HBV, and TB)	1990–2013
Enhanced Strain Surveillance System (EHSSS) (risk factor data on a subset of acute HCV and acute HBV cases)	2000–2013
Cancer and MoH Administrative Data Sources:	
BC Cancer Registry (BCCR) (primary tumour registry, excludes metastatic cancers)	1970–2012
Discharge Abstracts Dataset (DAD) (hospitalization records) ^{S1}	1985–2013Q1
Medical Services Plan (MSP) (physician diagnostic and billing data) ^{S2}	1990–2012
PharmaCare/PharmaNet (Pharma) (prescription drug dispensations) ^{S3, S4}	1985–2012
BC Vital Statistics (VS) (deaths registry) ^{S5}	1985–2013

The final BC-HTC comprises all individuals successfully linked on PHN to the MoH Client Roster^{S6} (a registry of all BC residents enrolled in the publicly-funded universal healthcare system)

HCV: Hepatitis C Virus; HBV: Hepatitis B Virus; HIV/AIDS: Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome; BC-PHMRL: BC Public Health Microbiology and Reference Laboratory; RNA: Ribonucleic Acid; PCR: Polymerase Chain Reaction.

Supplementary References:

- S1. British Columbia Ministry of Health [creator]. Discharge Abstract Database (Hospital Separations). British Columbia Ministry of Health [publisher]. Data Extract. MOH (2013). 2014. <http://www.health.gov.bc.ca/data>
- S2. British Columbia Ministry of Health [creator]. Medical Services Plan (MSP) Payment Information File. British Columbia Ministry of Health [publisher]. Data Extract. MOH (2013). 2014. <http://www.health.gov.bc.ca/data>
- S3. British Columbia Ministry of Health [creator]. PharmaCare. British Columbia Ministry of Health [publisher]. Data Extract. MOH (2013). 2014. <http://www.health.gov.bc.ca/data>
- S4. British Columbia Ministry of Health [creator]. PharmaNet. British Columbia Ministry of Health [publisher]. Data Extract. MOH (2013). 2014. <http://www.health.gov.bc.ca/data>
- S5. BC Vital Statistics Agency [creator]. Vital Statistics Deaths. BC Vital Statistics Agency [publisher]. Data Extract. BC Vital Statistics Agency (2014). 2014.
- S6. British Columbia Ministry of Health [creator]. Client Roster (Client Registry System/Enterprise Master Patient Index). British Columbia Ministry of Health [publisher]. Data Extract. MOH (2013). 2014. <http://www.health.gov.bc.ca/data>

Supplementary Table 2: Definitions for comorbid conditions for the BC Hepatitis Testers Cohort (BC-HTC) and current analysis

<p>Mental health counseling</p> <p>Mental health counseling and rehabilitation was defined at the first occurrence of 1 medical services plan (MSP) fee item code for consultations and psychotherapy sessions related to mental health problems within the study period.</p> <p>MSP fee item code: 600-699, 60607-45</p>
<p>Injection Drug Use</p> <p>Illicit Drug Use was defined at the first occurrence of 2 MSP or 1 hospitalization diagnostic codes or 1 PharmerNet code for major drug-related diagnoses involving addiction, dependence, and drug-induced mental disorders; illicit drug use most likely to be injectables (e.g. excluding cannabis), or illicit use of prescribed drugs including: hallucinogens, barbituates/tranquillizers, sedatives, hypnotics, anxiolytics, opioids, cocaine, amphetamine, volatile solvents; or discharge to drug rehabilitation, counselling, or surveillance.</p> <p>Physician Billing Data: MSP ICD-9 diagnostic codes: starting with 292, 3040, 3042, 3044, 3046-9, 3054-7, 3059, 6483, 9650, 9697, 970, E8500, or exact codes V6542</p> <p>Hospitalization Data: DAD1/ICD-9-CM: starting with 292, 3040, 3042, 3044, 3046-9, 3054-7, 3059, 6483, 9650, 9697, 970, E8500;</p> <p>DAD2/ICD-10-CA: starting with F11, F13-5, F18, F19, T42, or exact codes T401, T402, T404-6, T436, T438, T439, T507.</p>
<p>Problematic Alcohol Use</p> <p>Problematic alcohol use was defined at the first occurrence of 2 MSP or 1 hospitalization codes for major alcohol-related diagnoses including alcoholic mental disorders and dependence/abuse syndromes; alcoholic polyneuropathy, myopathy, cardiomyopathy; pseudo Cushing's syndrome; or discharge to alcohol rehabilitation, counselling, or surveillance</p> <p>Physician Billing Data: MSP ICD-9 diagnostic codes: starting with 291, 303, 3050, 3575, 4255</p> <p>Hospitalization Data: DAD1/ICD-9-CM: starting with 291, 303, 3050, 3575, 4255; DAD2/ICD-10-CA: starting with F10, E244, G312, G621, G721, I426, Z502, Z714</p>
<p>Opioid substitution therapy</p> <p>Opioid substitution therapy was defined at the first occurrence of 2 MSP or 1 PharmerNet DIN/PIN code for methadone/buprenorphine substitution treatment.</p> <p>Physician Billing Data: MSP ICD-9: fee item = 39</p> <p>PharmerNet DIN/PIN: 2242963, 2242964, 99792, 66999990-3, 66999997, 66999999, 67000000, 2295695, 2295709.</p> <p>*DIN = Drug Identification Number, PIN = Product Identification Numbers</p>

Supplementary Table 3: Incidence rates of HCV reinfection among those who cleared primary infections (defined as a single negative PCR) in British Columbia, Canada (N=10,408)

Characteristics	Number of reinfection	Incidence Rate (95% CI) per 100 person-years
Overall	1231	2.42 (2.29-2.56)
Injection drug use		
Yes	858	3.34 (3.12-3.56)
No	373	1.48 (1.33-1.63)
Clearance type of first infection		
Spontaneous clearance	1106	2.88 (2.71-3.05)
Injection drug use		
Yes	784	3.53 (3.29-3.79)
No	322	1.99 (1.78-2.22)
Sustained Virological Response	125	1.00 (0.83-1.18)
Injection drug use		
Yes	74	2.11 (1.66-2.65)
No	51	0.57 (0.42-0.75)
HIV		
Yes	122	4.17 (3.43-4.91)
No	1109	2.31 (2.18-2.45)

Supplementary Table 4: Adjusted hazard ratio from Cox proportional hazards models for time to HCV reinfection among current injection drug users in British Columbia, Canada (analysis checking the interaction between opioid substitution therapy and mental health counselling)

Characteristics	Adjusted hazard ratio (95% CI)	p-value
Mental health counselling ever reported during the follow-up time		
≥ 1 mental health counseling visit***	0.77 (0.56-1.06)	0.104
Opioid substitution therapy (OST)**	0.84 (0.56-1.25)	0.389
OST and mental health counselling interaction	0.74 (0.41-1.35)	0.326
Mental health counselling; number of visits per year		
Mental health counseling visit per year***		0.0001
0	<i>Ref</i>	
1	0.33 (0.19-0.58)	
≥ 2	0.65 (0.45-0.95)	
Opioid substitution therapy (OST)**	0.72 (0.50-1.02)	0.062
OST and mental health counselling interaction		0.885
OST and no mental health counselling visit	<i>Ref</i>	
OST and 1 mental health counselling visit	0.82 (0.28-2.39)	
OST and ≥ 2 mental health counselling visit	1.11 (0.53-2.33)	

** used as a time-varying covariate; *** reported between the date on HCV clearance and the last day of follow-up.

Supplementary Table 5: Unadjusted and adjusted hazard ratio from Cox proportional hazards model for time to HCV reinfection among current injection drug users in British Columbia, Canada (Sensitivity analysis using mental health counseling as number of visits per year)

Characteristics	Unadjusted HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Age at clearance (years)		<0.001		
< 35	2.47 (1.58-3.86)			
35-44	1.80 (1.13-2.87)			
≥ 45	<i>Ref</i>			
Birth cohort		<0.0001		<0.0001
< 1965	0.39 (0.28-0.55)		0.46 (0.32-0.67)	
1965-1974	0.71 (0.52-0.98)		0.86 (0.61-1.21)	
≥1975	<i>Ref</i>		<i>Ref</i>	
Female	0.82 (0.63-1.07)	0.143	0.72 (0.55-0.95)	0.012
Year of HCV diagnosis		<0.0001		<0.0001
1990-97	0.24 (0.16-0.36)		0.28 (0.18-0.43)	
1998-04	0.46 (0.32-0.67)		0.48 (0.33-0.71)	
2005-13	<i>Ref</i>		<i>Ref</i>	
Spontaneous clearance*	1.52 (0.90-2.58)	0.119		
HIV co-infection**	2.11 (1.59-2.81)	<0.0001	2.47 (1.85-3.30)	<0.0001
Problematic alcohol use‡	0.92 (0.69-1.22)	0.548		
Mental health counseling visit per year***		<0.0001		<0.0001
0	<i>Ref</i>			
1	0.32 (0.20-0.51)		0.32 (0.20-0.51)	
≥ 2	0.71 (0.51-0.98)		0.67 (0.48-0.93)	
Opioid substitution therapy**	0.74 (0.55-1.00)	0.05	0.72 (0.53-0.97)	0.028
Material deprivation quintile†		0.677		
Q1 (most privileged)	<i>Ref</i>			
Q2	1.45 (0.82-2.56)			
Q3	1.62 (0.93-2.82)			
Q4	1.37 (0.81-2.32)			
Q5 (most deprived)	1.32 (0.80-2.18)			
Unknown	1.40 (0.41-4.72)			
Social deprivation quintile†		0.186		
Q1 (most privileged)	<i>Ref</i>			
Q2	1.46 (0.73-2.93)			
Q3	1.76 (0.95-3.26)			
Q4	1.49 (0.81-2.77)			
Q5 (most deprived)	1.14 (0.64-2.04)			
Unknown	1.37 (0.39-4.80)			

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus; SVR: Sustained virological response.

Supplementary Table 6: Adjusted hazard ratio from Cox proportional hazards models (sensitivity analysis using single negative PCR for clearance) for time to HCV reinfection in British Columbia, Canada

Characteristics	Full cohort (n=10,408)	Spontaneous clearance* (n=6874)	SVR* (n=3534)	PWID (n=4626)
Birth cohort				
< 1965	0.54 (0.46-0.63)	0.52 (0.44-0.61)	0.99 (0.49-1.98)	0.50 (0.42-0.61)
1965-1974	0.77 (0.66-0.90)	0.73 (0.62-0.86)	1.58 (0.78-3.20)	0.89 (0.75-1.05)
≥1975	<i>Ref</i>	<i>Ref</i>	<i>Ref</i>	<i>Ref</i>
Female	0.77 (0.68-0.86)	0.78 (0.69-0.88)	0.71 (0.48-1.06)	0.83 (0.73-0.96)
Year of HCV diagnosis				
1990-97	0.70 (0.59-0.83)	0.68 (0.57-0.82)	0.89 (0.48-1.65)	0.39 (0.32-0.48)
1998-04	0.77 (0.66-0.90)	0.75 (0.64-0.87)	1.08 (0.62-1.89)	0.56 (0.47-0.67)
2005-13	<i>Ref</i>	<i>Ref</i>	<i>Ref</i>	<i>Ref</i>
Spontaneous clearance*	2.62 (2.16-3.17)	-	-	-
HIV co-infection**	2.03 (1.74-2.38)	1.96 (1.66-2.32)	2.63 (1.62-4.25)	1.89 (1.60-2.23)
Injection drug use‡	1.72 (1.49-1.98)	1.59 (1.37-1.85)	2.94 (1.92-4.50)	-
Problematic alcohol use‡	1.01 (0.89-1.14)	1.01 (0.88-1.14)	1.03 (0.69-1.53)	-
≥ 1 mental health counseling visit***	-	-	-	0.61 (0.53-0.71)
Opioid substitution therapy**	-	-	-	0.80 (0.69-0.94)
Social deprivation quintile†				
Q1 (most privileged)	<i>Ref</i>		<i>Ref</i>	-
Q2	1.03 (0.80-1.33)	1.08 (0.83-1.42)	0.68 (0.33-1.40)	-
Q3	1.05 (0.83-1.32)	1.09 (0.85-1.39)	0.70 (0.35-1.39)	-
Q4	1.08 (0.87-1.35)	1.08 (0.85-1.37)	1.00 (0.55-1.81)	-
Q5 (most deprived)	0.98 (0.79-1.20)	0.97 (0.78-1.21)	0.96 (0.55-1.67)	-
Unknown	1.44 (0.97-2.12)	1.44 (0.97-2.16)	1.43 (0.19-10.77)	-

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus; PWID: People who inject drugs; SVR = Sustained virological response.

Supplementary Table 7: Unadjusted and adjusted hazard ratio from Cox proportional hazards model for time to HCV reinfection in British Columbia, Canada (using the earliest date of HCV transitions, instead of the mid-points as used in the main analysis)

Characteristics	Unadjusted HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Age at clearance (years)		<0.0001		
< 35	3.22 (2.52-4.12)			
35-44	2.43 (1.89-3.13)			
≥ 45	<i>Ref</i>			
Birth cohort		<0.0001		<0.0001
< 1965	0.35 (0.28-0.45)		0.49 (0.38-0.63)	
1965-1974	0.81 (0.63-1.03)		0.87 (0.68-1.13)	
≥1975	<i>Ref</i>		<i>Ref</i>	
Female	0.72 (0.59-0.87)	0.0008	0.58 (0.47-0.70)	<0.0001
Year of HCV diagnosis		0.0004		0.01
1990-97	0.58 (0.44-0.77)		0.64 (0.48-0.85)	
1998-04	0.67 (0.52-0.87)		0.75 (0.58-0.98)	
2005-13	<i>Ref</i>		<i>Ref</i>	
Spontaneous clearance*	3.73 (2.77-5.01)	<0.0001	2.75 (2.03-3.74)	<0.0001
HIV co-infection**	2.74 (2.19-3.44)	<0.0001	2.22 (1.76-2.80)	<0.0001
Injection drug use‡	2.24 (1.85-2.73)	<0.0001	1.52 (1.21-1.92)	0.0003
Problematic alcohol use‡	1.48 (1.23-1.78)	<0.0001	1.05 (0.85-1.29)	0.665
≥ 1 mental health counseling visit***	0.91 (0.75-1.12)	0.372		
Material deprivation quintile†	1.45 (1.21-1.75)	<0.0001		
Q1 (most privileged)	<i>Ref</i>	0.17		
Q2	1.15 (0.81-1.65)			
Q3	1.08 (0.76-1.54)			
Q4	1.05 (0.75-1.48)			
Q5 (most deprived)	1.17 (0.86-1.61)			
Unknown	2.06 (1.19-3.56)			
Social deprivation quintile†				0.119
Q1 (most privileged)	<i>Ref</i>	0.002		
Q2	1.25 (0.80-1.96)		1.16 (0.74-1.83)	
Q3	1.76 (1.17-2.63)		1.45 (0.97-2.18)	
Q4	1.82 (1.23-2.70)		1.38 (0.93-2.06)	
Q5 (most deprived)	1.69 (1.17-2.46)		1.19 (0.82-1.73)	
Unknown	2.97 (1.65-5.33)		2.02 (1.12-3.64)	

* Clearance type of first HCV diagnosis (reference group: SVR); ** used as a time-varying covariate; *** reported between the date on HCV clearance and the last day of follow-up; ‡ ever reported in the cohort; † at the time of HCV clearance.

HR: Hazard ratio; CI: Confidence interval; HCV: Hepatitis C virus; HIV: Human Immunodeficiency Virus; SVR: Sustained virological response.

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